



# BRAF: quali evidenze sul suo significato diagnostico e prognostico?

**Maria Chiara Zatelli**

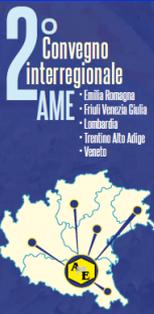
Sezione di Endocrinologia

Direttore: Prof. Ettore degli Uberti

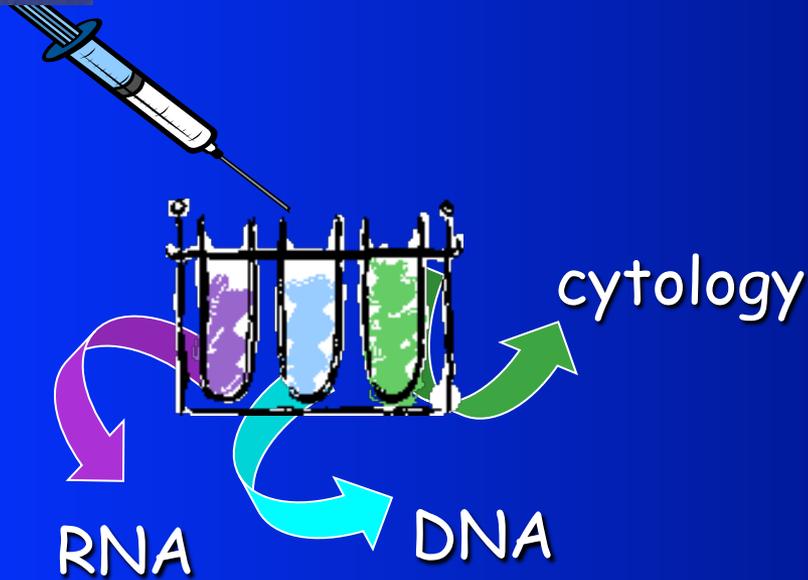
Dipartimento di Scienze Mediche

Università degli Studi di Ferrara





# BRAF: diagnostic and prognostic significance



rearrangement studies

somatic mutation analysis

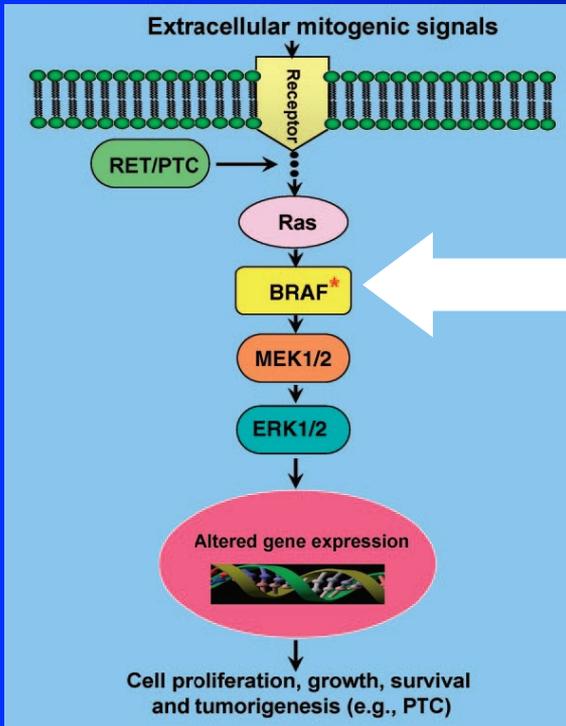
15-20% FNAB inconclusive or unable to discriminate between follicular adenoma and carcinoma

need for partial or total thyroidectomy for diagnostic purposes

Riesco-Eizaguirre et al. Clin Transl Oncol 2007, 9:686-693



# BRAF: diagnostic and prognostic significance

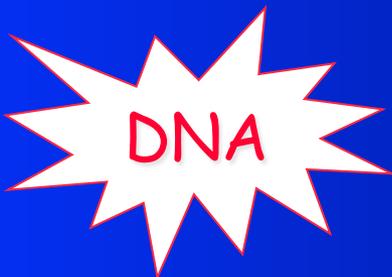


## BRAF V600E point mutation

[K601E and V599Ins]

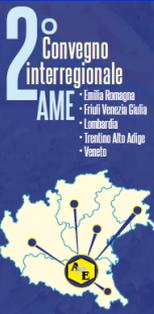
- ✓ 45-80% of PTC, mainly tall cell and classic hystology
- ✓ ↑ extrathyroidal invasion
- ✓ higher stage
- ✓ ↑ recurrence (with reduced I up-take)
- ✓ ↑ de-differentiation

