





17° Congresso Nazionale AME Joint Meeting with AACE Italian Chapter

Update in Endocrinologia Clinica

ROMA 8 - 11 novembre 2018

## Sabato 10 Novembre 2018 Simposio

## Infertilità maschile su base metabolica

## Farmaci di interesse diabetologico e ricadute sulla funzione riproduttiva maschile

#### Silvio Settembrini



Servizio di Endocrinologia Diabetologia e Malattie Metaboliche - DS 26

Unità di Nefro - Diabetologia - UOC di Nefrologia e Dialisi

Ospedale dei Pellegrini - Napoli



## LE TERAPIE FARMACOLOGICHE DELL'INFERTILITÀ MASCHILE

## ame flash

nr. 19 - settembre 2018

Responsabile Editoriale Renato Cozzi

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## LE TERAPIE FARMACOLOGICHE DELL'INFERTILITÀ MASCHILE

## LIMITI, DUBBI E PERPLESSITÀ

La terapia dell'infertilità maschile rappresenta un'area calda della ricerca in ambito andrologico.





## LE TERAPIE FARMACOLOGICHE DELL'INFERTILITÀ MASCHILE

Le terapie farmacologiche dell'infertilità maschile sono in larga misura dipendenti dall'ezio-patogenesi





## LE TERAPIE FARMACOLOGICHE DELL'INFERTILITÀ MASCHILE

È essenziale ricordare che lo scopo ultimo di un qualsiasi trattamento per l'infertilità maschile consiste nell'aumento del tasso di gravidanze o delle nascite. Un miglioramento nei parametri seminali, seppure di notevole entità , non si traduce automaticamente in un risultato "clinico": nei soggetti affetti da azoospermia, un risultato anche di minima entità può consentire alla coppia di considerare il ricorso alla PMA; in un uomo con buoni parametri seminali, un ulteriore miglioramento può non portare a nessun giovamento a fronte di costi non trascurabili.





## LE TERAPIE FARMACOLOGICHE DELL'INFERTILITÀ MASCHILE

## TERAPIE OFF-LABEL: \*

Dei numerosi farmaci proposti e sperimentati nel trattamento dell'infertilità maschile, nessuno, al di là delle gonadotropine, ha ottenuto l'approvazione per l'uso nella pratica clinica quotidiana.



Clomifene citrato Tamoxifene Anastrazolo





## LE TERAPIE FARMACOLOGICHE DELL'INFERTILITÀ MASCHILE

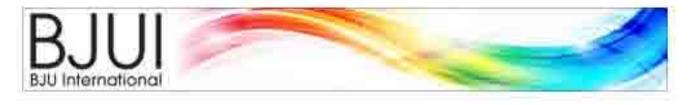
## **TERAPIE EMPIRICHE:**

I prodotti nutraceutici trovano sempre più spazio nel trattamento dell'infertilità maschile, sebbene siano carenti le evidenze scientifiche a sostegno di una loro reale efficacia.

Carnitina, Catalasi, Selenio, N-acetil-cisteina,
Coenzima Q10, SuperOssido-Dismutasi, Vitamine C - E



Responsabile Editoriale Renato Cozzi



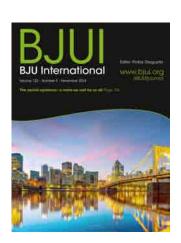
Original Article

## Undiagnosed prediabetes is highly prevalent in primary infertile men – results from a cross-sectional study

Luca Boeri, Paolo Capogrosso, Eugenio Ventimiglia, Filippo Pederzoli, Nicola Frego, Walter Cazzaniga, Francesco Chierigo, Massimo Alfano, Lorenzo Piemonti, Paola Viganò, ... See all authors V

First published: 16 October 2018 | https://doi.org/10.1111/bju.14558

#### **Conclusions**

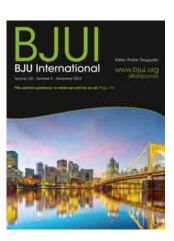


About 15% of primary infertile men had criteria suggestive of undiagnosed PreDM. A PreDM status was associated with a greater risk of hypogonadism, higher DFI values and iNOA status. Age, FSH values and iNOA status could be considered as useful parameters to recognise men with PreDM and implement early preventive interventions in those men at risk of the consequences from poor glycaemic control.



Original Article

Undiagnosed prediabetes is highly prevalent in primary infertile men – results from a cross-sectional study



#### **Abstract**

#### Objective

To study the prevalence and the risk associated with prediabetes (PreDM) in primary infertile men.

#### Patients and methods

Data from 744 infertile men were analysed. Health-significant comorbidities were scored with the Charlson Comorbidity Index (CCI). Serum hormones were measured in every man. Semen analysis was based on 2010 World Health Organization (WHO) reference criteria. PreDM was defined according to the clinical criteria detailed by the American Diabetes Association (*Diabetes Care* 2014; 37 (Suppl. 1): S81). Descriptive statistics and logistic regression analyses tested the association between PreDM status, hormonal milieu and seminal parameters. The predictive accuracy of all variables was evaluated using the area under the curve, and the clinical net benefit estimated by decision curve analysis (DCA).

#### Results

Of the 744 men, PreDM was found in 114 (15.4%). Men with PreDM (+PreDM) were older, had higher CCI scores, lower total testosterone and sex hormone-binding globulin but higher follicle-stimulating hormone (FSH) and 17 $\beta$ -oestradiol values compared to those without PreDM (-PreDM) (all  $P \le 0.04$ ). Higher sperm DNA fragmentation index (DFI; P = 0.014) and idiopathic non-obstructive azoospermia (iNOA; P < 0.001) were found more frequently in +PreDM men. At multivariable logistic regression analysis, older age, FSH and iNOA (all  $P \le 0.04$ ) were significantly associated with +PreDM status. DCA demonstrated a clinical net benefit in discriminating men at higher risk of a +PreDM status.

#### Conclusions

About 15% of primary infertile men had criteria suggestive of undiagnosed PreDM. A PreDM status was associated with a greater risk of hypogonadism, higher DFI values and iNOA status. Age, FSH values and iNOA status could be considered as useful parameters to recognise men with PreDM and implement early preventive interventions in those men at risk of the consequences from poor glycaemic control.

