### VII CORSO NAZIONALE AME DI ENDOCRINOLOGIA CLINICA 17/19 MARZO 2016 BARI

### **GLIFLOZINE: FRA LUCI E OMBRE**

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**Boehringer Ingelheim, Eli Lilly, Astrazeneca** 

### "The Ominous Octet" ed un nuovo bersaglio – il rene



AGI, alpha-glucosidase inhibitor; DPP4i, dipeptidyl peptidase-4 inhibitor; GLP-1 RA, glucagon-like peptide-1 receptor agonist; TZD, thiazolidinedione. DeFronzo RA. *Diabetes*. 2009;58(4):773–795; Tahrani AA, et al. *Lancet*. 2011;378:182–197.

### Il rene gioca un ruolo significativo nel bilancio del glucosio riassorbendo ~180 g di glucosio al giorno



Gerich JE. Diabetes Med. Accepted article; doi:10.1111/j.1464-5491. 2009;02894.x; Wright EM, et al. J Int Med. 2007;261:32-43.

### In <u>normal renal glucose handling</u>, 90% of glucose is reabsorbed by SGLT2<sup>1–4</sup>



Adapted from: 1. Wright EM. *Am J Physiol Renal Physiol* 2001;**280**:F10–18; 2. Lee YJ, *et al. Kidney Int Suppl* 2007;**106**:S27–35; 3. Hummel CS, *et al. Am J Physiol Cell Physiol* 2011;**300**:C14–21; 4. Marsenic O. *Am J Kidney Dis* 2009;**53**:875–83.

### Co-trasportatori Sodio-Glucosio (SGLT) Quanti e dove si trovano

|       | LOCALIZZAZIONE  | CARATTERISTICHE                                   | Specificità per gli<br>zuccheri | Funzione  |
|-------|---|---|---------------------------------|---|
| SGLT2 | <b>Rene</b> : tubulo contorto<br>prossimale – segmento<br>S1                  | Trasporto 1:1*<br>Alta capacità –Bassa affinità   | Glucosio                        | Riassorbimento renale del glucosio                                  |
| SGLT1 | Intestino tenue<br>Rene: tubulo contorto<br>prossimale – segmento<br>S2 ed S3 | Trasporto 2:1*<br>Bassa capacità<br>Alta affinità | Glucosio<br>Galattosio          | Assorbimento<br>galattosio<br>Riassorbimento<br>renale del glucosio |

### \*Per uno ione Na+ passa una molecola di glucosio \*Per due ioni Na+ passa una molecola di glucosio

SGLT1/2, sodium-glucose co-transporter-1/2. Abdul-Ghani MA, *et al. Endocr Pract* 2008;14:782–90.

### **SGLT Family of Transporters**

| TRANSPORTER | DISTRIBUTION  | FUNCTION <sup>1</sup>   |
|-------------|---|---|
| SGLT1       | Small intestine, heart, trachea, kidney, skeletal muscle <sup>1,2</sup>                 | Active cotransport of sodium, glucose, and galactose across the brush border of intestine and proximal tubule of kidney |
| SGLT2       | Kidney <sup>1</sup>   | Active cotransport of sodium and glucose in the S1 segment of the proximal tubule of kidney                             |
| SGLT3       | Small intestine, uterus, lungs, thyroid, and testis <sup>1</sup>                        | Active transport of sodium (not glucose)  |
| SGLT4       | Small intestine, kidney, liver, stomach, lung, pancreas, skeletal muscle <sup>1,2</sup> | Transport of glucose<br>and mannose   |
| SGLT5       | Kidney, vas deferens, heart, skin, testes <sup>1,2</sup>                                | Unknown   |
| SGLT6       | Spinal cord, kidney, brain, small intestine, skeletal muscle <sup>1,2</sup>             | Transport of myo-inositol and glucose   |

SGLT=sodium-glucose cotransporter.