Lupi et al. J Clin Endocrinol Metab. 2007;92:4085



**restricted to PTC**





# BRAF: diagnostic and prognostic significance

**BRAFV600E  
molecular test**

somatic mutation analysis

**pyrosequencing**

Kim et al. J Clin Endocrinol  
Metab, 2011, 96:658

**MASA**

Pelizzo et al. Clin Chem  
Lab Med. 2011;49:325

**RFLP**

Zatelli et al. Eur J  
Endocrinol 2009, 161:467

**direct sequencing**

Zatelli et al. Eur J  
Endocrinol 2009, 161:467

**allelic discrimination**

Rossi et al. J Clin Endocrinol  
Metab 2012;97:2354

**specific colorimetric mutation detection assay  
(Mutector; TrimGen, Sparks, MD)**

Xing et al. J Clin Oncol. 2009;27:2977-82

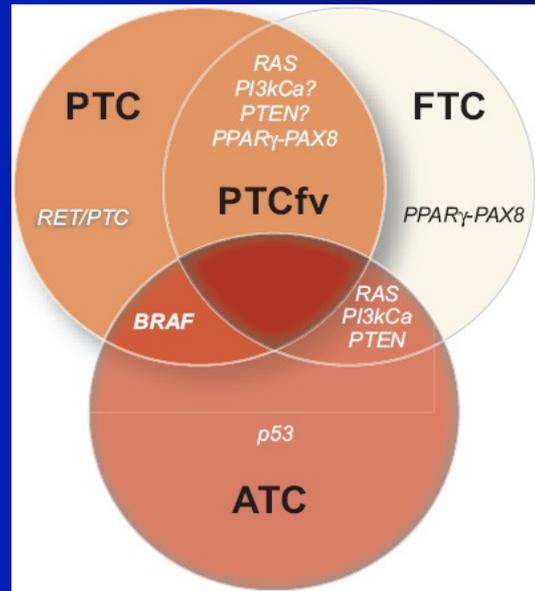


**Affordable costs  
Dedicated instruments  
Experienced personnel**



# BRAF: diagnostic and prognostic significance

- does it improve diagnosis?



# BRAF: diagnostic and prognostic significance

## BRAFV600E molecular test

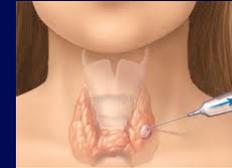


	Cytology		BRAF		Cytology + BRAF	
	100	77.3	89.6	64.0	89.6	86.7
Sensitivity	100	77.3	89.6	64.0	89.6	86.7
Specificity	36.4	98.8	95.5	100	95.5	98.8
PPV	92.9	92.1	99.4	100	99.4	92.9
NPV	100	95.9	52.5	93.7	52.5	97.5
Accuracy	93.3	95.4	90.2	95.4	90.2	96.9
K value	0.51±0.11	0.81±0.02	0.63±0.07	0.76±0.05	0.63±0.07	0.88±0.01



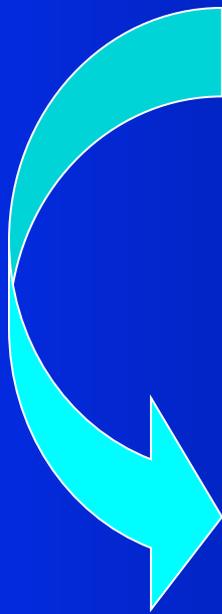
# BRAF: diagnostic and prognostic significance

**BRAFV600E  
 molecular test**



	BRAF <sup>V600E</sup> (+)	BRAF <sup>V600E</sup> (-)	<i>p</i> value
n	154 (91.1)	15 (8.9)	
Age at diagnosis (yr)	48.8 ± 12.1	40.1 ± 12.7	0.01
<45	56 (36.4)	8 (53.3)	0.31
≥45	98 (63.6)	7 (46.7)	
Gender			
Male	22 (14.3)	2 (13.3)	0.77
Female	132 (85.7)	13 (86.7)	
Tumor size (mm)	10.90 ± 9.63	11.07 ± 5.78	0.95
<5	26 (16.9)	3 (20.0)	0.02
5 to <10	74 (48.1)	2 (13.3)	
10 to <15	19 (12.3)	6 (40.0)	
15 to <20	17 (11.0)	3 (20.0)	
≥20	18 (11.7)	1 (6.7)	
Extrathyroidal invasion	83 (53.9)	6 (40.0)	0.44
Lymph node metastasis	55 (35.7)	4 (26.7)	0.67

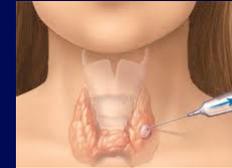
Kim et al. J Clin Endocrinol Metab, 2011, 96:658



**BRAF mutation analysis  
 may help especially in  
 small nodules**

# BRAF: diagnostic and prognostic significance

Number of clinical/US findings suspected for malignancy in nodules diagnosed as cancer at histology	
None	4
< 1 cm	3
> 1 cm	1
One	59
< 1 cm	41
> 1 cm	18
Two	79
< 1 cm	62
> 1 cm	17
More than two	91
< 1 cm	34
> 1 cm	57

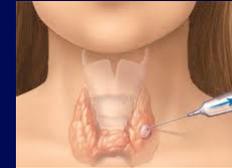


Even nodules lacking clinical/US findings suspected for malignancy may underlie a thyroid cancer!!!

