



Bologna, 10-11 febbraio 2017



ITALIAN CHAPTER



# Le farmaco-interazioni da evitare

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Sistema Socio Sanitario



Regione  
Lombardia

ASST Valle Olona





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# Conflitti di interesse



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- Ai sensi dell'art. 3.3 sul conflitto di interessi, pag 17 del Regolamento Applicativo Stato-Regioni del 5/11/2009, dichiaro che negli ultimi 2 anni ho avuto rapporti diretti di finanziamento con i seguenti soggetti portatori di interessi commerciali in campo sanitario:
- ABBOTT Italia
- NOVO Nordisk Italia
- Lilly Italia



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# Il problema



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- Patients with type 2 diabetes mellitus are generally treated with many pharmacological compounds and are exposed to a high risk of drug-drug interactions. Indeed, **blood glucose control usually requires a combination of various glucose-lowering agents**, and the recommended global approach **to reduce overall cardiovascular risk generally implies administration of several protective compounds**, including statins, antihypertensive compounds and antiplatelet agents.
- ... the growing numbers of **patients living much longer** and confronting a number of disease states and chronic conditions over the course of their lives. .. they are living with a **growing medication burden** that affects their ability to cope with their illnesses and presents healthcare providers with the challenge of balancing **the need for multiple medications with the possibilities of harmful drug–drug interactions**.
- The need to be diligent with medication review and proper prescribing is imperative to reduce healthcare costs and improve patient health.



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# Characteristics of Adults With Type 2 Diabetes Mellitus



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Prevalence rate of comorbidity	Aged < 65 years	Aged > 65 years
Hyperlipidemia	71%	82%
Hypertension	58%	71%
Obesity	58%	40%
CAD	6%	16%
Depression	7%	5%



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# Number of drugs recommended for each condition in each NICE guideline considered



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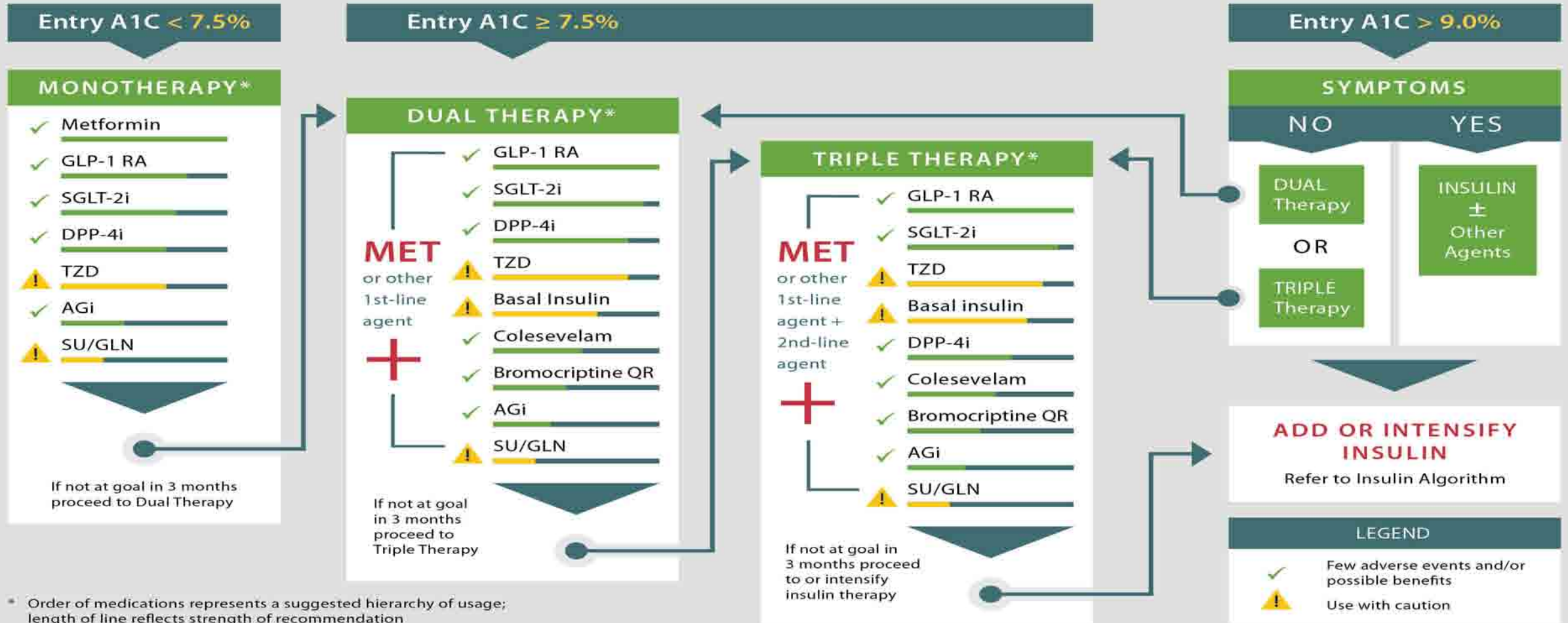


Condition	Guideline No	Year published	No of drugs/drug classes recommended	
			First line	Second line
Type 2 diabetes	CG87	2009	4	19
Depression	CG90	2009	1	12
Heart failure	CG108	2010	2	9
Atrial fibrillation	CG36	2006	4	7
Dementia	CG42	2006	3	1
Secondary prevention post-MI	CG48	2007	4	13

Many guidelines recommend drug treatments, but current guidelines rarely consider drug-disease or drug-drug interactions in these recommendations

BMJ, 2015

## LIFESTYLE THERAPY (Including Medically Assisted Weight Loss)



\* Order of medications represents a suggested hierarchy of usage; length of line reflects strength of recommendation

## PROGRESSION OF DISEASE





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# Schemi di trattamento per la cura del diabete