## Personalizzazione della terapia???

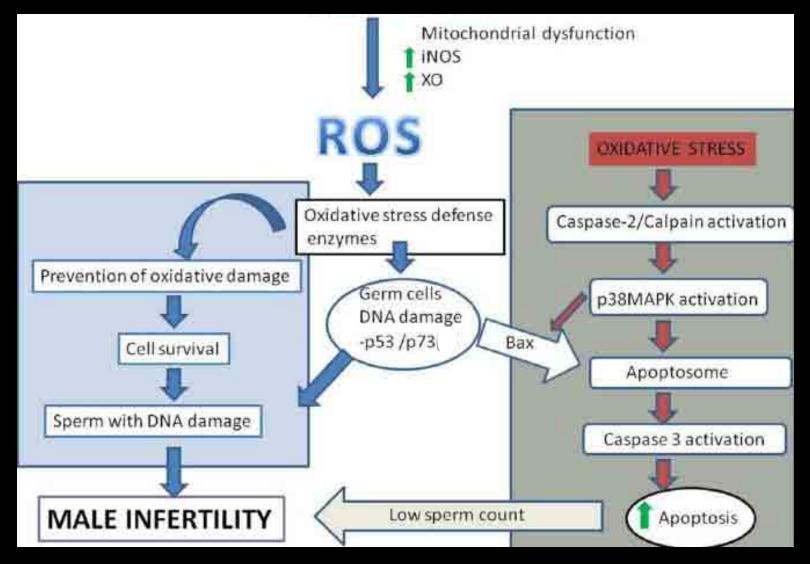
Ogni persona è unica

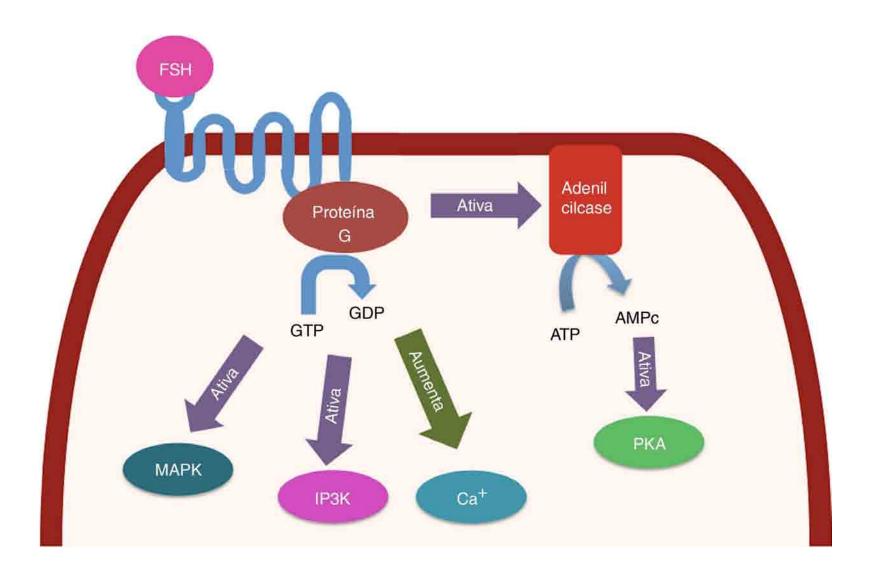


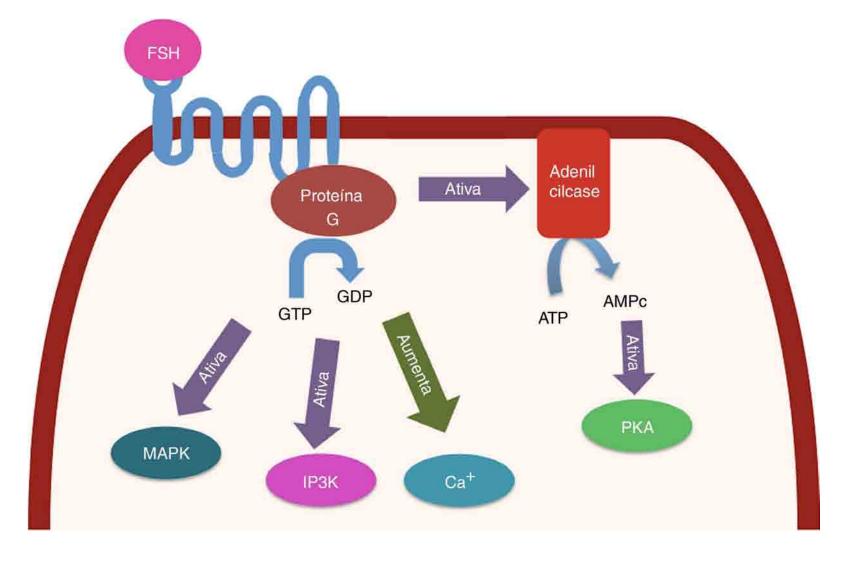
Ogni percorso è differente



## **GLUCO - TOXICITY**







FSH mimicking effects?