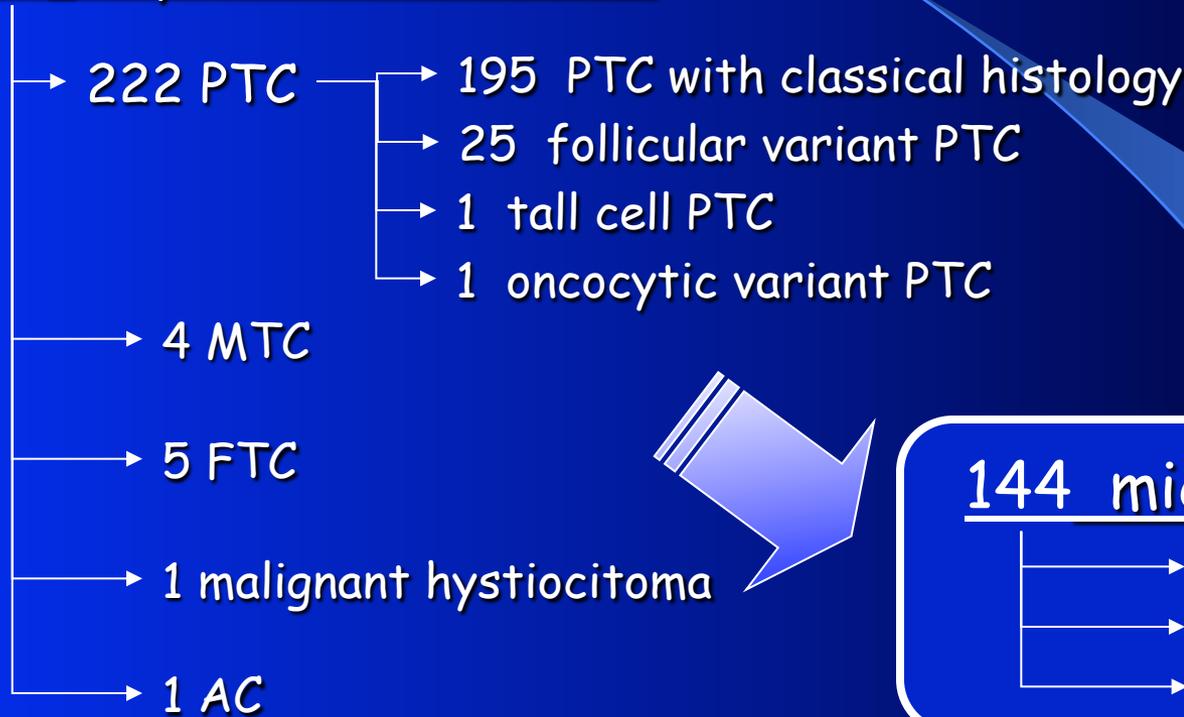
None of the clinical/US findings suspected for malignancy predict BRAF status



# BRAF: diagnostic and prognostic significance



## 233 thyroid carcinomas

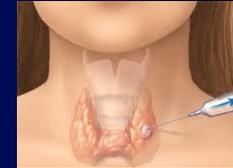


### 144 microcarcinomas

- 140 PTC
- 3 MTC
- 1 FTC



# BRAF: diagnostic and prognostic significance



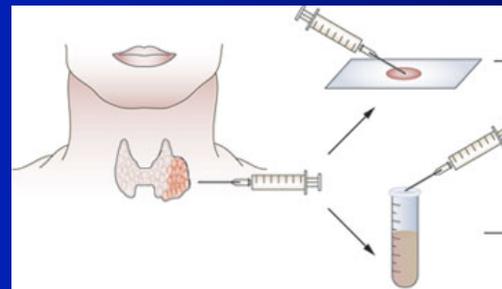
## Cancer prevalence

nodules >1 cm	nodules <1 cm
7.2%	12.2%

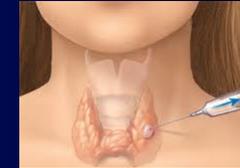
$p < 0.001$

140 microPTC

- 13 multifocal
- 17 with lymphnode metastases



# BRAF: diagnostic and prognostic significance



BRAFV600E molecular test	Cytology		BRAF		Cytology + BRAF	
	S	NS	S	NS	S	NS
Sensitivity	76,8	69,4	56,6	51	92,9	84,7
Specificity	99,7	99,9	100	100	99,7	99,9
PPV	97,7	98,6	100	100	98,1	98,8
NPV	96,5	98	93,6	96,9	98,9	99
Accuracy	96,6	98,1	94,1	97	98,8	99

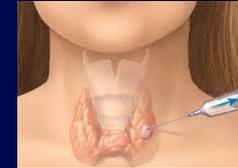
**BRAF testing significantly increases FNAB sensitivity also in nodules clinically non suspected**

**15 PTC patients "rescued" by BRAF analysis**



# BRAF: diagnostic and prognostic significance

BRAFV600E molecular test	S	%	NS	%
ACUS	26	3,1	78	4,9
PTC	6	75,0	10	37,0
BRAF +	5	19,2	0	0,0
FN	35	4,2	62	1,2
PTC	5	25,0	9	23,7
BRAF +	2	5,7	6	9,7