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Schema di trattamento	Percentuale rispetto al totale dei pazienti trattati con farmaci antidiabetici
<b>Monoterapia non insulinica</b>	<b>45,2</b>
<b>Duplica terapia non insulina</b>	<b>19,6</b>
<b>Triplice non insulinica</b>	<b>7,0</b>
<b>Quadruplica (o più) non insulinica</b>	<b>2,9</b>
<b>Analogo basale + altri farmaci ma non incretine</b>	<b>3,1</b>
<b>Analogo basale + incretina</b>	<b>0,9</b>
<b>Insulina non basale + incretina</b>	<b>1,0</b>
<b>Analoghi (ma non solo basale) + farmaci non incretinici</b>	<b>6,4</b>
<b>Insulina umana con o senza altri farmaci</b>	<b>0,3</b>
<b>Analoghi variamente combinati senza altri farmaci</b>	<b>5,1</b>
<b>Analogo basale + analogo prandiale senza altri farmaci</b>	<b>7,5</b>
<b>Altre combinazioni di insuline</b>	<b>1,0</b>

**Terapia non insulinica (da duplica a quadruplica) circa 30%**

**Insulina con varie modalità circa 27,5%**



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# Le farmaco-interazioni da evitare



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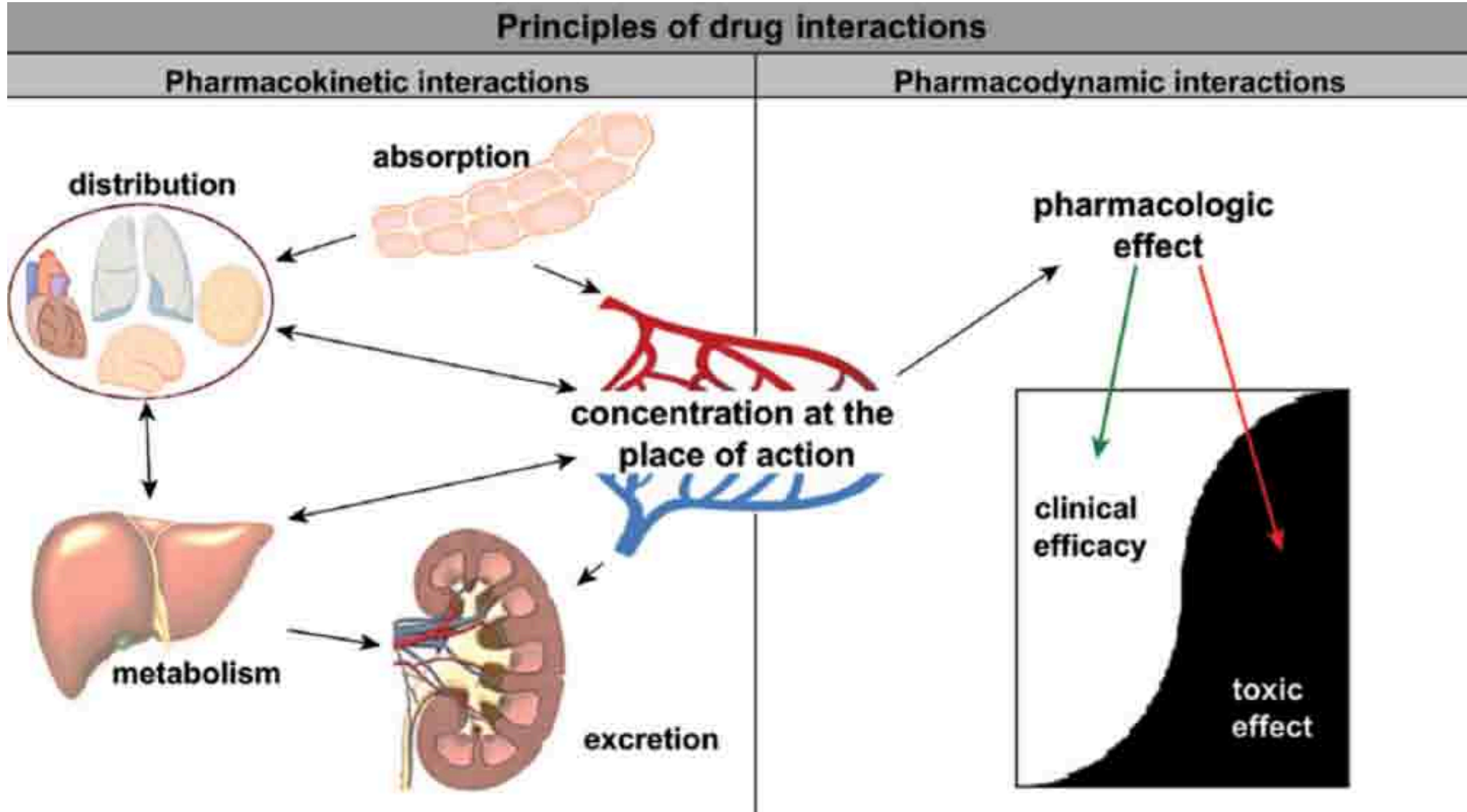


- Interazioni farmaco-dinamiche e farmaco-cinetiche
- Interazioni dei farmaci antidiabetici tra loro e con altri farmaci





# Interazioni farmaco-farmaco: farmacocinetiche e farmacodinamiche





# Le interazioni farmacologiche

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- Nelle **interazioni farmacocinetiche** sono modificati l'assorbimento o la distribuzione o il metabolismo o l'escrezione (ADME) del farmaco.
- Nelle **interazioni farmacodinamiche** la modificazione della risposta al farmaco non è accompagnata da modificazioni dell'ADME. Un esempio molto comune è l'azione ipoglicemizzante sinergica di sulfoniluree e metformina.
- Nella pratica clinica le interazioni più preoccupanti sono di tipo farmacocinetico. Le più frequenti sono legate alle interferenze nel metabolismo del farmaco oppure alla alterazione della via escretrice (renale).
- Le interazioni da induzione enzimatica spesso sono tardive poiché la sintesi può richiedere tempo, mentre le interazioni da inibizione enzimatica sono solitamente a rapida insorgenza.