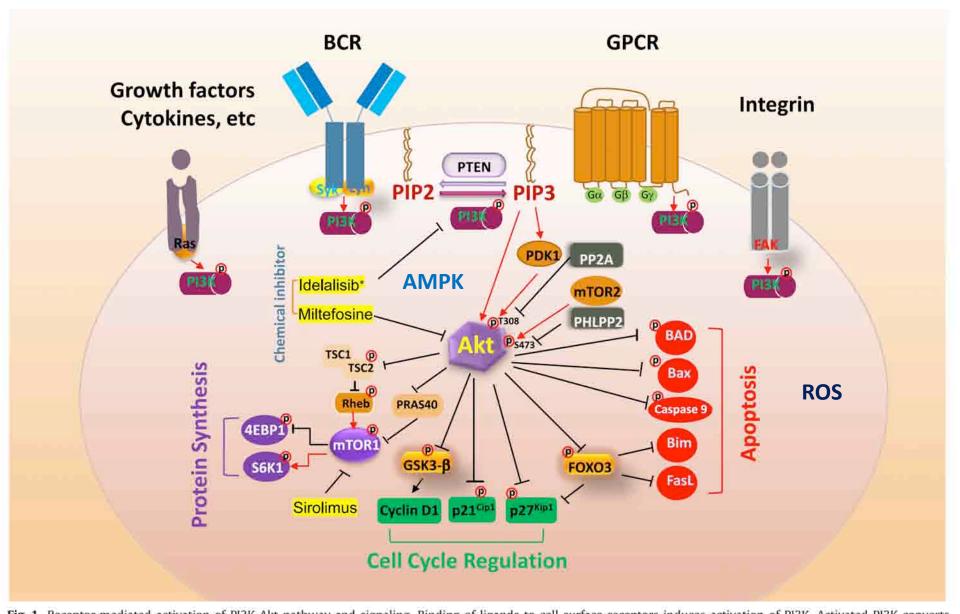
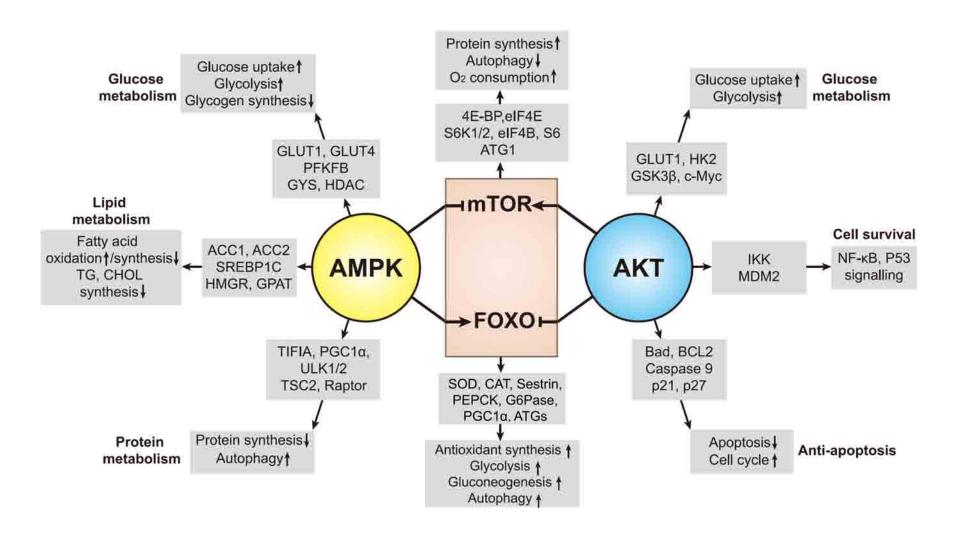
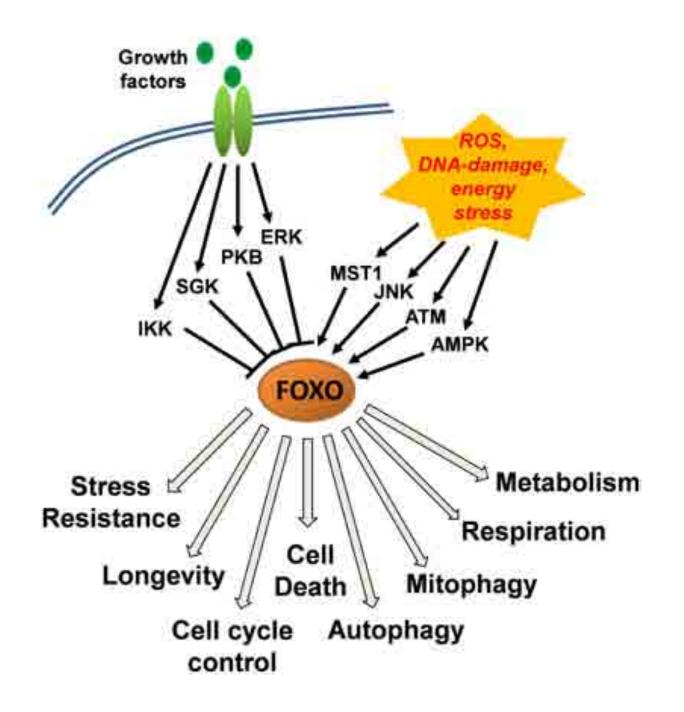
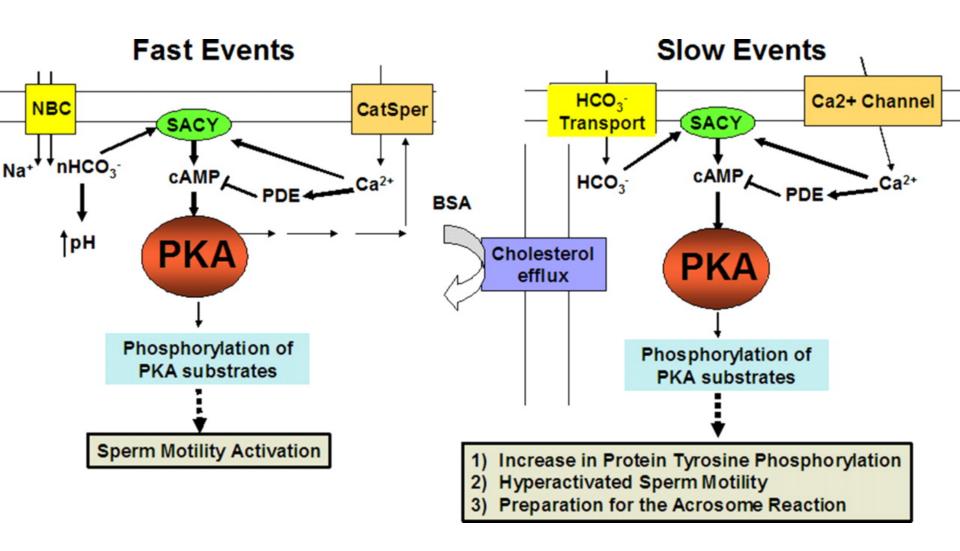


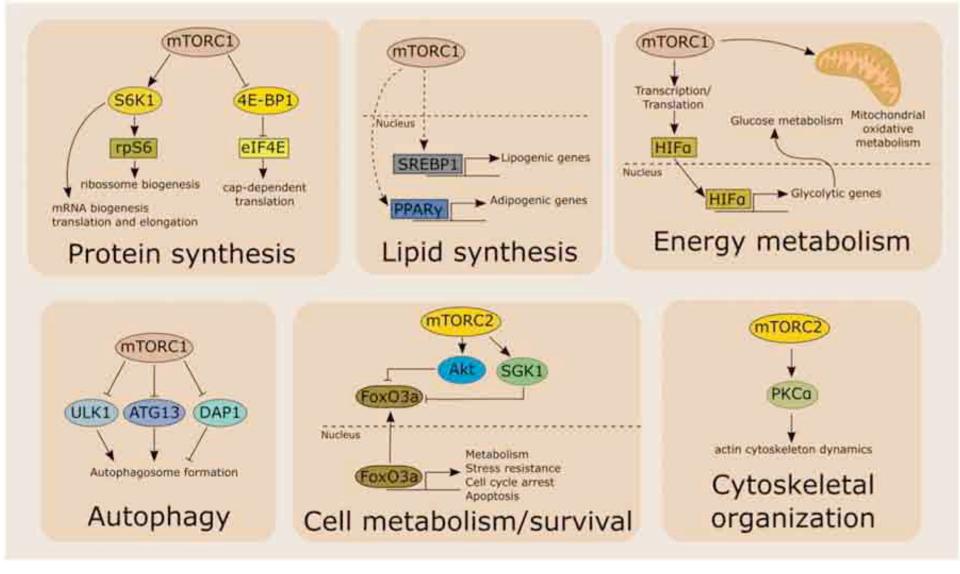
Fig. 1. Receptor-mediated activation of PI3K-Akt pathway and signaling. Binding of ligands to cell surface receptors induces activation of PI3K. Activated PI3K converts membrane-bound PIP2 to PIP3. PTEN dephosphorylates PIP3 to form PIP2. PIP3 recruits PDK1 and Akt to the plasma membrane, resulting in Akt phosphorylation by PDK1. Akt can be dephosphorylated by PP2A and PHLPP2. Activated Akt (a) stimulates protein synthesis by phosphorylation of mTOR inhibitor TSC2, leading to mTOR1 activation, and phosphorylation of 4EBP1 (an inhibitor of translation) and S6K1, (b) stimulates cell cycle progression by phosphorylation of cell cycle inhibitors p21<sup>Cip1</sup> and p27<sup>Kip1</sup> for their degradation, and phosphorylation and inactivation of transcriptional factors GSK-3β and FOXO3, leading to increased cyclin D1 and reduced p27<sup>Kip1</sup> expression, and (c) inhibits apoptosis by phosphorylation and inactivation of proapoptotic proteins BAD, Bax, caspase 9, and transcriptional factor FOXO3 to reduce Bim and FasL expression. indicates that idelalisib blocks PI3Kδ only.