1. Bays H. Curr Med Res Opin. 2009;25:671-681.

2. Chen J et al. Diabetes Ther. 2010;1:57-92.

### SGLT2 is a sodium glucose cotransporter



 SGLTs transfer glucose and sodium (Na<sup>+</sup>:glucose coupling ratio for SGLT1=2:1 and for SGLT2=1:1) from the lumen into the cytoplasm of tubular cells through a secondary active transport mechanism

### Normal glucose homeostasis<sup>1,2</sup>

#### Net balance ~0 g/day



1. Wright EM. Am J Physiol Renal Physiol 2001;280:F10–18; 2. Gerich, JE. Diabetes Obes Metab 2000;2:345–50.

### **Glucose handling in Type 2 diabetes**<sup>1,2</sup>



\*Elevated glucose production in patients with Type 2 diabetes attributed to hepatic and renal gluconeogenesis.<sup>2</sup> 1. Gerich JE. *Diabet Med* 2010;27:136–42; 2. Abdul-Ghani MA, DeFronzo RA. *Endocr Pract* 2008;14:782–90.

### Renal Glucose Transporters Have a Finite Capacity, Beyond Which Glucose Appears in the Urine<sup>1–3</sup>



 $T_m$ =tubular maximum;  $T_{mG}$ =tubular maximum for glucose.

- 1. Abdul-Ghani MA et al. Expert Opin Pharmacother. 2013;14:1695-1703. Diagram adapted with permission.
- 2. Cryer PE. In: Fauci AS et al, eds. New York, NY: RR Donnelly and Sons, Inc;2008:2305-2310.
- 3. Marsenic O. Am J Kidney Dis. 2009;53:875-883.

#### Increased Excretion Threshold and Increased Glucose Reabsorption Exacerbates Hyperglycemia in Type 2 Diabetes<sup>1–3</sup>



T2D=type 2 diabetes; T<sub>m</sub>=tubular maximum.

- 1. Bays H. Curr Med Res Opin. 2009;25:671-681. Diagram adapted with permission.
- 2. DeFronzo RA et al. Diabetes Care. 2013;36:3169-3176.
- 3. Abdul-Ghani M et al. Curr Diab Rep. 2012;12:230-238. Diagram adapted with permission.

## Maggiore espressione di SGLT2 e maggiore uptake di glucosio nel DMT2



Rahmoune H, et al. Diabetes 2005;54:3427-34.

## Insulin-dependent and -independent mechanisms to reduce hyperglycaemia in Type 2 diabetes<sup>1-4</sup>



Dapagliflozin is not indicated for the management of obesity or high blood pressure.<sup>5</sup> Weight change was a secondary endpoint in clinical trials.<sup>5,6</sup> \*In addition to increasing insulin secretion, which is the major MoA, GLP-1 agonists and DPP4 inhibitors also act to decrease glucagon secretion. DPP4, dipeptidyl peptidase-4; GLP-1R, glucagon-like peptide-1 receptor.

1. Washburn WN. J Med Chem 2009;52:1785–94; 2. Bailey CJ. Curr Diab Rep 2009;9:360–7; 3. Srinivasan BT, et al. Postgrad Med J 2008;84:524–31;

4. Rajesh R, et al. Int J Pharma Sci Res 2010;1:139–47; 5. Dapagliflozin. Summary of product characteristics, 2014; 6. Bailey CJ, et al. Lancet 2010;375:2223–33.



### Update to a Position Statement of the American Diabetes Association and the European Association for the Study of Diabetes



Inzucchi et al Diabetes Care 2015;38:140-149

## Dapagliflozin: A novel insulin-independent approach to remove excess glucose<sup>1–3</sup>

83



#### Dapagliflozin selectively inhibits SGLT2 in the renal proximal tubule

\*Increases urinary volume by only ~1 additional void/day (~375 mL/day) in a 12-week study of healthy subjects and patients with Type 2 diabetes.<sup>4</sup>

1. Wright EM. Am J Physiol Renal Physiol 2001;280:F10–18; 2. Lee YJ, et al. Kidney Int Suppl 2007;106:S27–35;

3. Hummel CS, et al. Am J Physiol Cell Physiol 2011;300:C14–21; 4. Dapagliflozin, Summary of product characteristics

### Dapagliflozin abbassa la soglia renale



Arrows represent reduction in renal glucose threshold after dapagliflozin treatment. DeFronzo RA, *et al. Diabetes Care* 2013;**36**:3169–76.

### Decreases in HbA1c from baseline in Dapagliflozin studies Add on Combinations with



#### Baseline HbA1c 7.93-8.53 P<0.001 vs Placebo

### Dapagliflozin Versus Sulfonylurea as Add-on to Metformin: Change in HbA1c Over 208 Weeks

HbA1c durability was better with dapagliflozin than glipizide

- The rise from 52–208 weeks was less compared with glipizide, giving a significant difference between treatments at 208 weeks



\*Data are adjusted mean change from baseline ±95% CI derived from a longitudinal repeated-measures mixed model. Del Prato S, et al. ADA 2013; poster 62-LB.