# Pharmacokinetic properties of different oral antidiabetics drugs

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Drug	Oral bioavailability	Protein binding	Primary route of metabolism	Transporters	Main route of excretion
Metformin	55%	Very low	Not significant	OCT1-2, MATE 1-2, PMAT, P-gp	Renal (80-100%)
Glyburide	90%	98-99%	CYP2C9 + CYP3A4?	OAT2B1, P-gp, MRP1, BCRP	Renal/bile
Gliclazide	97%	95%	CYP2C9 (minor CYP2C19)		Renal
Glimepiride	100%	>99%	CYP2C9		Renal
Repaglinide	63%	>98%	CYP2C8	OATP1B1	Bile
Pioglitazone	>80%	>99%	CYP2C8		Bile/renal

TIPS, 2012



# Summary of drug interactions associated with metformin therapy

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Drugs affecting plasma concentration of metformin	Mechanism	Management	Clinical significance
Cimetidine (H2 antagonists)	MATE1, MATE2K inhibition	Monitor glycemia and observe patient for any adverse event; reduce dose if required	LOW
Cephalexin	MATE1, MATE2K inhibition	Monitor glycemia and observe patient for any adverse event; reduce dose or change antibiotic	UNCERTAIN

Drugs associated with risk of lactic acidosis		Management	Clinical significance
Iodinated contrast media	Contrast media-induced nephrotoxicity	<b>Contraindicated.</b> Stop metformin 48 h before contrast media administration and initiate 48 h after contrast media administration	<b>HIGH</b>



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# Primary route of metabolism



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## CYP450: isoenzimi

## Substrati

## Induttori enzimatici

## Inibitori

### CYP2C9

**Sulfoniluree**, rosuvastatina ,  
FANS, fenobarbital, fenitoina,  
ac. valproico, losartan, warfarin,  
amiodarone

Rifampicina, barbiturici,  
fenitoina, carbamazepina

Amiodarone, cimetidina,  
cotrimoxazolo

### CYP3A4

**Saxagliptin, sitagliptin e  
linagliptin** (minimo),  
**(glibenclamide?)**,  
simvastatina, atorvastatina,  
SSRI, Benzodiazepine,  
nifedipina, felodipina,  
verapamil

Rifampicina, barbiturici,  
fenitoina, carbamazepina

Eritromicina,  
chetoconazolo,  
itraconazolo, simvastatina  
(dai 20 mg), fluvastatina  
(dai 40 mg)

### CYP2C8

**Repaglinide, sitagliptin** (minimo),  
**pioglitazone**

Rifampicina

Ciclosporina, gemfibrozil



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## Potential CYP2C9-mediated drug–drug interactions in hospitalized type 2 diabetes mellitus patients treated with the sulphonylureas glibenclamide, glimepiride or glipizide

Studio retrospettivo su 84247 pazienti ricoverati in 8 anni all’Osp. Universitario di TURKU (Finlandia)

- 3257 pazienti DMT2 in terapia con SU senza concomitante trattamento con inibitori del CYP2C9
- 627 (16.1%) in terapia con SU e concomitante trattamento con inibitori del CYP2C9.

	SUs + CYP2C9 inhibitors	Controls	
FPG media (mg/dl)	153 ± 61	164 ± 45	p< 0.05
HbA1c max (%)	8.4 ± 22	9.2 ± 2.0	p<0.001
TGO media (U/L)	56 ± 34	36 ± 61	p<0.05
GammaGT media (U/L)	137 ± 209	93 ± 172	p<0.05
<b>Episodi di ipoglicemia (&lt; 72 mg/dl)</b>	<b>25.6%</b>	<b>17.6%</b>	



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## Potential CYP2C9-mediated drug–drug interactions in hospitalized type 2 diabetes mellitus patients treated with the sulphonylureas glibenclamide, glimepiride or glipizide



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CYP2C9 inhibitor	n.	%
Metronidazole	242	28.2
Fluconazole	98	11.4
Amiodarone	59	6.9
Miconazole	33	3.9
Sulphamethoxazole	20	2.3
Fluvoxamine	4	0.5
Trimethoprim	342	39.9
Valproate	25	2.9
Gemfibrozil	22	2.6





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## Potential CYP2C9-mediated drug–drug interactions in hospitalized type 2 diabetes mellitus patients treated with the sulphonylureas glibenclamide, glimepiride or glipizide



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Valproate	25	2.9
Gemfibrozil	22	2.6



# Substance-specific-drug-drug interactions with antidiabetic medication in clinical routine



	Medication with risk of interaction	Mechanism	Potential clinical effect	Clinical management	Clinical relevance
Sulfonylurea	Fluconazole, miconazole, fibrates, cimetidine	Inhibition of CYP2C9	Elevated risk of hypoglycemia	Dose reduction if applicable, blood glucose monitoring	Moderate
	Clarithromicin, verapamil	Inhibition of P-glicoprotein and CYP enzymes	Elevated risk of hypoglycemia	Dose reduction if applicable, blood glucose monitoring	Moderate



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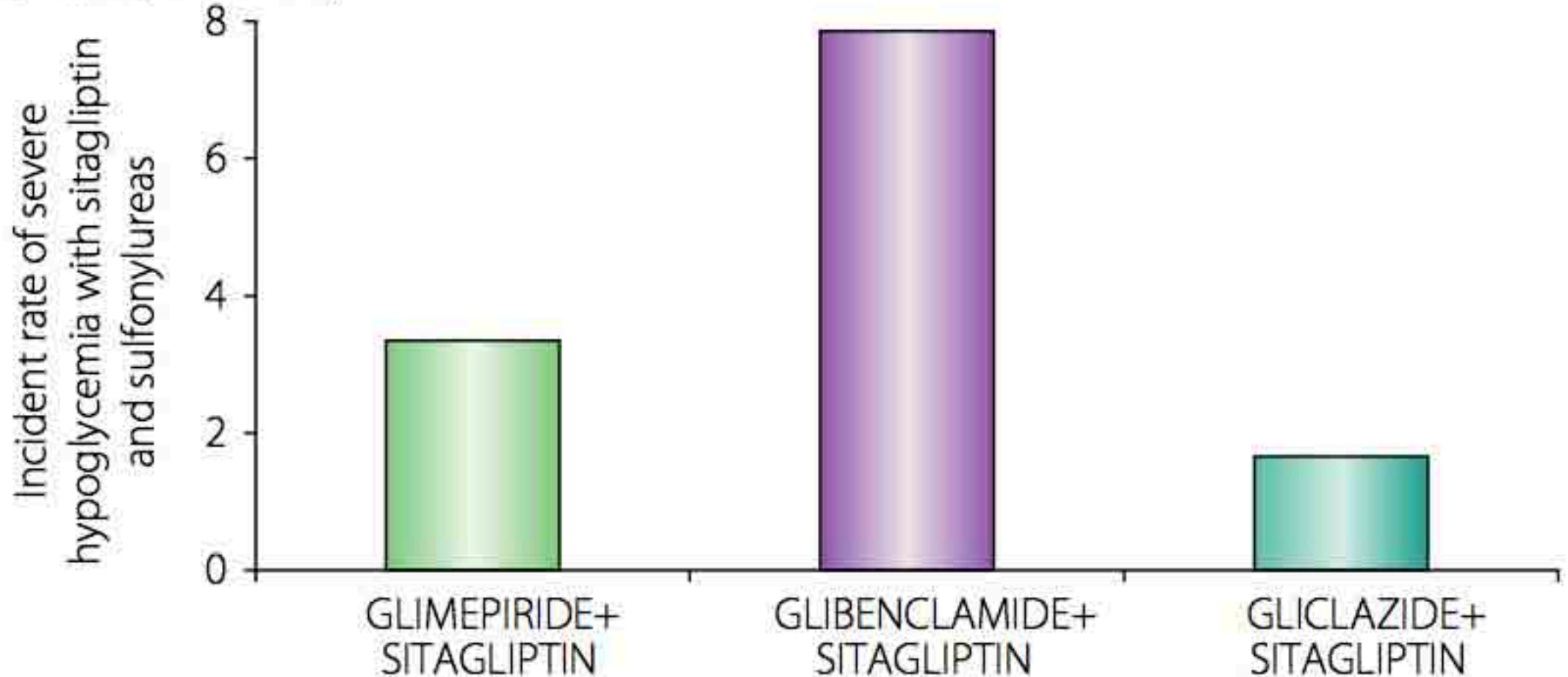
# Dipeptidyl peptidase-4 inhibitors and sulfonylureas for type 2 diabetes: Friend or foe?