**Fig. 2** Cross effects of AMPK and AKT on the cellular metabolism and redox state: The targeted proteins regulated by AMPK and AKT and their regulatory effects are depicted, AMPK is a key player in response to metabolic stress by regulating the metabolism of glucose, lipid and protein. AMPK promotes glucose uptake and glycolysis, facilitating antioxidant production. AMPK also stimulates fatty acid oxidation and limits the fatty acid synthesis. mTOR and FOXO are two main downstream effectors of AMPK. AMPK inhibits mTOR activity, which induces protein synthesis inhibition and autophagy activation. AMPK also promotes FOXO activity to maintain the redox balance through enhanced antioxidant production and glucose metabolism. On the other side, AKT exerts antagonistic effect to regulate mTOR and FOXO activity. AKT stimulates mTOR signaling to promote glucose metabolism and protein synthesis, leading to increased ROS production. Meanwhile, it inhibits FOXO activity and renders cells susceptible to ROS toxicity

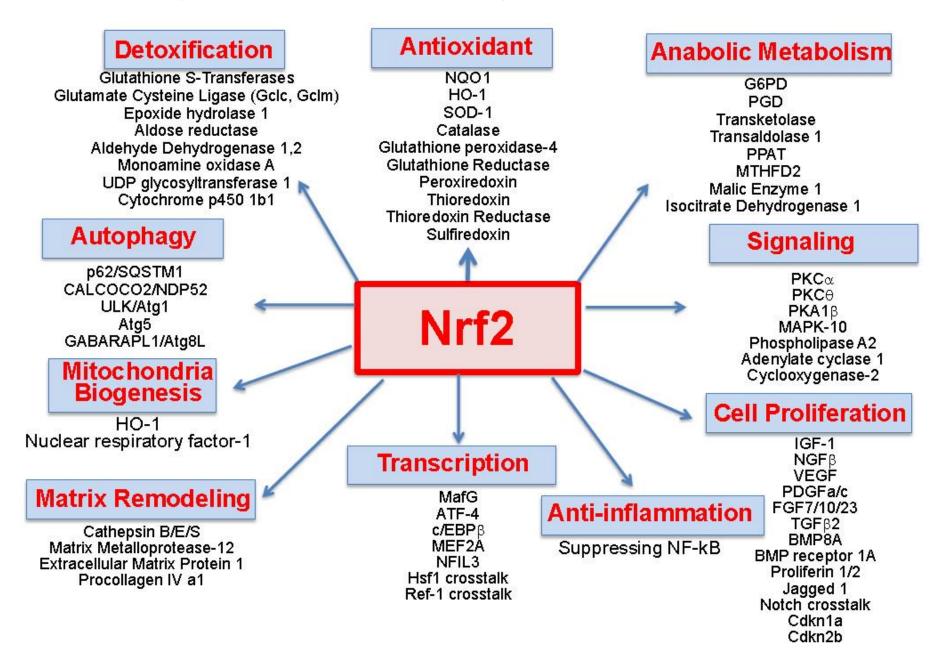






La mTOR, complesso 1, è una protein-chinasi che fosforila serina e treonina, che regola la crescita, la proliferazione, la motilità e la sopravvivenza delle cellule, la sintesi proteica e la trascrizione

#### **Transcription factor nuclear factor-erythroid 2-related factor 2 (NRF2)**



## AACE/ACE Comprehensive Type 2 Diabetes Management Algorithm



#### TASK FORCE

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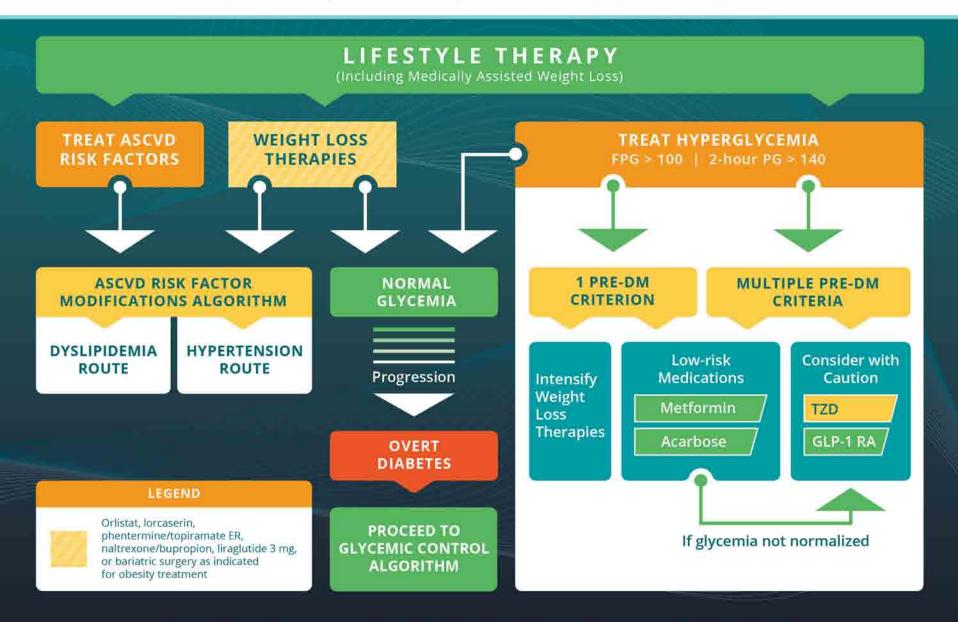
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### **Prediabetes Algorithm**





IFG (100-125) | IGT (140-199) | METABOLIC SYNDROME (NCEP 2001)



## Glycemic Control Algorithm





INDIVIDUALIZE For patients without concurrent serious For patients with concurrent serious A1C ≤ 6.5% A1C > 6.5% GOALS illness and at low hypoglycemic risk illness and at risk for hypoglycemia LIFESTYLE THERAPY (Including Medically Assisted Weight Loss) Entry A1C < 7.5% **Entry A1C ≥ 7.5%** Entry A1C > 9.0% MONOTHERAPY\* SYMPTOMS **DUAL THERAPY\*** NO YES Metformin TRIPLE THERAPY\* GLP-1 RA GLP-1 RA J GLP-1 RA DUAL INSULIN SGLT-2i SGLT-2i Therapy ✓ SGLT-2i DPP-4i Other DPP-4i MET OR MET Agents TZD TZD or other TZD or other 1st-line TRIPLE Basal insulin 1st-line Basal Insulin agent + AGi Therapy agent 2nd-line J DPP-4i ✓ Colesevelam agent SU/GLN Colesevelam Bromocriptine QR Bromocriptine QR AGi ADD OR INTENSIFY INSULIN ✓ AGi SU/GLN If not at goal in 3 months Refer to Insulin Algorithm proceed to Dual Therapy SU/GLN If not at goal in 3 months LEGEND proceed to \* Order of medications represents If not at goal in Triple Therapy Few adverse events and/or a suggested hierarchy of usage; 3 months proceed length of line reflects strength possible benefits to or intensify of recommendation insulin therapy Use with caution

PROGRESSION OF DISEASE

## REPRODUCTION

## Antidiabetic therapies and male reproductive function: where do we stand?

R S Tavares<sup>1,4</sup>, S Escada-Rebelo<sup>1,2</sup>, A F Silva<sup>1</sup>, M I Sousa<sup>1</sup>, J Ramalho-Santos<sup>1,3</sup> and S Amaral<sup>1,4</sup>

<sup>1</sup>Biology of Reproduction and Stem Cell Group, CNC-Center for Neuroscience and Cell Biology, University of Coimbra, Coimbra, Portugal, <sup>2</sup>PhD Programme in Experimental Biology and Biomedicine, CNC, Coimbra, Portugal, <sup>3</sup>Department of Life Sciences, University of Coimbra, Coimbra, Portugal and <sup>4</sup>Institute for Interdisciplinary Research, University of Coimbra, Coimbra, Portugal