# Fasting Plasma Glucose at Week 24 Across Studies



Statistically significant vs placebo by hierarchical testing rule: \*P<0.05; †P<0.001. Adjusted mean change from baseline using ANCOVA, excluding data after rescue (LOCF). FDA Advisory Committee Meeting slides (www.fda.gov/downloads/AdvisoryCommittees/CommitteesMeetingMaterials/Drugs/ EndocrinologicandMetabolicDrugsAdvisoryCommittee/UCM264314.pdf)

Jabbour SA et al. Presented at ADA 2012; Poster #1071-P.

### **Reduction in post-prandial glucose at Week 24**



Statistically significant versus placebo by hierarchical testing rule (p<0.001); adjusted mean change from baseline using ANCOVA, excluding data after rescue (LOCF); SU=sulphonylurea;

Strojek K, Diab Obes Metab 2011;13: 928–938; Food & Drug Administration. Endocrinologic and Metabolic Drugs Advisory Committee: Dapagliflozin BMS-512148. Available from: <a href="http://tinyurl.com/7kif5j7">http://tinyurl.com/7kif5j7</a> (Accessed February 2012)

### **Body Weight at Week 24 Across Studies**



Statistically significant vs placebo by hierarchical testing rule: <sup>†</sup>*P*<0.05; <sup>\*</sup>*P*<0.001.

Adjusted mean change from baseline using ANCOVA, excluding data after rescue (LOCF).

FDA Advisory Committee Meeting slides (www.fda.gov/downloads/AdvisoryCommittees/CommitteesMeetingMaterials/Drugs/ EndocrinologicandMetabolicDrugsAdvisoryCommittee/UCM264314.pdf)

## Dapagliflozin reduces total body weight and fat mass at week 24

#### DXA: dual X-ray absorptiometry



Dapagliflozin is not indicated for the management of obesity.2 Weight change was a secondary endpoint in clinical trials.2,3 \*Data are adjusted mean change from baseline derived from a mixed model and include data after rescue therapy. 1. Bolinder J, et al. Diabetes Obes Metab 2014;16:159–69; 2. Dapagliflozin. Summary of product characteristics, 2014; 3. Bailey CJ, et al. Lancet 2010;375:2223–33.

### Systolic Blood Pressure at Week 24 Across Studies



FDA Advisory Committee Meeting slides (www.fda.gov/downloads/AdvisoryCommittees/CommitteesMeetingMaterials/Drugs/ EndocrinologicandMetabolicDrugsAdvisoryCommittee/UCM264314.pdf)

#### DAPA vs Placebo as Add-On to INS (ST + LT) - In addition to diet and exercise Mean Change in Mean Daily INS Dose From Baseline at Week 104\* — Placebo + INS (n=193) — DAPA 2.5 mg<sup>+</sup> + INS (n=202)



- \* Data are adjusted mean change and 95% CI derived from repeated measures ANCOVA using the full analysis set and include data after INS up-titration.
- <sup>†</sup> DAPA 2.5 mg is not an approved dose.

DAPA=dapagliflozin; INS=insulin; ST=short term; LT=long term; BL=baseline; IU=insulin unit; CI=confidence interval; ANCOVA=analysis of covariance.

Wilding JPH et al. Diabetes Obes Metab. 2013. doi:10.1111/dom.12187.

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

### Empagliflozin, Cardiovascular Outcomes, and Mortality in Type 2 Diabetes

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#### ABSTRACT

#### BACKGROUND

The effects of empagliflozin, an inhibitor of sodium–glucose cotransporter 2, in addition to standard care, on cardiovascular morbidity and mortality in patients with type 2 diabetes at high cardiovascular risk are not known.

This article was published on September 17, 2015, at NEJM.org.