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(case/10,000/6 months)





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# Dipeptidyl peptidase-4 inhibitors and sulfonylureas for type 2 diabetes: Friend or foe?



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## Recommendation

Doses of sulfonylureas are recommended to be reduced when dipeptidyl peptidase-4 inhibitors are initiated in patients on sulfonylurea, especially in the elderly and/or patients with renal insufficiency.

Glimepiride  $\leq 2\text{mg/day}$

Gliclazide  $\leq 40\text{mg/day}$

Glibenclamide  $\leq 1.25\text{mg/day}$

When appropriate glycemic control is not achieved after initiation of dipeptidyl peptidase-4 inhibitors, increasing the dose of sulfonylureas should be considered.

When hypoglycemic episodes are confirmed, reduction of the dose of sulfonylureas should be considered.

**Committee for appropriate use of incretin-related drugs (GLP-1 receptor agonists and DPP-4 inhibitors)**

JDI, 2014



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# Interazioni farmacologiche della glibenclamide (da scheda tecnica)



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## Potenziamento dell'effetto ipoglicemizzante con:

acido para-aminosalicilico, anabolizzanti, azapropazone, ciclofosfamide, **chinolonici**, cloramfenicolo, **derivati cumarinici**, disopiramide, fenfluramina, fenilbutazone, **fibrati**, fluoxetina, **H2-antagonisti**, inibitori delle MAO, **miconazolo**, pentossifillina (per via parenterale ad alte dosi), ossifenbutazone, probenecid, **salicilati**, simpaticolitici quali beta-bloccanti e guanetidina, **sulfamidici**, sulfinpirazone, tetracicline ...





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# Glimepiride (Solosa®, Amaryl®)



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- Riduzione dell'azione ipoglicemizzante con estrogeni, progestinici, **diuretici tiazidici**, derivati della fenotiazina, clorpromazina, fenitoina, barbiturici, acetazolamide
- Aumento dell'az ipoglicemizzante con fenilbutazone e derivati, salicilati, cloramfenicolo, anticoagulanti cumarinici, fibrati, ACEi, allopurinolo, fluoxetina, **chinolonici**, tetracicline, fluconazolo ...



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# Incidence of potential drug-drug interactions with antidiabetic drugs



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Retrospective study on 225 type 1 and type 2 diabetic patients (Mean age 66 y).

Drug class	n	Interaction	Category	Effect
Thiazide and thiazide like diuretics	176	Metformina-HCTZ	C	Thiazide diuretics may diminish the therapeutic effect of metformin
ACE inhibitors	125	Glimepiride-ramipril	B	ACE-i may enhance the hypoglycemic effect of sulfonylureas
Antidiabetics	93	Glimepiride-sitagliptin	C	Hypoglycemic agents may enhance the adverse/toxic effect of other hypoglycemic agents
Beta blockers	65	Glimepiride- bisoprolol	C	Beta-blockers may enhance the hypoglycemic effect of sulfonylureas
Antibiotics	9	Glimepiride-ciprofloxacin	C	Quinolone antibiotics may enhance/diminish the hypoglycemic effect of sulfonylureas

Potential interactions were identified by Lexicomp® Lexi-Interact™ Online (Lexi-Comp, Inc., Hudson, USA) software which categorizes potential DDIs according to clinical significance in five types: A= no known interaction; **B= no action needed**; **C= monitor therapy**; D= consider therapy modification; X= avoid combination.

**Interaction: A: 2 (0.9%); B 109 (48.4%); C= 182 (80.9%); D and X 0. Pharmazie, 2015**





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# Chinoloni e glicemia



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British Journal of Pharmacology (1996) 117, 372–376

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## Increase in insulin release from rat pancreatic islets by quinolone antibiotics

**Levofloxacin-induced Hypoglycemia: A Rare but Life-threatening Side Effect of a Widely Used Antibiotic**

Am J Med, 2009

CASE REPORT

Journal of Toxicology  
CLINICAL TOXICOLOGY  
Vol. 42, No. 3, pp. 295–297, 2004

**Refractory Hypoglycemia from Ciprofloxacin and Glyburide Interaction**

MAJOR ARTICLE

SPECIAL FEATURE

Clinical Review

**Risk of Severe Dysglycemia Among Diabetic Patients Receiving Levofloxacin, Ciprofloxacin, or Moxifloxacin in Taiwan**

Clin Infectious Dis, 2013

**Drug-Induced Hypoglycemia: A Systematic Review**

J Clin Endocrinol Metab, 2009



# Risk of Severe Dysglycemia Among Diabetic Patients Receiving Levofloxacin, Ciprofloxacin, or Moxifloxacin in Taiwan

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Antibiotic group	Adjusted OR
<b>Hyperglycemia</b>	
Macrolides (29565)	1.00
Cephalosporins (20317)	1.36
Moxifloxacin (4221)	2.48
Levofloxacin (11766)	1.75
Ciprofloxacin (12564)	1.87
<b>Hypoglycemia</b>	
Macrolides	1.00
Cephalosporins	0.94
Moxifloxacin	2.13
Levofloxacin	1.79
Ciprofloxacin	1.46

- According to the results of several in vitro and animal model studies, quinolone may cause hypoglycemia by increasing the release of insulin via a blockade of ATP-sensitive K<sup>+</sup> channels in a dose-dependent manner.
- The biological mechanism involved in hyperglycemic response to quinolone remains unclear.