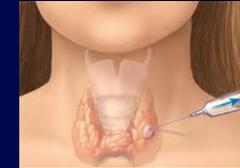


BRAF testing identifies as malignant 10% of FN

Indication to total thyroidectomy



# BRAF: diagnostic and prognostic significance

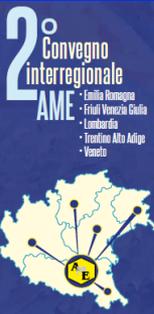


## Thyroid cancer in Ferrara

	Years	Patients number	I <sup>131</sup> therapy (no)	% I <sup>131</sup> therapy/ thyroid cancer
pre-BRAF	2000-2006	467	402	86,08%
post-BRAF	2007-2013	738	524	71,00%

↑ 36.7% in DTC diagnosis (+39 new cases/year)  
 > 50% stage I and II





# BRAF: diagnostic and prognostic significance

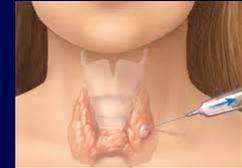
Cancer risk in thyroid nodules with indeterminate cytology according to Bethesda classification and genetic alteration

N° (%)	Class III (n°=52*)	Class IV (n°=37)	Class V (n°=22)	Indeterminate cytology (n°=111)
Cytology alone	19.2%	21,6%	90,9%	27,1 %
Any mutation	47,3%	71,4%	90,9%	63,1%
BRAF	100%	100%	100%	100%
RAS	0%	50%	0%	14,2%
RET/PTC-1	40%	-	100%*	57,1%
RET/PTC-3	0%	0%	100%*	33,3%
No mutations	3%	10%	90,9%	13,5%



# BRAF: diagnostic and prognostic significance

## CONCLUSION -1



BRAF molecular analysis increases diagnostic sensitivity of cytology for PTC and may influence clinical management

# BRAF: diagnostic and prognostic significance

- any prognostic value?



# BRAF: diagnostic and prognostic significance

## PAPILLARY CARCINOMA

BRAF mutation(s)

- ⊖ → NIS expression
- ⊖ → NIS trafficking to the membrane  
Riesco-Eizaguirre et al. Endocrine-Related Cancer 2006, 13: 257
- ⊕ → DNA synthesis and apoptosis



⊕

MMP, vimentin, osteopontin

**epithelial-mesenchymal transition**

little growth advantage

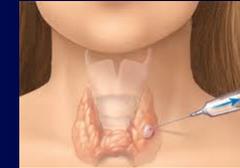
**BUT**

**genomic instability**

Mitsutake et al. Cancer Research 2005;65: 2465



# BRAF: diagnostic and prognostic significance



**Table 1.** Association of *BRAF* Mutation Status Detected on Thyroid Fine-Needle Aspiration Biopsy With Poorer Clinicopathologic Characteristics of Papillary Thyroid Cancer

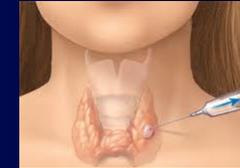
Characteristic	<i>BRAF</i> Positive (n = 73)		<i>BRAF</i> Negative (n = 117)		P*
	No.	%	No.	%	
Age at diagnosis, years					.28
Median	43		46		
Range	24-77		12-83		
Sex, male	24	32.9	29	24.8	.25
Tumor size, cm					.35
Median	1.8		1.5		
Range	0.6-10.0		0.6-6.0		
Extrathyroidal extension	17	23.3	13	11.1	.039
Capsular invasion	21	28.8	19	16.2	.045
Lymph node metastasis	28	38.4	21	18.0	.002
I	54	74.0	89	76.1	
II	4	5.5	15	12.8	
III	9	12.3	9	7.7	
IV	6	8.2	4	3.4	
III/IV	15	20.6	13	11.1	.093
Multifocality	34	46.6	47	40.2	.45

Abbreviation: AJCC, American Joint Committee on Cancer.

\*P value from Fisher's exact test for categorical data and Wilcoxon rank sum test for continuous data.



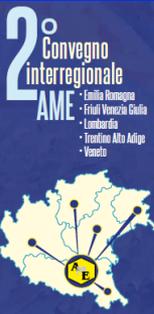
# BRAF: diagnostic and prognostic significance



BRAFV600E molecular test	PTC persistence/recurrence prediction	
	All PTC	Conventional PTC
sensitivity	68%	79%
specificity	66%	60%
PPV	36%	34%
NPV	88%	92%

Xing et al. J Clin Oncol 2009; 27:2977-82

**BRAF mutation-positive patients are significantly more likely to have PTC persistence/recurrence**



# BRAF: diagnostic and prognostic significance

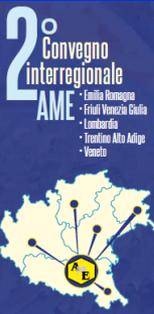
PTC distribution according to TNM stages and the presence/absence of a genetic alteration

Thyroid cancers			
TNM staging (AJCC/UICC)	Genetic alteration		Total
	positive	negative	
I	28	19	47
II	0	0	0
III	13	6	19
IV	6	0	6
<b>Total</b>	<b>47</b>	<b>25</b>	<b>72</b>