### **EMPA-REG OUTCOME®**

 Randomised, double-blind, placebo-controlled CV outcomes trial

### Objective

To examine the long-term effects of empagliflozin versus placebo, in addition to standard of care, on CV morbidity and mortality in patients with type 2 diabetes and high risk of CV events

### **Trial design**



- Study medication was given in addition to standard of care
  - Glucose-lowering therapy was to remain unchanged for first 12 weeks
- Treatment assignment double masked
- The trial was to continue until at least 691 patients experienced an adjudicated primary outcome event

## Pre-specified primary and key secondary outcomes

- Primary outcome
  - **3-point MACE:** Time to first occurrence of CV death, non-fatal MI or non-fatal stroke
- Key secondary outcome
  - 4-point MACE: Time to first occurrence of CV death, non-fatal MI, non-fatal stroke or hospitalisation for unstable angina

### **Additional analyses**

- Changes from baseline in:
  - HbA1c
  - Weight
  - Waist circumference
  - Systolic and diastolic blood pressure
  - Heart rate
  - LDL cholesterol
  - HDL cholesterol
- Safety and tolerability
  - Adverse events

HDL, high density lipoprotein; LDL, low density lipoprotein

### HbA1c



All patients (including those who discontinued study drug or initiated new therapies) were included in this mixed model repeated measures analysis (intent-to-treat) X-axis: timepoints with reasonable amount of data available for pre-scheduled measurements

### Weight



All patients (including those who discontinued study drug or initiated new therapies) were included in this mixed model repeated measures analysis (intent-to-treat) X-axis: timepoints with reasonable amount of data available for pre-scheduled

#### measurements

### Waist circumference



All patients (including those who discontinued study drug or initiated new therapies) were included in this mixed model repeated measures analysis (intent-to-treat) X-axis: timepoints with reasonable amount of data available for pre-scheduled

#### measurements

### Systolic blood pressure



Empagliflozin 10 mg 2322 2250 2235 2193 2174 Empagliflozin 25 mg 2323 2247 2221 2197 2169 2129 2102 2066 1571 1351 1212 1070 

All patients (including those who discontinued study drug or initiated new therapies) were included in this mixed model repeated measures analysis (intent-to-treat) X-axis: timepoints with reasonable amount of data available for pre-scheduled measurements

### **Diastolic blood pressure**



Placebo 2322 2073 2024 1974 2235 2203 2161 2133 1274 1126 Empagliflozin 10 mg 2322 2250 2235 2193 2174 Empagliflozin 25 mg 2323 2247 2221 2197 2169 2129 2102 2066 1571 1351 1212 

All patients (including those who discontinued study drug or initiated new therapies) were included in this mixed model repeated measures analysis (intent-to-treat) X-axis: timepoints with reasonable amount of data available for pre-scheduled

measurements

### **Low-density lipoprotein cholesterol**



All patients (including those who discontinued study drug or initiated new therapies) were included in this mixed model repeated measures analysis (intent-to-treat) X-axis: timepoints with reasonable amount of data available for pre-scheduled measurements

### **High-density lipoprotein cholesterol**



All patients (including those who discontinued study drug or initiated new therapies) were included in this mixed model repeated measures analysis (intent-to-treat) X-axis: timepoints with reasonable amount of data available for pre-scheduled

#### measurements

### **CV death**



Cumulative incidence function. HR, hazard ratio

### **Hospitalisation for heart failure**



Cumulative incidence function. HR, hazard ratio

### **All-cause mortality**



Kaplan-Meier estimate. HR, hazard ratio

## Low incidence of hypoglycemia with DAPA relative to PBO: pooled analysis

|                            | PBO-contr<br>(short           | rolled pool<br>-term)  | PBO-controlled pool<br>(short- plus long-term) |                        |  |
|----------------------------|-------------------------------|------------------------|--|------------------------|--|
|                            | <b>DAPA 10 mg</b><br>(N=2360) | <b>PBO</b><br>(N=2295) | DAPA 10 mg<br>(N=2026)                         | <b>PBO</b><br>(N=1956) |  |
| All events of hypoglycemia | 309 (13.1)                    | 242 (10.5)             | 378 (18.7)                                     | 290 (14.8)             |  |
| Major events               | 2 (0.1)                       | 1 (< 0.1)              | 4 (0.2)  | 2 (0.1)                |  |
| Minor events               | 276 (11.7)                    | 211 (9.2)              | 352 (17.4)                                     | 266 (13.6)             |  |

Major episodes of hypoglycemia were uncommon and balanced across PBO and DAPA groups

DAPA, dapagliflozin; PBO, placebo.