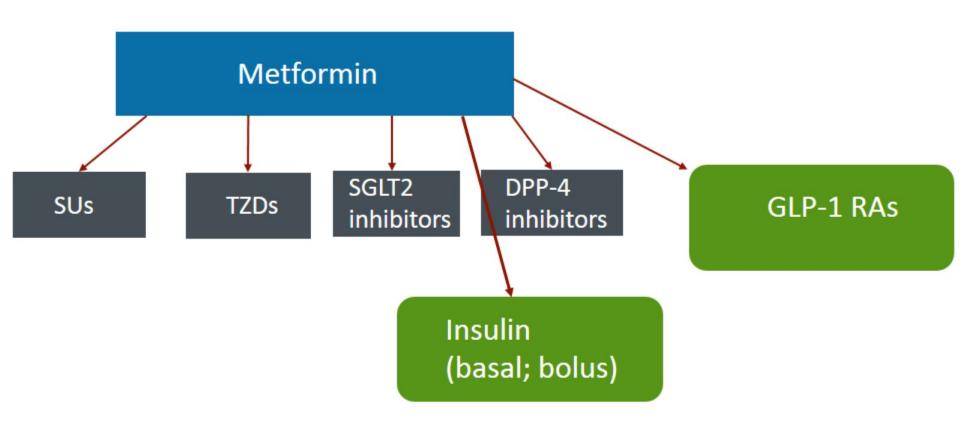




Society for Reproduction and Fertility

Reproduction (2018) **155** R13–R37

## **Commonly Prescribed Antihyperglycemics**





#### **Review Article**

# The Effect of Metformin on Reproduction—A Short Review

Winston Crasto\*, Pallavi Rao and Helena Gleeson

Department of Diabetes & Endocrinology, University Hospitals of Leicester NHS Trust Leicester, United Kingdom

J Endocrinol Diabetes Obes 2(2): 1038 (2014)

#### Abstract

Reproductive health is an important domain of women's health care and broadly encompasses conditions which impact fertility, conception or birth of a healthy infant. Although numerous factors or conditions are associated with infertility, polycystic ovary disease is a well recognised cause. In this regard, metformin which belongs to the biguanide group of drugs and is commonly used as first line treatment in type 2 diabetes has also been commonly employed in the management of infertile women with PCOS with beneficial results. This review examines the evidence base of the utility of metformin in PCOS on ovulation and reproductive outcomes and discusses its role in different aspects of management and in future research.

#### Impact of Metformin on Male Reproduction

Carolina Ferreira<sup>1,2</sup>, Mário Sousa<sup>1,3</sup>, Ana Rabaça<sup>1,4</sup>, Pedro F. Oliveira<sup>1,5</sup>, Marco G. Alves<sup>5</sup> and Rosália Sá<sup>1\*</sup>

<sup>1</sup>Department of Microscopy, Laboratory of Cell Biology, Institute of Biomedical Sciences Abel Salazar (ICBAS) and Unit for Multidisciplinary Research in Biomedicine (UMIB), University of Porto, Rua Jorge Viterbo Ferreira 228, 4050-313 Porto, Portugal; <sup>2</sup>University of Trás-os-Montes and Alto Douro (UTAD), Quinta de Prados, 5000-801 Vila Real, Portugal; <sup>3</sup>Centre for Reproductive Genetics Prof. Alberto Barros, Av. do Bessa 240, 1° Dto. Frente, 4100-009 Porto, Portugal; <sup>4</sup>Faculty of Medicine of University of Porto (FMUP), Al. Prof. Hernâni Monteiro, 4200-319 Porto, Portugal; <sup>5</sup>CICS-UBI, Health Sciences Research Centre, Faculty of Health Sciences, University of Beira Interior, Av. Infante D. Henrique, 6200-506 Covilhã, Portugal



Rosália Sá

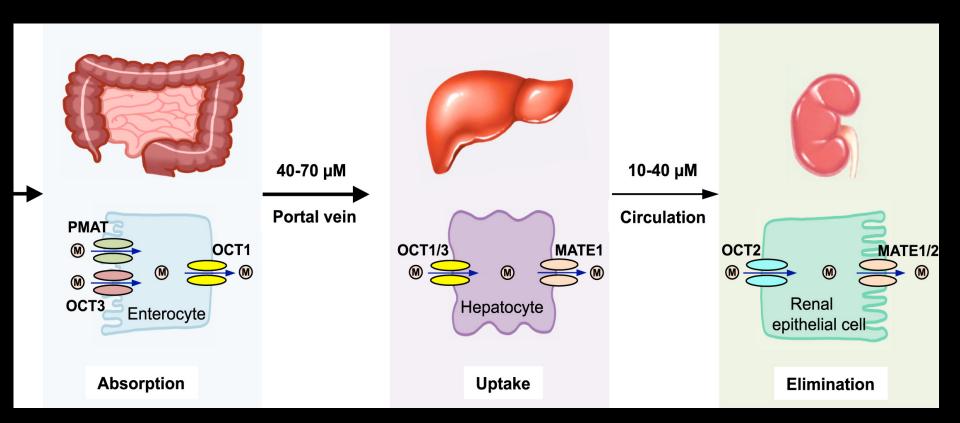
**Abstract:** Male infertility has been increasing over the last decades being nowadays a pressing health problem. Diabetes mellitus (DM) can contribute directly or indirectly to male infertility due to an abnormal spermatogenesis, which results in a decreased sperm quality. Type 2 Diabetes mellitus (T2DM) is responsible for the vast majority of

DM cases, being frequently treated with oral antidiabetic drugs. Metformin is the most cost-effective therapy for the treatment of T2DM. This biguanide is an oral insulin-sensitizing agent capable of increasing insulin sensitivity and decreasing plasma fasting insulin levels. The main metabolic action of this drug occurs in the liver. However, it has been shown that metformin acts on a variety of organs including the male reproductive system. With the rising numbers of diabetic individuals among younger populations, there is an increase in the consumption of metformin in individuals of this age group. As a result, it is important to discuss the role of metformin in male fertility. This review presents the most recent data available from studies on the effects of metformin on male reproductive system. Together with the discussion of these effects, their significance to male fertility is also debated.