Rossi ...Zatelli submitted

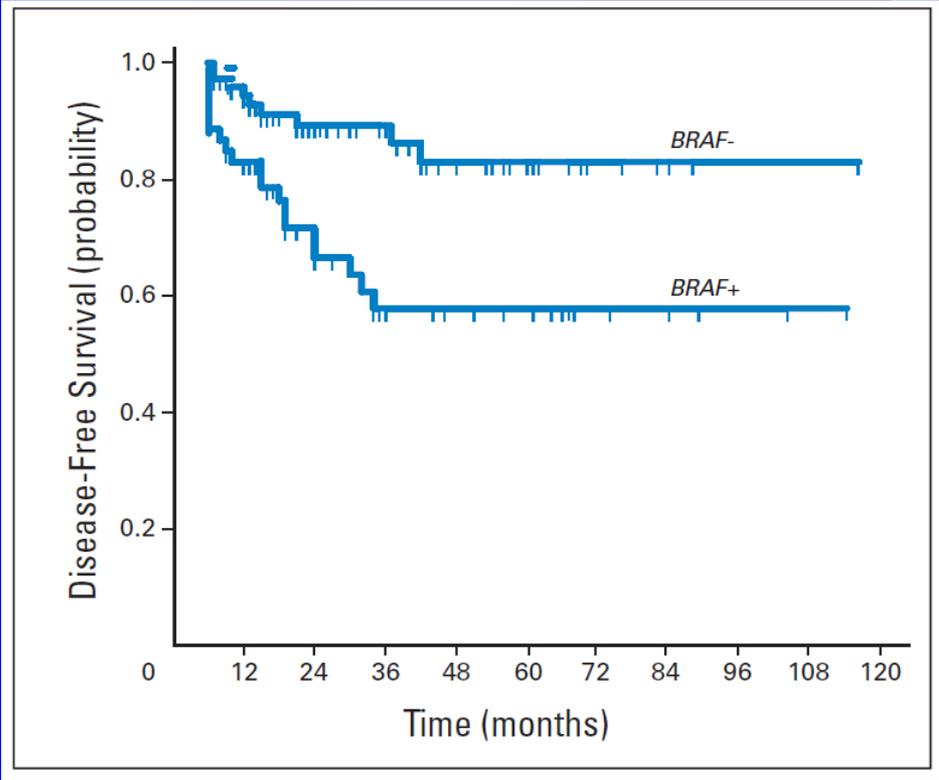




# BRAF: diagnostic and prognostic significance

**BRAFV600E  
molecular test**

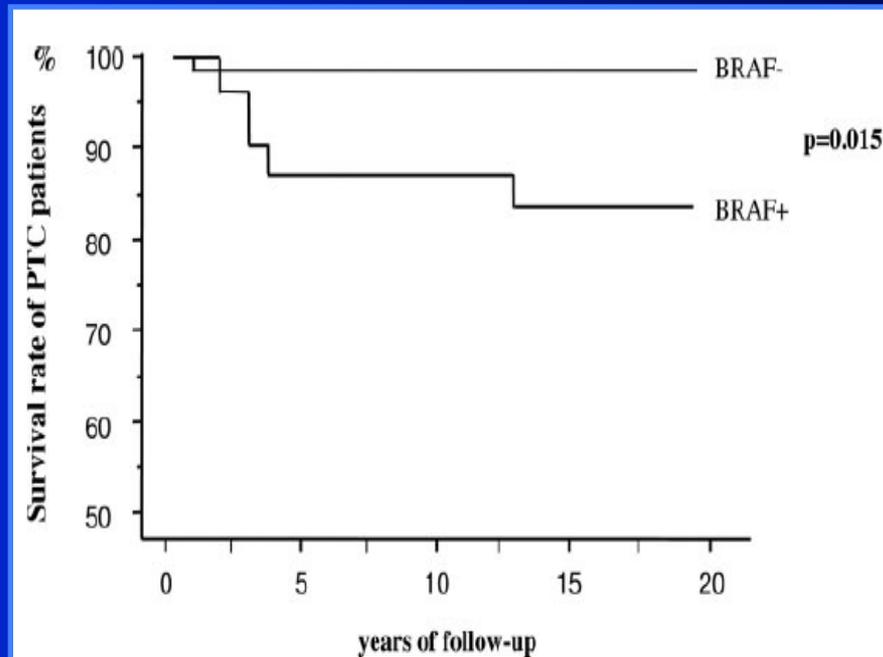
**significantly reduced disease-free probability  
in BRAF+ patients**