# Increased risk of hypoglycemia when added to SU and insulin

|  | Number of patients, n/N (%)  |   |  |
|--|--|---|--|
|  | DAPA 10 mg   | РВО   |  |
| Active Comparator Studies<br>Dapa vs SU (add-on to MET)<br>Dapa vs MET   | 14/406 (3.5)<br>2/219 (0.9)  | 162/408 (40.8)<br>6/208 (2.9)   |  |
| PBO-controlled Studies<br>Monotherapy<br>Add-on to MET<br>Add-on to TZD<br>Add-on to DPP-4i<br>Add-on to SU<br>Add-on to INS | 2/70 (2.9)<br>5/135 (3.7)<br>0/140 (0.0)<br>5/225 (2.2)<br>11/151 (7.3)<br>83/196 (42.3) | 2/75 (2.7)<br>4/137 (2.9)<br>1/139 (0.7)<br>3/226 (1.3)<br>7/146 (4.8)<br>69/197 (35.0) |  |

 In monotherapy and add-on to MET, pioglitazone, and DPP-4i studies, the rate of hypoglycemia was similar on DAPA vs PBO

• An increased risk of hypoglycemic events is observed when used as an add-on to SU and INS (agents with known side effects of hypoglycemia)

DAPA, dapagliflozin; DPP-4i, dipeptidyl peptidase-4 inhibitor; INS, insulin; MET, meformin; PBO, placebo; SU, sulfonylurea; TZD, thiazolidinedione.

### Phase III pooled safety and tolerability analysis Low incidence of hypoglycaemia with empagliflozin if used without SU



MET, metformin; PIO, pioglitazone; QD, once daily; SU, sulphonylurea.

 Pooled data adapted from Hach T, et al. Abstract no 69-LB; 2. Individual studies adapted from abstracts 1085, 1092. Presented at the 73rd
 Scientific Sessions of the American Diabetes Association. June 21–25, 2013. Chicago, Illinois; 3 Kovacs C, et al. *Diabetes Obes Metab.* 2013 Aug 1. doi: 10.1111/dom.12188; 4. Häring H-U, et al. *Diabetes Care.* 2014. doi:10.2337/dc12-2673.

### **Genital infections and UTIs**

|                          | PBO-contro | lled pool | PBO-controlled pool     |          |  |
|--------------------------|------------|-----------|-------------------------|----------|--|
|                          | (short-t   | erm)      | (short- plus long-term) |          |  |
|                          | DAPA 10 mg | РВО       | DAPA 10 mg              | PBO      |  |
| Genital infection, n (%) | N=2360     | N=2295    | N=2026                  | N=1956   |  |
|                          | 130 (5.5)  | 14 (0.6)  | 156 (7.7)               | 19 (1.0) |  |
| UTI in females, n (%)    | N=1003     | N=952     | N=852                   | N=799    |  |
|                          | 84 (8.4)   | 11 (1.2)  | 98 (11.5)               | 15 (1.9) |  |
| UTI in males, n (%)      | N=1357     | N=1343    | N=1174                  | N=1157   |  |
|                          | 46 (3.4)   | 3 (0.2)   | 58 (4.9)                | 4 (0.3)  |  |

• Events of genital infections were more common in females than males

- Most frequently reported genital infections: vulvovaginal mycotic infection, balanitis, and vaginal infections
- No events in the PBO-controlled pool were serious; most were managed with antimicrobial therapy

DAPA, dapagliflozin; PBO, placebo; UTI, urinary tract infection.

### Phase III pooled safety and tolerability analysis Events consistent with genital infection



QD, once daily. Kim G, et al. *Diabetes*. 2013;(Suppl 1) (P74-LB).

### Phase III pooled safety and tolerability analysis Events consistent with UTI



### Advanced age, antihypertensive therapy and renal impairment were risk factors for volume depletion events

| Volume depletion by patient subgroup<br>n/N (%) | DAPA 10 mg<br>(N=2360) | PBO<br>(N=2295) |
|---|------------------------|-----------------|
| Any antihypertensive medication                 |                        |                 |
| Yes   | 26/1785 (1.5)          | 16/1797 (0.9)   |
| No  | 1/575 (0.2)            | 1/498 (0.2)     |
| Diuretic  |                        |                 |
| Yes   | 15/897 (1.7)           | 9/918 (1.0)     |
| No  | 12/1463 (0.8)          | 8/1377 (0.6)    |
| Loop diuretic                                   |                        |                 |
| Yes   | 6/236 (2.5)            | 4/267 (1.5)     |
| No  | 21/2124 (1.0)          | 13/2028 (0.6)   |

DAPA, dapagliflozin; PBO, placebo.

