

Complicanze cardiache dell' ipertiroidismo

gestione nei diversi setting assistenziali

perché?

setting assistenziali

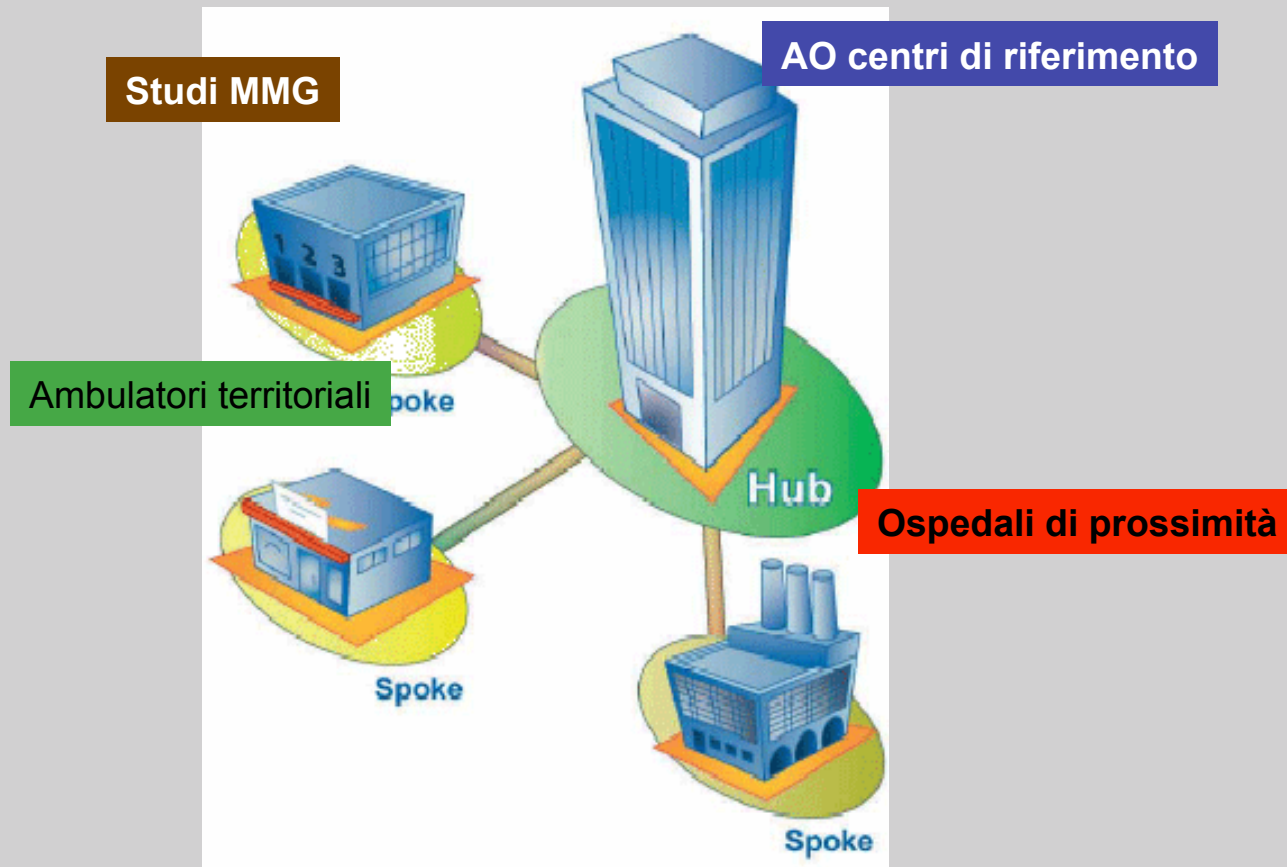
- Ambulatorio MMG
- Ambulatorio specialistico territoriale
- Ambulatorio specialistico ospedaliero
- Day Service
- Day Hospital
- Ricovero ordinario specialistico (“a gestione diretta”)
- Ricovero ordinario interspecialistico (“consulenza”)



INTEGRAZIONE fra le SPECIALIZZAZIONI

La medicina del futuro

RETI INTEGRATE DI SERVIZI
a varia complessità strutturale ed organizzativa



L'OSPEDALE BASATO SUL MODELLO PER “intensità di cura”



COMPETENZA E INTEGRAZIONE DEI PROFESSIONISTI

Area Funzionale = livello ottimale per **principali funzioni gestionali**
(gestione Letti o “bed management”, gestione risorse),

Responsabile di Area
Infermiere Coordinatore di Area.