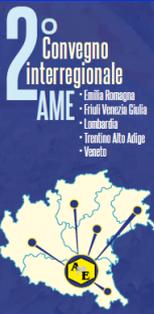


# BRAF: diagnostic and prognostic significance

BRAFV600E  
molecular test

significantly increased mortality  
in BRAF+ patients



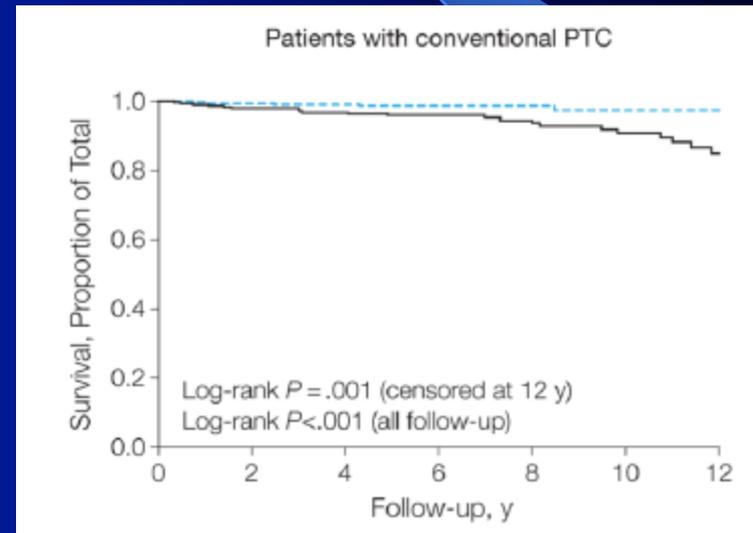
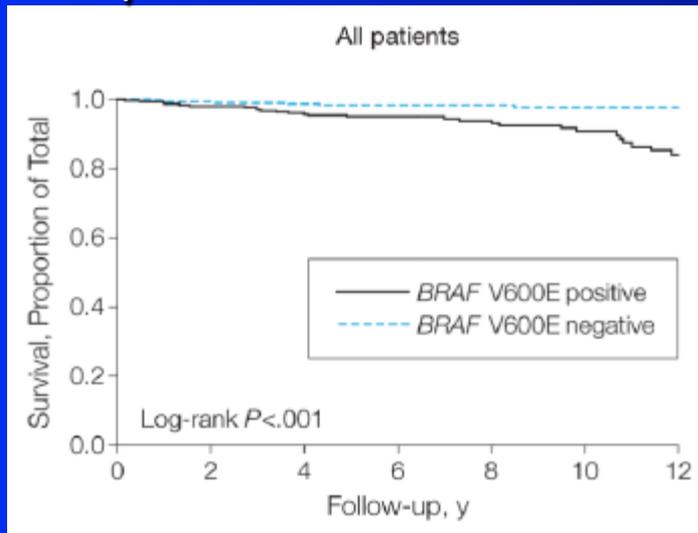


# BRAF: diagnostic and prognostic significance

## Association Between *BRAF* V600E Mutation and Mortality in Patients With Papillary Thyroid Cancer

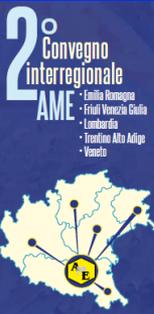
*JAMA*. 2013 April 10; 309(14): 1493–1501. doi:10.1001/jama.2013.3190.

1849 patients



Greater mortality in BRAF+ (5.3%) vs BRAF- (1.1%) patients

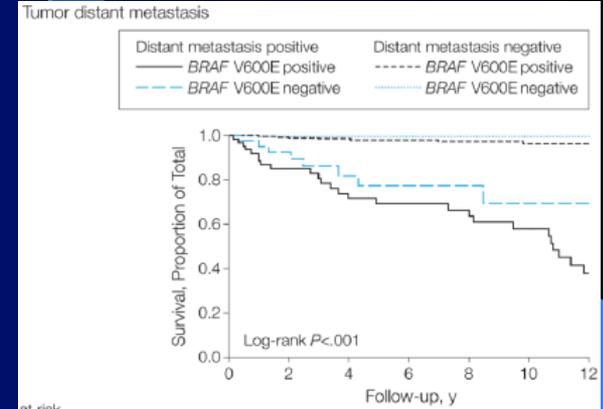
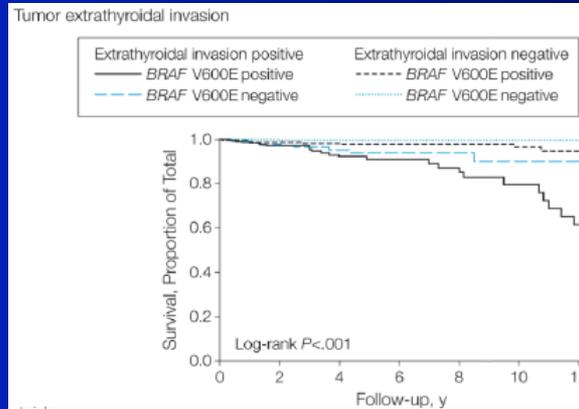
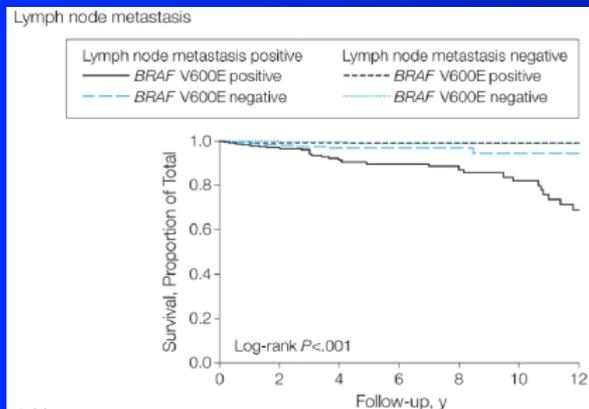




# BRAF: diagnostic and prognostic significance

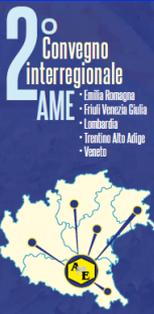
## Association Between *BRAF* V600E Mutation and Mortality in Patients With Papillary Thyroid Cancer

*JAMA*. 2013 April 10; 309(14): 1493–1501. doi:10.1001/jama.2013.3190.