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# Drug interactions with oral antidiabetic agents: pharmacokinetic mechanisms and clinical implications

Aleksi Tornio, Mikko Niemi, Pertti J. Neuvonen and Janne T. Backman



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Victim drug	Perpetrator drug (daily dose)	AUC	C <sub>max</sub>	Cl <sub>renal</sub>	Enzyme or transporter involved
Repaglinide					
	Clarithromycin (500 mg)	+ 40%	+ 67%	NA	CYP3A4
	Cyclosporine (100 mg)	+ 144%	+ 75%	NS	CYP3A4 OATP1B1
	Gemfibrozil (1200 mg)	+ 712%	+ 140%	NA	CYP2C8 OATP1B1
	Trimethoprim (320 mg)	+ 61%	+ 41%	NA	CYP2C8
	Ketoconazolo (200 mg)	+ 15%	+ 7%	NA	CYP3A4

TIPS, 2012



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# Repaglinide (Novonorm®)



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Interazioni possibili con  
**gemfibrozil, claritromicina, itraconazolo, ketoconazolo, trimetoprim, ciclosporina**, altri farmaci antidiabetici, gli inibitori delle monoaminoossidasi, i beta-bloccanti non selettivi, gli inibitori dell'enzima di conversione dell'angiotensina (**ACE-inibitori**), i salicilati, i **FANS**, l'octreotide, l'**alcool** e gli steroidi anabolizzanti.



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Government  
of Canada

Gouvernement  
du Canada

# Recalls and safety alerts

[Home](#) > [Recalls & alerts](#)



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**Starting date:** July 31, 2015  
**Posting date:** July 31, 2015  
**Type of communication:** Dear Healthcare Professional Letter

## Audience

Family physicians, general practitioners, nurses, nurse practitioners, pharmacists, endocrinologists and cardiovascular clinics

## Key messages

- **Co-administration of repaglinide and clopidogrel (a CYP2C8 inhibitor) may lead to a significant decrease in blood glucose levels due to a drug-drug interaction.**
  - **The concomitant use of repaglinide and clopidogrel is now contraindicated.**
  - **The prescriber information for GLUCONORM (repaglinide) has been updated. The prescriber information for PLAVIX (clopidogrel) is currently being updated. The prescriber information for the generic products will be updated (see **Products affected**).**
- 
- In a study conducted with healthy volunteers, co-administration of clopidogrel (300 mg on day 1, followed by 75 mg daily for 2 consecutive days), and repaglinide (**single dose of 0.25 mg on day 1 and day 3**) resulted in an increase in repaglinide systemic exposure by 5.1-fold and 3.9-fold on day 1 and day 3 respectively. Hypoglycemia was noted in healthy volunteers on day 1 (54 mg/dL) and on day 3 (70 mg/dL).



# Drug interactions with oral antidiabetic agents: pharmacokinetic mechanisms and clinical implications

Aleksi Tornio, Mikko Niemi, Pertti J. Neuvonen and Janne T. Backman



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Victim drug	Perpetrator drug (daily dose, mg)	AUC	C <sub>max</sub>	Cl <sub>renal</sub>	Enzyme or transporter involved
Pioglitazone					
	Trimethoprim (320)	42%	NS	NA	CYP2C8
	Gemfibrozil (1200)	>200%	NS	NA	CYP2C8



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# Pioglitazone: drug associated with risk of cardiovascular events



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Precipitant drug	Clinical implication	Mechanism
Insulin	Edema, hypoglycemia	Unknown Possible synergistic effect
NSAIDS	Edema and heart failure	Possible synergistic effect (fluid retention)
Sulfonylureas	Hypoglycemia	Unknown





# Substance-specific-drug-drug interactions with antidiabetic medication in clinical routine

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	Medication with risk of interaction	Mechanism	Potential clinical effect	Clinical management	Clinical relevance
Sulphonylurea	Ethanol	Inhibition of gluconeogenesis	Prolonged hypoglycemia	Avoidance of increased alcohol consumption	<b>High</b>
Metformin	Iodinated contrast media	Elevated risk of contrast media induced nephropathy	Plasma values and Adverse Event augmented	Contraindicated 48 hours in advance and 48 hours after contrast media application	<b>High</b>
Pioglitazone	Insulin, NSAIDS, sulphonylurea	Unknown, potential synergistic effect	Elevated cardiovascular risk	Avoid combination if applicable, tight monitoring recommended	<b>High</b>



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# Pharmacokinetic properties of different oral antidiabetics drugs: DDP4-i



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Drug	Oral bioavailability	Protein binding	Primary route of metabolism	Transporters	Main route of excretion
Linagliptin	30%	>80%	Minor (CYP3A4)	P-gp	Bile (90%)
Saxagliptin	50%	Very low	CYP3A4	P-gp	Renal (24% unchanged)
Sitagliptin	87%	38%	Minor (CYP3A4 + CYP2C8)	hOAT3, OATP4C1, P-gp	Renal (79% unchanged)
Vildagliptin	85%	9%	Hydrolysis, no CYPs involved	P-gp	Renal (23% unchanged)
Alogliptin	100%	20%	Minor (CYP3A4)		Renal (76%)