Unità operative = **funzioni di linea professionale**

(garanzia e sviluppo delle competenze cliniche, presidio dei percorsi e di una pratica evidence-based).

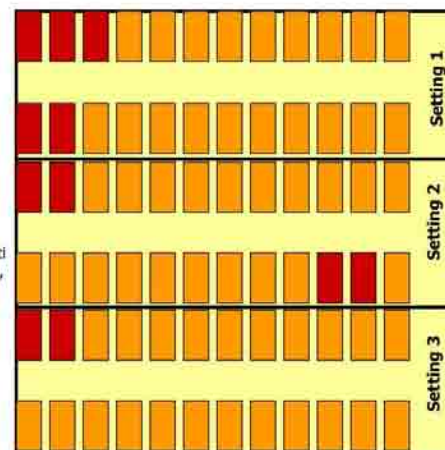
Direttore UO
Coordinatore infermieristico



Direttore UO

-“Professionale”
-Qualità
-Competenze

La UO ha un numero di letti
come riferimento, flessibile,
distribuiti tra i vari setting.



**Infermiere
Coordinatore di
Setting**
- + assistenzial



Resp.Area
-“Gestionale”
-Integrazione



Inf.Coord.Area
-gestionale
-risorse, letti

Area funzionale

“integrazione
é
comunicazione
efficace”

COMMENTARY

JAMA, March 16, 2011—Vol 305, No. 11

Physician Communication in the 21st Century To Talk or to Text?

Leora I. Horwitz, MD

Allan S. Detsky, MD, PhD



Rispetto del punto di vista dell'altro

cosa?



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Cardiovascular effects of hyperthyroidism

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- **Fast heart rate (tachycardia)** is a common cause of an increased heart rate at rest. The diagnosis of Inappropriate Sinus Tachycardia is made when other arrhythmias such as PVCs, ventricular tachycardia, or patient with atrial fibrillation and no clear cause are excluded.
- **Systolic hypertension.** The forceful contraction of the vessels reduces the diastolic blood pressure.
- **Heart failure.** Hyperthyroidism itself can cause heart failure. If it is present, worsening of heart failure with treatment.
- **Angina and worsening of angina** can occur especially in women; this appears to be due to worsening in symptoms with hyperthyroidism.
- **Pulmonary hypertension** is a complication of hyperthyroidism. Pulmonary artery pressure is elevated and reverse with treatment of the hyperthyroidism. The resistance observed in the systemic circulation is also increased.

IPERTIROIDISMO

e

•Tachiaritmia

•Angina

•Ipertensione polmonare

1. Occult hyperthyroidism is a common cause of tachycardia. It should be ruled out with blood tests before making the diagnosis. Hyperthyroidism can also produce a host of other cardiovascular effects. It is important to rule out hyperthyroidism in a patient with tachycardia.

The increased relaxation in the blood vessels leads to a decrease in diastolic blood pressure.

On the other hand, if pre-existing heart disease is present, tachycardia can worsen the condition.

Angina myocardial ischemia, which can occur in patients with pre-existing coronary artery disease often experience a marked increase in symptoms when they have a heart attack.

Increasing frequency in patients with overt hyperthyroidism. The systolic blood pressure may be as high as 30 to 50 mmHg. These changes are accompanied by a concomitant decline in pulmonary vascular resistance.

chi?



Roma,
9-11 novembre 2012



- **Cappelli**
- **De Biase**
- **Deandrea**
- **Limone**
- **Piantoni**
- **Tiratterra**
- **Triggiani**

come?

- **Presentazione delle sessione 5 min–
Giammarco**

- **I parte - 40 min (tolleranza fino a 45)
Endocrinologo e Cardiologo: ipertiroidismo e
aritmia**

Conduce L. Piantoni

Discussants: M. Deandrea, L. De Biase

- **II parte - 50 min (tolleranza fino a 55)
Endocrinologo e Cardiologo: ipertiroidismo e
dolore toracico**

Conduce V. Giammarco -

V. Triggiani - relazione introduttiva - 10 min

Discussants: C. Cappelli, F. Tiratterra

Take-home messages P. Limone

10 min (tolleranza fino 15 min)

“standard” & “assolo”



MY FUNNY VALENTINE

1

Lyrics by LORENZ HART
Music by RICHARD RODGERS



way our



G7b9



rit.

p

a tempo