“When lymph node metastasis, extrathyroidal invasion, and distant metastasis were also included in the model, the association of *BRAF* V600E with mortality for all PTC was no longer significant”





# BRAF: diagnostic and prognostic significance

## Association Between *BRAF* V600E Mutation and Mortality in Patients With Papillary Thyroid Cancer

*JAMA*. 2013 April 10; 309(14): 1493–1501. doi:10.1001/jama.2013.3190.

A higher BRAF V600E-associated patient mortality was observed in several clinicopathological subcategories, but statistical significance was lost with adjustment for patient age, sex, and medical center.





# BRAF: diagnostic and prognostic significance

## CONCLUSION -2

BRAF status may predict patients outcome

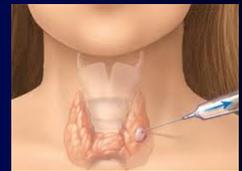


# BRAF: diagnostic and prognostic significance

- any surgical relevance ?



# BRAF: diagnostic and prognostic significance



**BRAFV600E molecular test**

→ surgical strategy

- lobectomy
- total thyroidectomy

lymph node dissection      no dissection

**better staging**

**High prognostic impact**

- extrathyroidal invasion
- lymph node metastasis
- local neck recurrence
- PTC recurrence
- complications

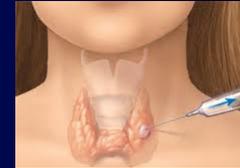
**what lymphnode dissection?**

Xing Endocrine Reviews 2007; 28: 742



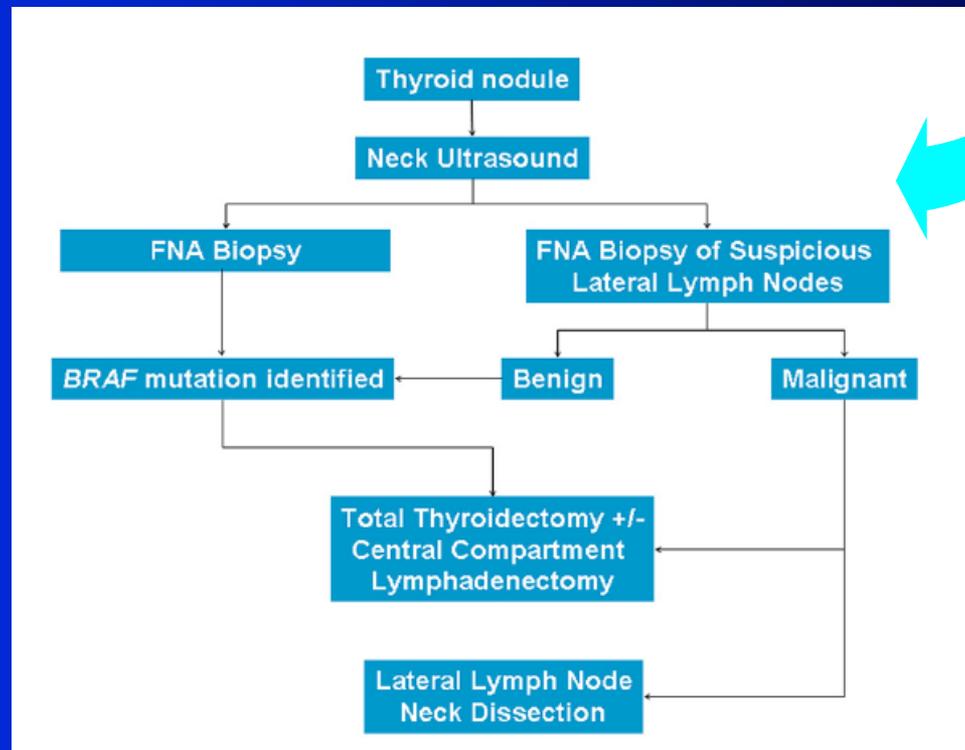
# BRAF: diagnostic and prognostic significance

**BRAFV600E  
 molecular test**



**PREDICTOR OF LYMPHNODE METASTASES**

Indication for sentinel lymphnode





# BRAF: diagnostic and prognostic significance

## CONCLUSION -3

BRAF V600E may influence surgical approach

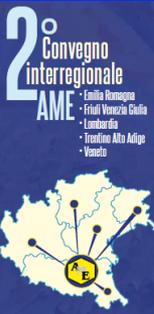


# BRAF: diagnostic and prognostic significance

**BRAFV600E  
molecular test**

May address patients with  
persistent/recurrent disease  
to therapy with  
BRAF-specific inhibitors