## **Current Pharmaceutical Design**

Current Pharmaceutical Design, 2015, 21, 3621-3633





### **Transport of Metformin by:**

- OCT s 1 2 3 (organic cation transporters)
- PMAT (plasma membrane monoamine transporter)
- MATE s 1 − 2 (multidrugs and toxin extrusion antiporter)



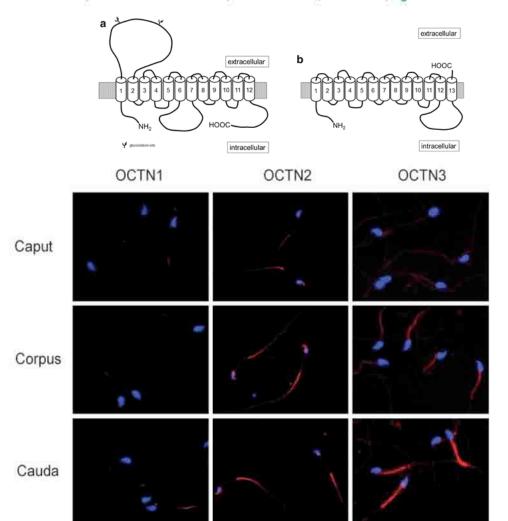
#### Biochemical and Biophysical Research Communications



Volume 306, Issue 1, 20 June 2003, Pages 121-128

#### Characterization of organic cation/carnitine transporter family in human sperm

Wanli Xuan \*, Anne-Marie Lamhonwah \*, Clifford Librach \*, Keith Jarvi \*, Ingrid Tein \* A 55





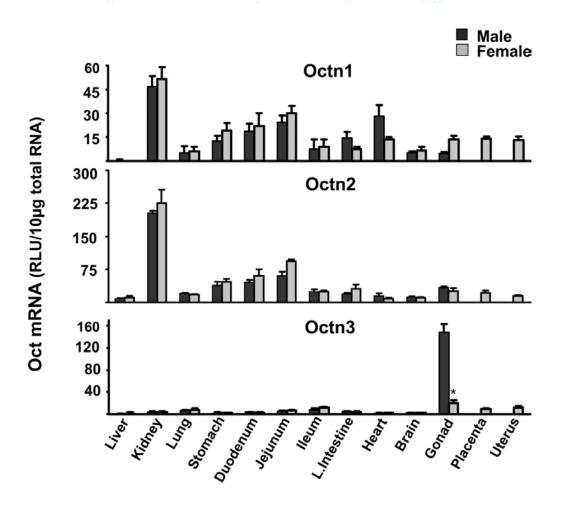
## Biochemical and Biophysical Research Communications

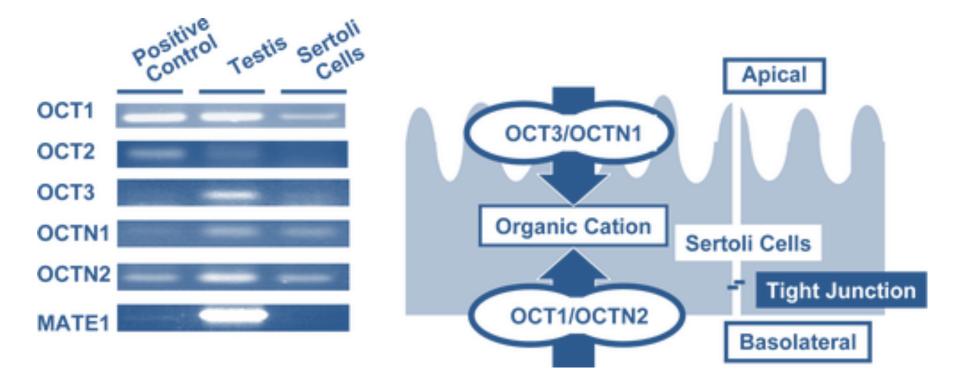


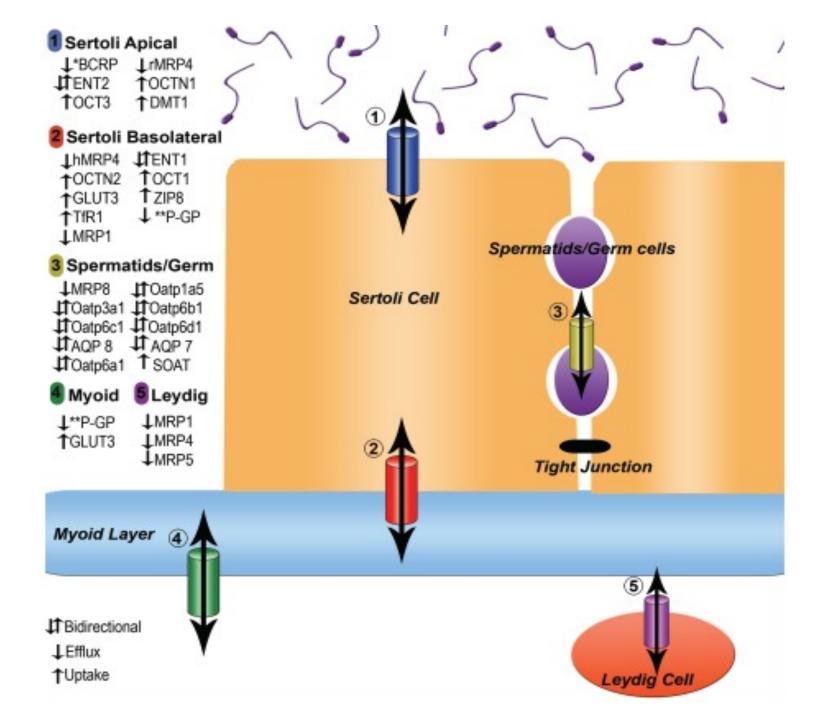
Volume 306, Issue 1, 20 June 2003, Pages 121-128

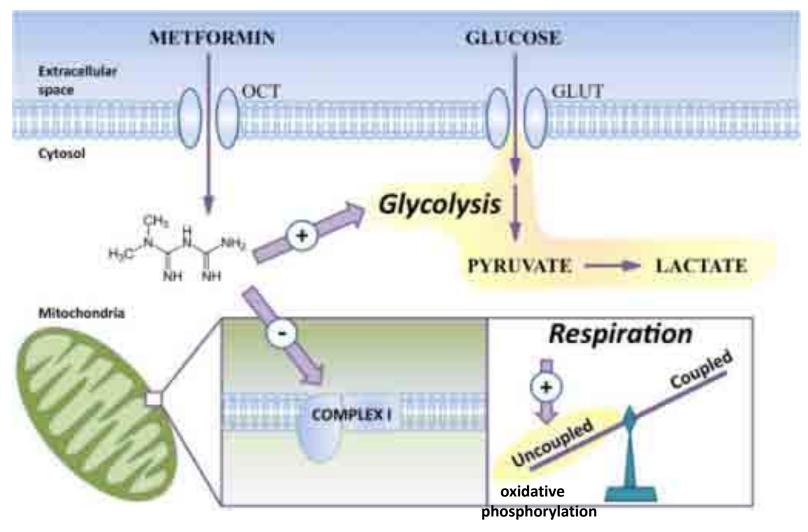
#### Characterization of organic cation/carnitine transporter family in human sperm

Wanli Xuan ., Anne-Marie Lamhonwah ., Clifford Librach ., Keith Jarvi ., Ingrid Tein . A A