Johnsson K, et al. Presented at the 74th Scientific Sessions of the American Diabetes Association (ADA), San Francisco, CA, USA, June 13–17, 2014. 1031-P.

### Advanced age, antihypertensive therapy and renal impairment were risk factors for volume depletion events (continued)

| Volume depletion by patient subgroup<br>n/N (%) | DAPA 10 mg<br>(N=2360) | PBO<br>(N=2295) |
|---|------------------------|-----------------|
| ACEi/ARB  |                        |                 |
| Yes   | 22/1574 (1.4)          | 16/1577 (1.0)   |
| No  | 5/786 (0.6)            | 1/718 (0.1)     |
| Age, y  |                        |                 |
| < 65  | 16/1695 (0.9)          | 11/1584 (0.7)   |
| ≥ 65  | 11/665 (1.7)           | 6/711 (0.8)     |
| ≥ 75  | 3/98 (3.1)             | 1/81 (1.2)      |
| eGFR, mL/min/1.73m <sup>2</sup>                 |                        |                 |
| ≥ 30–< 60                                       | 5/265 (1.9)            | 4/268 (1.5)     |
| ≥ 60  | 22/2094 (1.1)          | 13/2025 (0.6)   |

DAPA, dapagliflozin; eGFR, estimated glomerular filtration rate; PBO, placebo. Johnsson K, et al. Presented at the 74th Scientific Sessions of the American Diabetes Association (ADA), San Francisco, CA, USA, June 13–17, 2014. 1031-P.

## Serum creatinine increases were transient and reversible in patients with renal function AEs

Reversibility of serum creatinine over time in patients with an AE of renal function (ST)



AEs, adverse events; DAPA, dapagliflozin; PBO, placebo; ST, short term. Ptaszynska A, et al. Presented at the 74th Scientific Sessions of the American Diabetes Association (ADA), San Francisco, CA, USA, June 13–17, 2014. P-1036.

### Laboratory data: Haematocrit

- In the placebo-controlled (short-term) pool, small dose-dependent changes from baseline were observed in the haematocrit (up to 2.3% mean increase for dapagliflozin 10 mg)
- Marked abnormalities of increased haemoglobin or haematocrit occurred in few patients

|                           | Placebo-cont<br>(short t        | rolled pool<br>term) | Placebo-controlled pool<br>(short + long term) |                  |
|---------------------------|---------------------------------|----------------------|--|------------------|
| Events                    | Dapagliflozin<br>10 mg (n=2360) | Placebo<br>(n=2295)  | Dapagliflozin<br>10 mg (n=2026)                | Placebo (n=1956) |
| Haematocrit (>55%), n     | 31 <b>(1.3%)</b>                | 8 <b>(0.4%)</b>      | 42 <b>(2.1%)</b>                               | 11 <b>(0.6%)</b> |
| Haematocrit (>60%), n     | 3 (0.1%)                        | 2 (0.1%)             | 4 (0.2%)                                       | 2 (0.1%)         |
| Haemoglobin (>18 g/dL), n | 36 <b>(1.5%)</b>                | 11 <b>(0.5%)</b>     | 45 <b>(2.2%)</b>                               | 14 <b>(0.7%)</b> |
| Haemoglobin (>20 g/dL), n | 0                               | 2 (0.1%)             | 0  | 2 (0.1%)         |

EMDAC Background document. Available at: http://www.fda.gov/downloads/advisorycommittees/committeesmeetingmaterials/drugs/ endocrinologicandmetabolicdrugsadvisorycommittee/ucm378079.pdf. Last accessed September 2014.