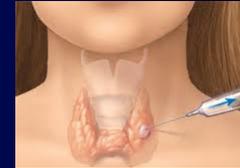


# BRAF: diagnostic and prognostic significance

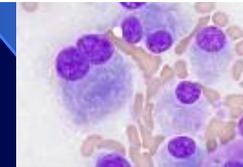
**THEREFORE**

**BRAFV600E  
molecular test**

- ✓ increases cytology diagnostic sensitivity for PTC
- ✓ may predict patients outcome
- ✓ influences surgical approach
- ✓ allows detection of minimal disease metastatic to cervical lymph nodes



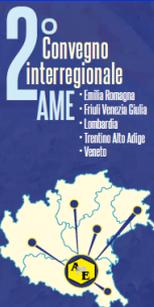
**FNAB material**



Xing et al. 2004 J Clin Endocrinol Metab 89:2867  
Cohen et al. 2004 Clin Cancer Res 10:2761  
Domingues et al. 2005 Cytopathology 16:27  
Zatelli et al 2009 J Clin Endocrinol Metab  
Nikiforov et al. 2009 J Clin Endocrinol Metab 94:2092  
Rossi et al 2012 Clin Endocrinol Metab  
Kim et al. 2006 Ann Surg 244:799

Kim et al. 2006 Clin Endocrinol 65:364  
Xing 2007 Endocr Rev 28:742  
Nikiforova et al 2008 Expert Rev Mol Diagn 8:83  
Riesco-Eizaguirre et al. 2006. Endocr Rel Cancer 13:257  
Xing et al. 2005 J Clin Endocrinol Metab 90:6373  
Mojica et al 2006 Endocr Pathol 17:183



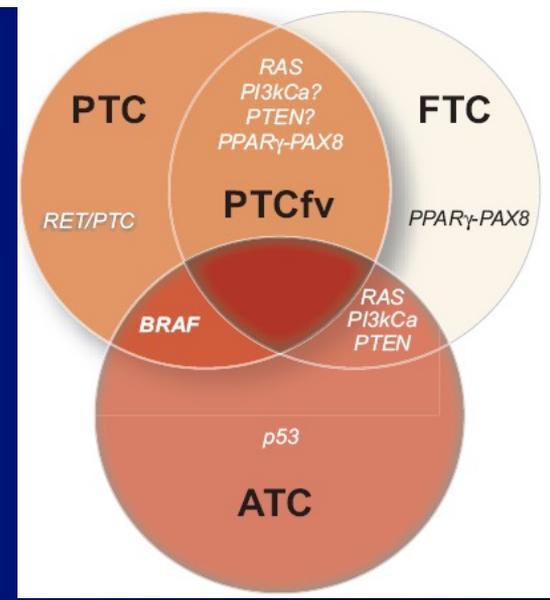


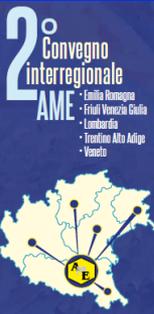
# BRAF: diagnostic and prognostic significance

	BRAF	RET/PTC	RAS	PI3KCa*	PTEN	PPAR $\gamma$ /PAX8
PTC	29–83%	2.5–59%**	–	–	–	–
PTCfv	–	–	5–15%	15%	2%	37.5%
FTC	–	–	7–62%	8–42%	6–7%	36–45%
FA	–	14%	9–11%	8–23%	–	4–33%
ATC/PDC	10–35%	–	50–55%	54%	16%	–
Extrathyroid extension	Yes	No	–	–	–	–
Increased recurrence risk	Yes	No	–	–	–	–
Poor survival	?	No	Yes	–	–	–

Riesco-Eizaguirre et al. Clin Transl Oncol 2007; 9:686

molecular biology can help





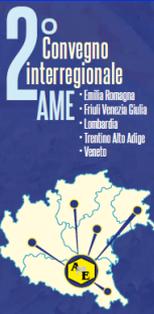
# BRAF: diagnostic and prognostic significance

**BUT**

Molecular testing  
is not sufficient  
to detect all malignant cases

Nikiforova et al. Exp Rev Mol Diagn 2008, 8: 83





# BRAF: diagnostic and prognostic significance

...in realtà...



Analisi	Utilità			Erogabilità SSR
	diagnostica	prognostica	predittiva	
BRAF (V600E)	<b>POSITIVA FORTE</b>	<b>POSITIVA FORTE</b>	NEGATIVA DEBOLE	SI (condizionata)

Per la diagnosi di neoplasia maligna contestualmente al primo FNA in noduli con forte sospetto clinico-US (es . ipoecogenicità, margini sfumati, microcalcificazioni) e/o sospetto/dubbio citologico di carcinoma. Pazienti con BRAFV600E avrebbero prognosi peggiore.



# THANKS

Section of Endocrinology  
Dept. of Medical Sciences  
University of Ferrara  
Ettore degli Uberti