TIPS, 2012



# Substance-specific-drug-drug interactions with antidiabetic medication in clinical routine

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	Medication with risk of interaction	Mechanism	Potential clinical effect	Clinical management	Clinical relevance
DPP4-inhibitors	Ketoconazole, diltiazem, clarithromycin	Inhibition of CYP3A4 <b>(clinically relevant in case of saxagliptin)</b>	Augmented Plasma values and Adverse Event Rate	Tight blood glucose monitoring and AE monitoring recommended	Moderate
	Rifampicin	Induction of CYP3A4 and P-glycoprotein <b>(clinically relevant in case of saxagliptin)</b>	Reduced efficacy, elevated blood glucose	Dose increase if applicable, blood glucose monitoring	Moderate



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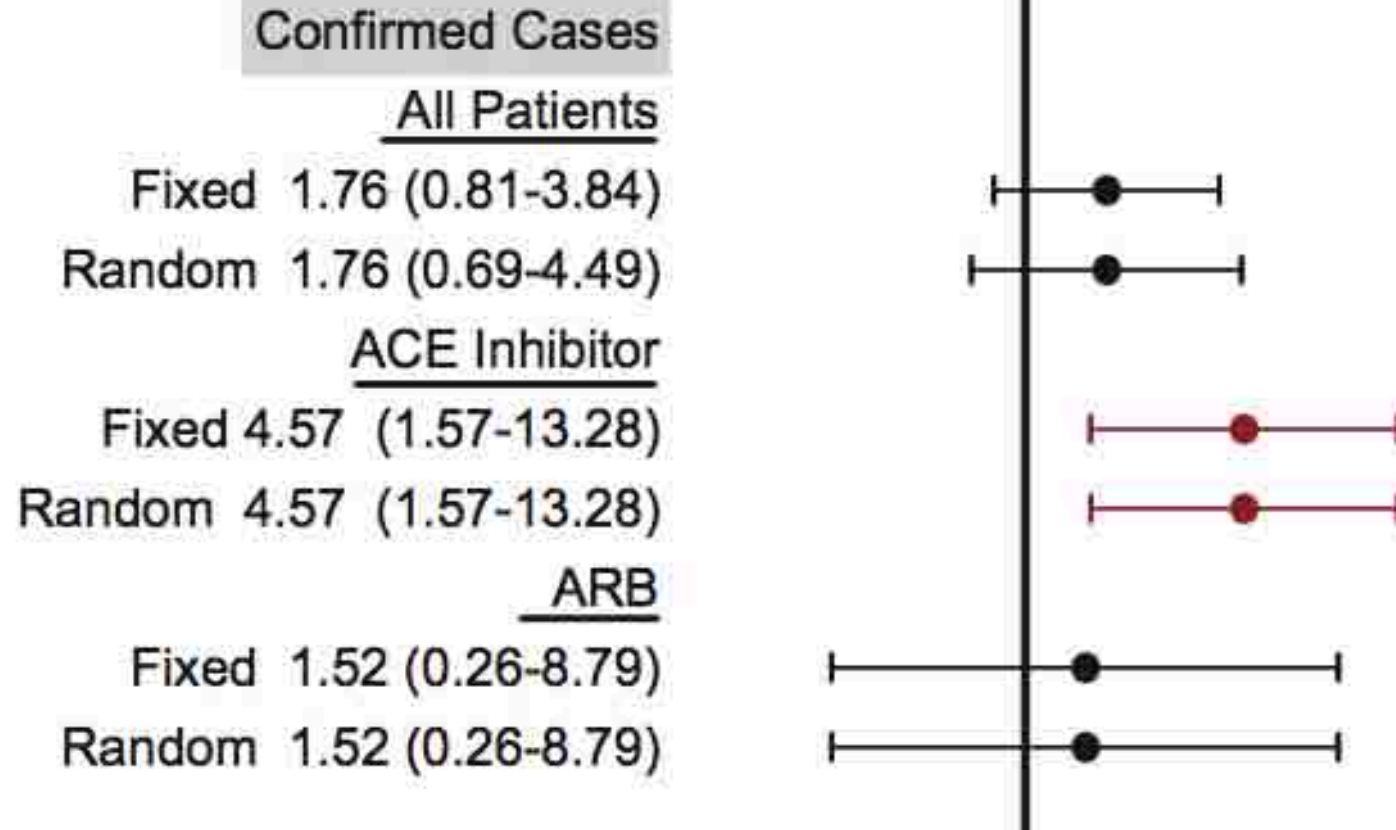
# Dipeptidyl Peptidase-IV Inhibitor Use Associated With Increased Risk of ACE Inhibitor-Associated Angioedema



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Nancy J. Brown, Stuart Byiers, David Carr, Mario Maldonado, Barbara Ann Warner

## Odds Ratio of Angioedema



Hypertension, 2009



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# Angiotensin-Converting Enzyme and Dipeptidyl Peptidase IV Inhibitors

## An Increased Risk of Angioedema

Eric Grouzmann, Françoise Livio, Thierry Buclin



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- No data are yet available regarding DPPIV other than vildagliptin.
- Blacks have a 4-fold higher basal risk than whites to develop angioedema under ACE inhibition but is unclear whether additional DPPIV inhibition may further increase this risk.
- A similar question applies to women who are at higher risk than men to suffer from angioedema induced by ACE inhibition.
- About one third of the patients enrolled in vildagliptin phase III trials received ACE inhibition concomitantly.
- **Substituting ACE inhibitors with angiotensin II-receptor blockers in diabetic patients receiving a gliptin may represent a prudent alternative to minimize such a risk.**