### There was no overall imbalance in malignancies

|   | Incidence rate ratio | DAPA  | ALL     |                      |
|---|----------------------|-------|---------|----------------------|
|   |                      | TOTAL | CONTROL | Incidence rate ratio |
|   |                      | 5936  | 3403    | 95% CI               |
| Overall malignancies and unspecified tumors |                      | 1.50% | 1.50%   | 1.03 (0.71; 1.51)    |
| Skin  |                      | 0.30% | 0.38%   | 0.83 (0.37; 1.91)    |
| Breast (Female only)                        |                      | 0.45% | 0.21%   | 2.47 (0.64; 14.10)   |
| Prostate (Male only)                        |                      | 0.34% | 0.31%   | 1.60(0.53; 5.35)     |
| Bladder                                     |                      | 0.15% | 0.03%   | 5.17 (0.68; 233.55)  |
| Thyroid and endocrine                       | <b>_</b>             | 0.10% | 0.12%   | 0.88 (0.19; 4.46)    |
| Gastrointestinnal                           |                      | 0.10% | 0.12%   | 0.61 (0.13; 3.19)    |
| Respiratory and mediastinal                 | <b>e</b>             | 0.15% | 0.18%   | 0.79 (0.24; 2.81)    |
| Pancreatic                                  |                      | 0.10% | 0.06%   | 1.84 (0.31; 19.46)   |
| Blood and lymphatic                         |                      | 0.05% | 0.12%   | 0.37 (0.05; 2.35)    |
| Hepatobiliary                               |                      | 0.03% | 0.03%   | 0.92 (0.04; 61.49)   |
| Female reproductive (Female only)           |                      | 0.07% | 0.14%   | 0.74 (0.05; 10.74)   |
| Metastases and site unspecified             |                      | 0.05% | 0.06%   | 0.66 (0.07; 8.96)    |
| Renal tract                                 |                      | 0.03% | 0.09%   | 0.40 (0.03; 3.82)    |
| Musculoskeletal and soft tissue             |                      | 0.02% | 0.00%   | +Inf (0.01; +Inf)    |
|   | · · · · · · · ·      |       |         |                      |
|   | 0.01 0.1 1 10 100    |       |         |                      |

Non-significant imbalances in the diagnosis of different tumor types were observed

CI, confidence interval; DAPA, dapagliflozin; Inf, inferred.

## The proportions of patients with fractures were small and balanced for DAPA vs PBO

|               | PBO-contro | lled pool | PBO-control    | olled pool   |  |
|---------------|------------|-----------|----------------|--------------|--|
|               | (short-i   | term)     | (short- plus l | s long-term) |  |
|               | DAPA 10 mg | РВО       | DAPA 10 mg     | PBO          |  |
| Events, n (%) | N=2360     | N=2295    | N=2026         | N=1956       |  |
|               | 8 (0.3)    | 17 (0.7)  | 23 (1.1)       | 32 (1.6)     |  |

DAPA, dapagliflozin; PBO, placebo.

# DAPA does not affect bone mineral density and markers of bone formation and resorption

| Mean (SD)                                   | DAPA 10 mg (N=91) |                | PBO (N=91) |                | Difference vs<br>PBO (95% CI) | <i>P</i> -value |
|---|-------------------|----------------|------------|----------------|-------------------------------|-----------------|
|   | Baseline          | Mean<br>change | Baseline   | Mean<br>change |                               |                 |
| Lumbar spine BMD (L1-4), g/cm <sup>2*</sup> | 1.18              | 0.69           | 1.19       | 0.47           | 0.22<br>(–0.89, 1.34)         | 0.7013          |
| Femoral neck BMD g/cm <sup>2*</sup>         | 0.97              | -0.85          | 0.94       | 0.09           | -0.94<br>(-2.21, 0.35)        | 0.1521          |
| Total hip BMD, g/cm <sup>2*</sup>           | 1.10              | -0.82          | 1.05       | -0.37          | -0.45<br>(-1.32, 0.43)        | 0.3105          |
| CTX, ng/mL                                  | 0.22              | 0.02           | 0.23       | 0.02           | 0.01<br>–0.02, 0.04)          | 0.6918          |
| NTX, nM BCE                                 | 8.87              | 0.50           | 8.94       | 0.61           | -0.10<br>(–1.04, 0.83)        | 0.8275          |
| Osteocalcin, ng/mL                          | 14.09             | 0.11           | 15.06      | -0.14          | 0.25<br>(–1.35, 1.86)         | 0.7557          |
| Bone-specific ALP (Week 50), U/L            | 17.17             | -1.58          | 16.54      | -2.29          | 0.71<br>(–0.55, 1.97)         | 0.2664          |
| P1NP, µg/L                                  | 26.98             | 1.66           | 27.36      | 0.50           | 1.16<br>(–2.16, 4.48)         | 0.4906          |

\*DAPA 10 mg N=68, PBO N=71. BMD, bone mineral density; CTX, C-terminal cross-linking telopeptides of type 1 collagen; DAPA, dapagliflozin; NTX=N-terminal cross-linking telopeptides of type 1 collagen; PBO, placebo; P1NP=procollagen type 1 N- terminal propeptide (µg/L).