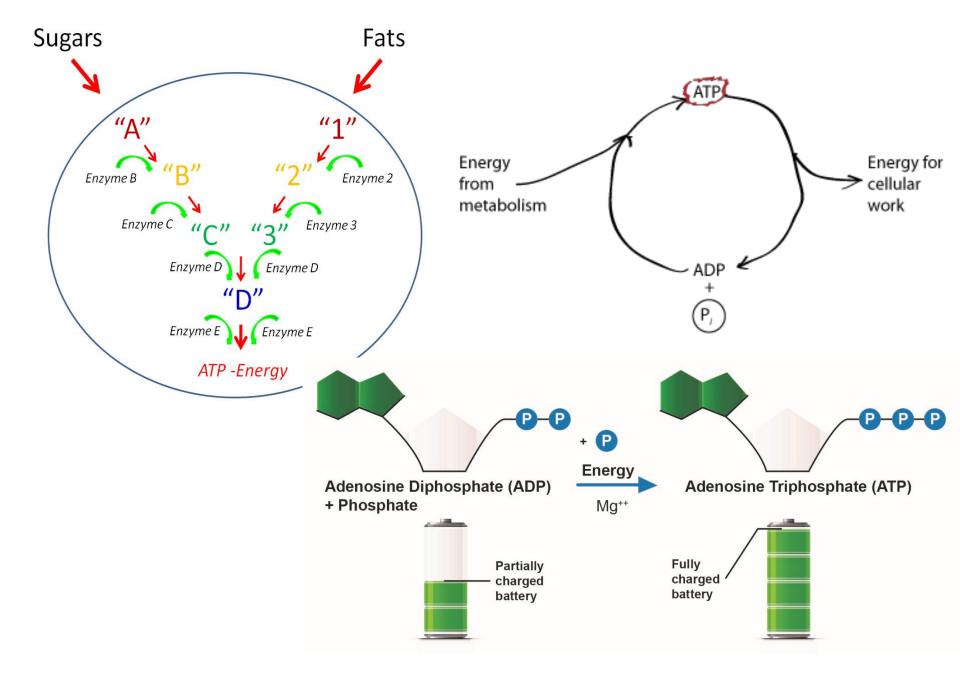


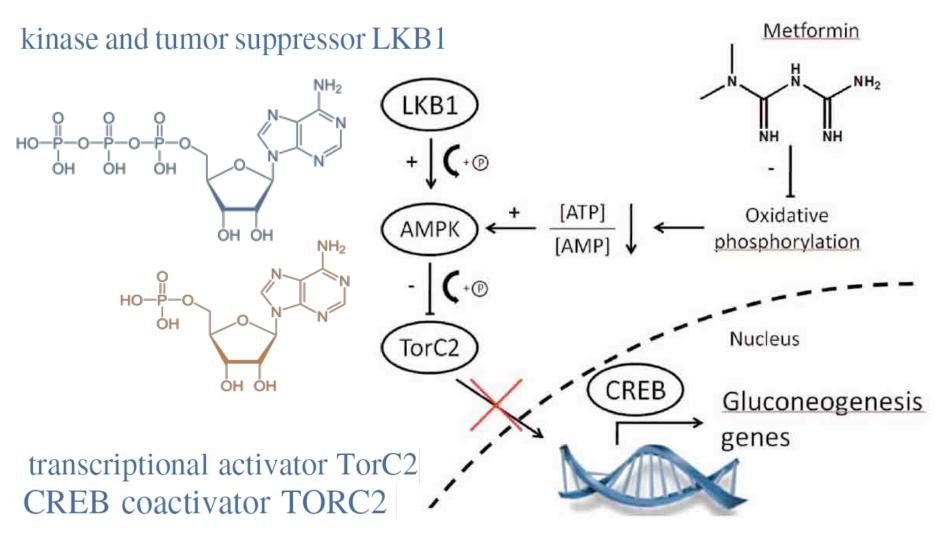




Metformin directly acts on mitochondria and shifts the balance between coupling and uncoupling reactions. Metformin is transported into cells through the OCT family of transporters, where it acts on mitochondria to inhibit complex I-dependent respiration and increase the proportion of uncoupled respiration. Cells respond by increasing glycolysis, ultimately leading to increased lactate production.

As a result, mitochondrial metabolism becomes energetically inefficient, and cells compensate for this limitation in ATP production by increasing aerobic glycolysis.

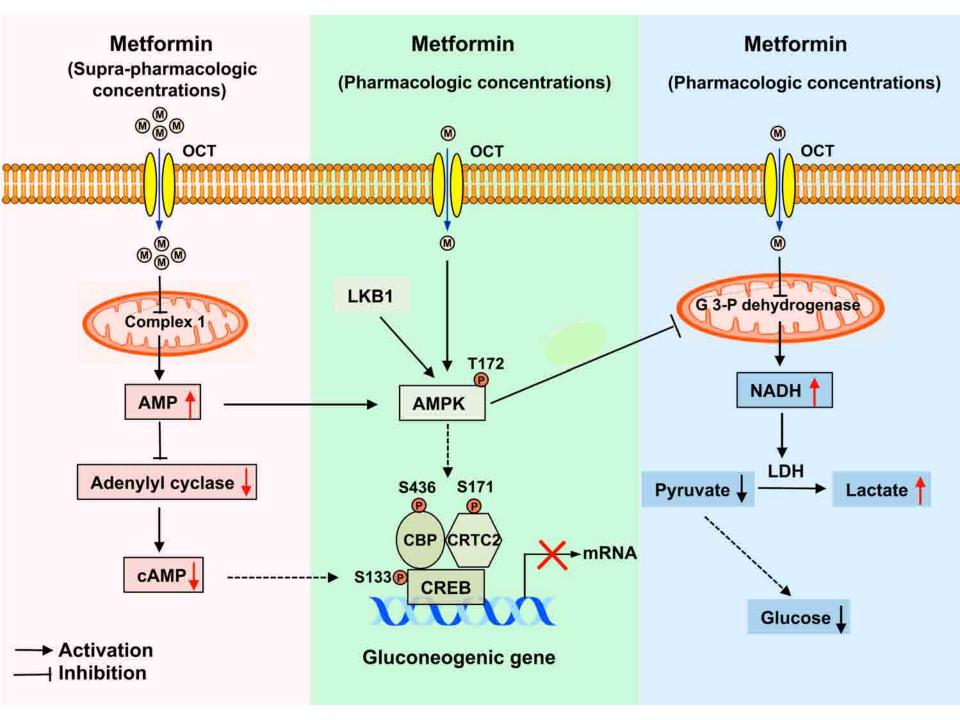




AMP-activated protein kinase (AMPK) is an energy sensor and master regulator of metabolism. AMPK functions as a fuel gauge monitoring systemic and cellular energy status. Activation of AMPK occurs when the intracellular AMP/ATP ratio increases and leads to a metabolic switch from anabolism to catabolism. Cytosolic ATP/ADP ratio is a key feature that determines if cell metabolism is predominantly oxidative or glycolytic. High cytosolic ATP/ADP generated by oxidative phosphorylation inhibits glycolysis.