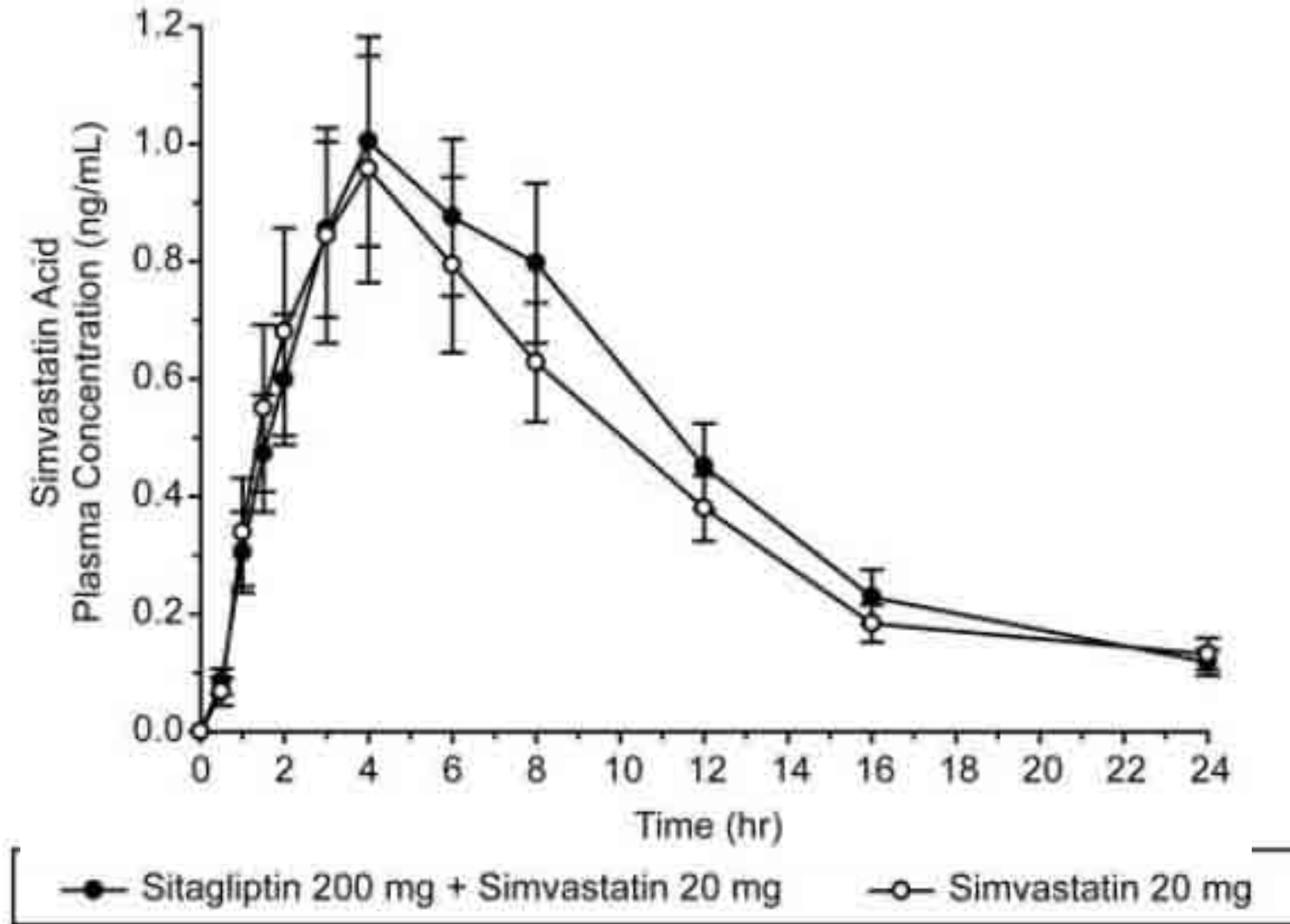


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# Effect of Sitagliptin on the Pharmacokinetics of Simvastatin



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# GLP-1 analogs



- The pharmacokinetic properties of these drugs indicate a low potential for DDIs.
- GLP-1 analogs have been successfully studied as add-on therapies to metformin, sulfonylureas, and thiazolidinediones.
- Liraglutide has also been successfully studied in combination therapies with atorvastatin, digoxin, griseofulvin, lisinopril, ethinylestradiol, and levonorgestrel
- Exenatide decreased the rate of absorption of paracetamol but the extent of absorption remains unaffected. Similar results were also observed when liraglutide was co-administered with paracetamol. The underlying mechanism is a delay in gastric emptying time by GLP-1 analogs.
- **Up to now, no clinically relevant drug-drug interactions have been described.**





# Pharmacokinetic properties of different oral antidiabetics drugs: SGLT2-i

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Drug	Oral bioavailability	Protein binding	Primary route of metabolism	Transporters	Main route of excretion
Dapagliflozin	78%	91%	Glucuronidation		Mainly urine
Canagliflozin	65%	99%	Glucuronidation		Mainly feces
Empagliflozin	78%	86%	Glucuronidation	OAT	Feces and urine



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U.S. Food and Drug Administration  
Protecting and Promoting Your Health

## Drug Safety Communications

### **FDA warns that SGLT2 inhibitors for diabetes may result in a serious condition of too much acid in the blood**

(5-15-2015) From March 2013 (approval of the first drug in the class) through June 6, 2014, ... identified 20 cases of diabetic ketoacidosis (DKA), ketoacidosis, or ketosis reported with the sodium-glucose cotransporter-2 (SGLT2) inhibitors.

The median time to onset of symptoms following initiation of drug therapy was 2 weeks (range 1 to 175 days). **DKA case presentations were atypical** in that glucose levels were only mildly elevated at less than 200 mg/dL in some reports, while patients with type 1 diabetes who have DKA typically have glucose levels greater than 250 mg/dL.

Potential DKA-triggering factors that were identified in some cases included acute illness or recent significant changes such as infection, urosepsis, trauma, reduced caloric or fluid intake, and reduced insulin dose.



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# Euglycemic Diabetic Ketoacidosis: A Predictable, Detectable, and Preventable Safety Concern With SGLT2 Inhibitors

*Diabetes Care* 2015;38:1638–1642 | DOI: 10.2337/dc15-1380

Julio Rosenstock<sup>1</sup> and Ele Ferrannini<sup>2</sup>



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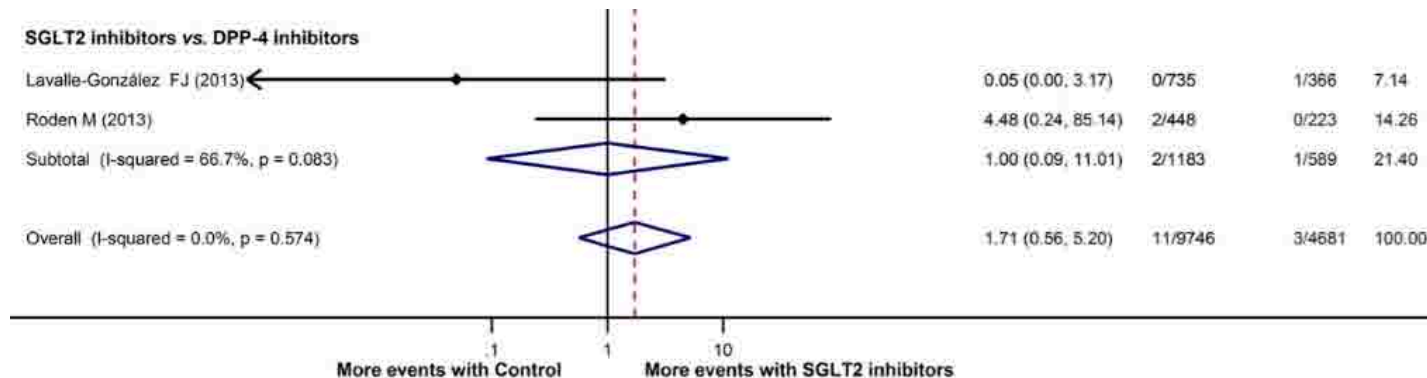
## Estimated incidence rates