Ptaszynska A, et al. Presented at the 74th Scientific Sessions of the American Diabetes Association (ADA), San Francisco, CA, USA, June 13–17, 2014. 1085-P.



12 February 2016 EMA/100751/2016

## SGLT2 inhibitors: PRAC makes recommendations to minimise risk of diabetic ketoacidosis

Healthcare professionals should be aware of possible atypical cases

If diabetic ketoacidosis is suspected or confirmed, treatment should be stopped immediately and should not be re-started unless another cause for the ketoacidosis is identified and resolved.

Healthcare professionals should exercise caution in patients with risk factors for ketoacidosis and inform patients of the risk factors. These include low reserve of insulin-secreting cells, conditions that restrict food intake or can lead to severe dehydration, a sudden reduction in insulin or an increased requirement for insulin due to illness, surgery or alcohol abuse.

The benefits of SGLT2 inhibitors continue to outweigh their risks in the treatment of type 2 diabetes. The PRAC reminds healthcare professionals that these medicines are not authorised for treating type 1 diabetes, noting that some cases of ketoacidosis had occurred with off-label use.

The PRAC's recommendations will now be forwarded to the Committee for Medicinal Products for Human Use (CHMP) for the adoption of EMA's final opinion. Further details will be published at the time of the CHMP opinion.

#### NOTA INFORMATIVA IMPORTANTE CONCORDATA CON LE AUTORITA' REGOLATORIE EUROPEE E CON L'AGENZIA ITALIANA DEL FARMACO (AIFA)

14 marzo 2016

Sono stati riportati rari casi, ma gravi e a volte con pericolo di vita e fatali, di chetoacidosi diabetica in pazienti in trattamento con inibitori SGLT2 per il diabete di tipo2. In un certo numero di queste segnalazioni, la condizione clinica si è presentata in maniera atipica, con solo un moderato aumento dei livelli ematici di glucosio. Il manifestarsi della chetoacidosi diabetica in maniera così atipica in pazienti con diabete potrebbe ritardarne la diagnosi ed il trattamento.

#### Riassunto delle raccomandazioni aggiornate

- Il rischio di chetoacidosi diabetica deve essere considerato in caso di sintomi non specifici come nausea, vomito, anoressia, dolori addominali, sete eccessiva, difficoltà di respirazione, stato confusionale, inusuale stanchezza o sonnolenza. I medici devono informare i pazienti dei segni e sintomi di acidosi metabolica e consigliare loro di consultare immediatamente un medico se si sviluppano tali segni e sintomi.
- Nei pazienti in cui si sospetta o viene diagnosticata la chetoacidosi diabetica, il trattamento con gli inibitori SGLT2 deve essere interrotto immediatamente.
- Non è raccomandato l'inizio di un nuovo trattamento con gli inibitori SGLT2 in pazienti con precedente diagnosi di chetoacidosi diabetica manifestatasi in corso di trattamento con inibitori SGLT2, a meno che un altro chiaro fattore scatenante siastato identificato e risolto.
- Il trattamento deve essere interrotto nei pazienti che sono ospedalizzati per interventi di chirurgia maggiore o per gravi patologie acute. In entrambi i casi, il trattamento con inibitori SGLT2 può essere ripreso una volta che le condizioni del paziente si sono stabilizzate.

Le informazioni per gli operatori sanitari nel Riassunto delle Caratteristiche del Prodotto (RCP) e le informazioni per i pazienti contenute nel foglio illustrativo verranno aggiornate di conseguenza.

### SGLT2 INHIBITORS: SUMMARY

## **Potential benefits**

- Insulin indipendent
- HbA1c lowering
- Reduction in:
  - FPG
  - PPG
  - Weigth
- Reduction in blood pressure
- Reduction in uric acid
- Reduction in CV risk

## **Potential risks**

- Renal function
- Diuretic effect
  - Hypovolaemia
  - Hypotension
  - Dehydration
- Bone mineral metabolism
- Urinary tract infections, vulvovaginitis, balanitis
- Rare or unexpected events