(it is estimated that the exposure to these medicines is over half a million patient-years):

- **0,5 e 0,8 per 1000 patient/years with canagliflozin**
- **< 0,1% with dapagliflozin and empagliflozin**

## Effect of Sodium–Glucose Cotransporter 2 Inhibitors on Diabetic Ketoacidosis Among Patients With Type 2 Diabetes: A Meta-analysis of Randomized Controlled Trials

DOI: 10.2337/dc16-0885



Given the current evidence from RCT data, we found that **SGLT2 inhibitors were not significantly associated with an increased risk of DKA** among patients with T2D.



Bologna, 10-11 febbraio 2017

# Documento su SGLT2 inibitori

*A cura del Gruppo di Lavoro Appropriatazza terapeutica*



ITALIAN CHAPTER



Gruppo di Lavoro Appropriatazza Terapeutica

Gli SGLT2 inibitori non presentano rilevanti interazioni farmacologiche. Poiché possono aumentare il rischio di deplezione di volume, l'uso in associazione a diuretici dell'ansa non è raccomandato.



Bologna, 10-11 febbraio 2017

# Potential Hypoxic Renal Injury in Patients With Diabetes on SGLT2 Inhibitors: Caution Regarding Concomitant Use of NSAIDs and Iodinated Contrast Media



The introduction of SGLT2 in the management of diabetes may further aggravate medullary hypoxia ... conceivably reflecting enhanced solute delivery to distal nephron segments, increasing medullary transport workload and oxygen consumption.

We propose avoidance of the concomitant administration of agents that lead to iatrogenic hypoxic medullary injury: **avoidance of NSAIDs in patients on SGLT2 inhibitors and cessation of SGLT2 inhibitors prior to radiocontrast studies.**

**Diabetes Care Publish Ahead of Print, published online January 27, 2017**



# Is there still a role for spontaneous reporting of adverse drug reactions?

Bologna, 10-11 febbraio 2017



Source	1999	2004
Pharmacist	2103 (37%)	3011 (29.4%)
Physician	1876 (25.5%)	2667 (26.2%)
Consumer or patient	1010 (14.9%)	1928 (18.8%)
Nurse	443 (6.2%)	873 (8.5%)
...	...	...
Total	5688	10238

... the US Food and Drug Administration received an average of 82 reports annually about adverse reactions related to digoxin, in a 7-year period there were over 200 000 admissions to hospital due to adverse reactions to that drug.

CMAJ, 2006





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# Le farmaco-interazioni da evitare



ITALIAN CHAPTER



## Key points

- Lactic acidosis is the main adverse event of concern associated with metformin therapy; however, the incidence of this adverse event is low. Any drug that deteriorates renal status of the patient or competes for renal excretion of metformin is likely to alter drug concentrations in the body, which may change pharmacologic response or cause adverse events.
- Hypoglycemia is the main adverse event associated with sulfonylureas. Any drug that alters cytochrome P450 2C9 isozyme levels in the body is likely to modify the concentration of drug in the circulation, which may increase or decrease pharmacologic response and result in adverse events.

Pharmacotherapy of Type 2 Diabetes Mellitus: An Update on Drug–Drug Interactions, (Drug Dafety, 2014)



Bologna, 10-11 febbraio 2017

# Le farmaco-interazioni da evitare



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## Key points

- Edema and exacerbation/precipitation of heart failure are the main adverse events associated with thiazolidinedione use. Non-steroidal anti-inflammatory drugs, insulin, nitrates, and sulfonylureas are likely to have an adverse effect.
- Generally, drug interaction potential of incretin mimetics and sodium glucose co-transporter 2 inhibitors is low, which makes these drugs a suitable choice in managing type 2 diabetes mellitus and associated complications. However, the long-term safety of these agents is not known.

**Pharmacotherapy of Type 2 Diabetes Mellitus: An Update on Drug–Drug Interactions, (Drug Dafety, 2014)**

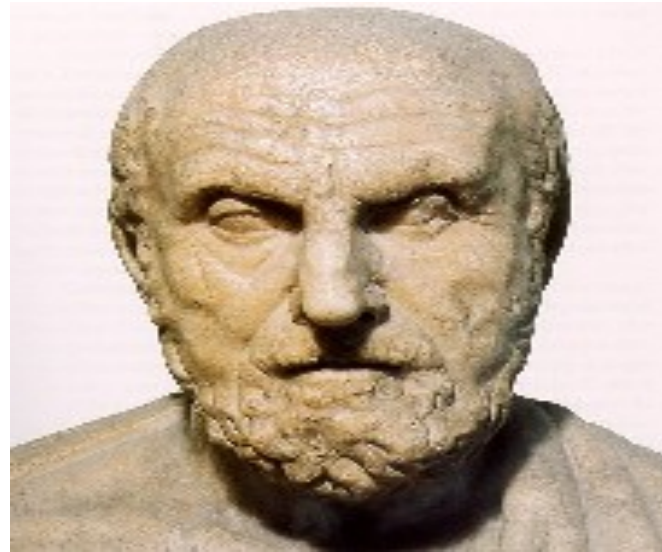


Bologna, 10-11 febbraio 2017

# Strong Commitment in Medical Care



ITALIAN CHAPTER



Primum non nocere  
(*Hippocrates; IV-V century B.C.*)



Bologna, 10-11 febbraio 2017

# Grazie per l'attenzione



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