### **METFORMIN**

Exercise, ischemia, temperature [ATP] ♦, [AMP] ↑ Producing more ATP Consuming less ATP **AMPK** kinase **AMPK** ATP-consuming pathways ATP-producing pathways Glycolysis Fatty acid synthesis **β-Oxidation** Cholesterol synthesis Glucose uptake Glycogen synthesis Protein synthesis





### RESEARCH PAPER

# Metformin and male reproduction: effects on Sertoli cell metabolism

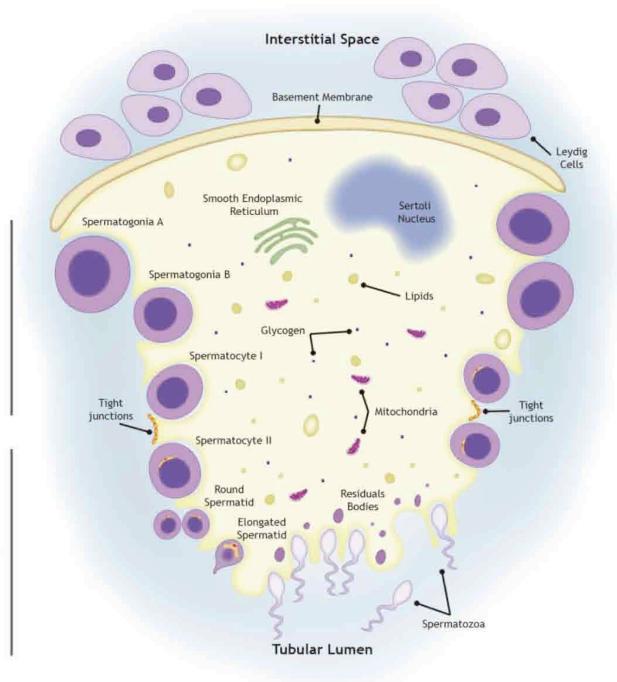
M G Alves<sup>1\*</sup>, A D Martins<sup>1\*</sup>, C V Vaz<sup>1</sup>, S Correia<sup>1</sup>, P I Moreira<sup>2</sup>, P F Oliveira<sup>1</sup> and S Socorro<sup>1</sup>

<sup>1</sup>CICS-UBI – Health Sciences Research Centre, University of Beira Interior, Covilhã, Portugal, and <sup>2</sup>CNC – Center for Neuroscience and Cell Biology, University of Coimbra & Laboratory of Physiology, Faculty of Medicine, University of Coimbra, Coimbra, Portugal

### Sertoli cell

Basal Compartment

Adluminal Compartment





### RESEARCH PAPER

# Metformin and male reproduction: effects on Sertoli cell metabolism

#### CONCLUSIONS AND IMPLICATIONS

Our results indicate that metformin: (i) decreases mRNA and protein levels of glycolysis-related transporters in SCs but increases their activity; and (ii) stimulates alanine production, which induces antioxidant activity and maintains the NADH/NAD+ equilibrium. The increased lactate in metformin-treated SCs provides nutritional support and has an anti-apoptotic effect in developing germ cells. Thus, metformin can be considered as a suitable antidiabetic drug for male patients of reproductive age with T2D.



Int. J. Mol. Sci. 2018, 19, 3293;



Review

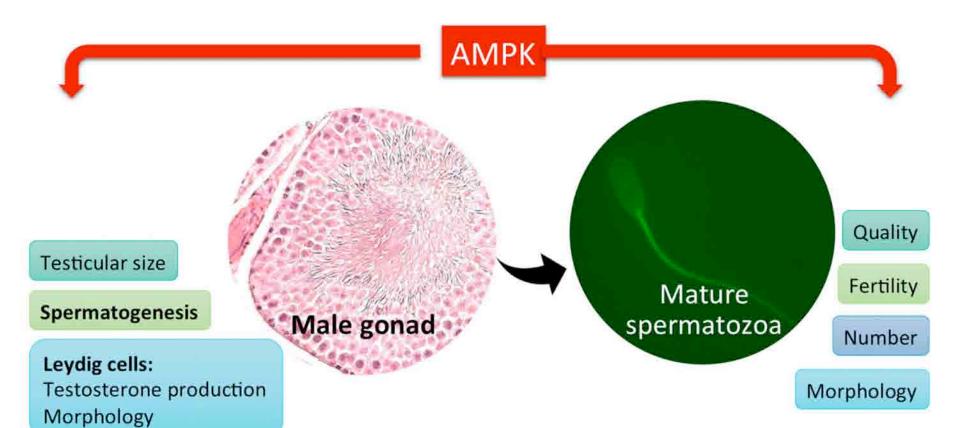
## AMPK Function in Mammalian Spermatozoa

David Martin-Hidalgo <sup>1,2,†</sup>, Ana Hurtado de Llera <sup>1,3,†</sup>, Violeta Calle-Guisado <sup>1</sup>, Lauro Gonzalez-Fernandez <sup>1</sup>, Luis Garcia-Marin <sup>1</sup> and M. Julia Bragado <sup>1,\*</sup>

Research Group of Intracellular Signaling and Technology of Reproduction (SINTREP),
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## International Journal of Molecular Sciences



#### Sertoli cells:

Number / Survival / Proliferation

Function

Metabolism (Lactate production, glucose transport...)

Morphology

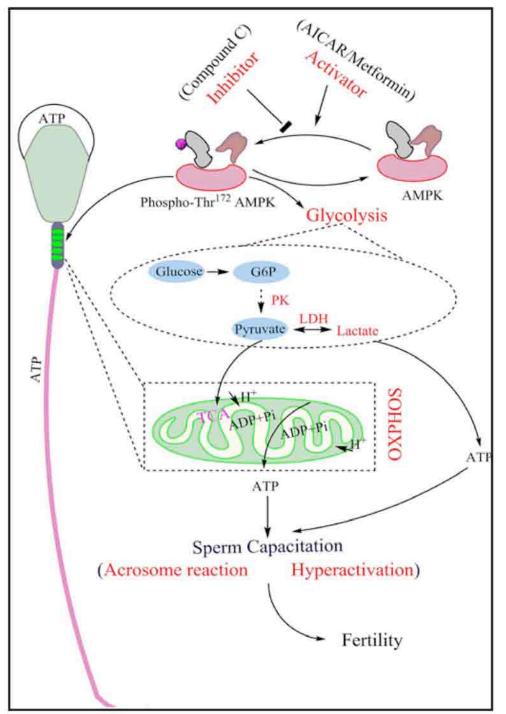
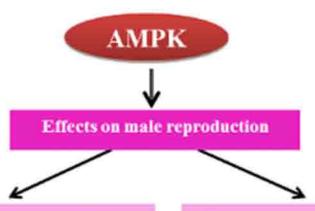


Diagram showing that AMPK regulates sperm functions. AMPK is activated by phosphorylation of the Thr172 residue, which is located at the critical activation loop of the  $\alpha$  subunit. AMPK could be modulated by activator (AICAR and Metformin) and inhibitor (Compound C).

**Activation of sperm with AMPK** activators (AICAR or Metformin) causes increase of phospho-Thr172-AMPK, and results in an enhancing of PK and LDH activity, which improves sperm energy metabolism of glycolysis and oxidative phosphorylation (OXPHOS), then leads to promoting ATP synthesis, thus providing energy for sperm, and thus results in sperm hyperactivation and acrosome reaction.



#### From a metabolic point of view

#### From a physiological point of view

In testis

Testosterone

1 LH

↑ FSH

1 Insulin

Antioxidant status

In Sertoli cells

Tactate production

† GLUT1, GLUT3, MCT4

T Antioxidant activity

In spermatozoa

TLactate and citrate production

Antioxidant activity

↓ LPO, ROS

↓ Seminiferous tubules deterioration

The Germinal epithelium thickness

↑ Spermatogenesis indication

↑ Motility

↑ Spermatozoa concentration

† Motility and viability

1 Acrosomic reaction

Membrane integrity

T Spermatozoa number

TRegular spermatozoa morphology

Testis weight

#### **Assisted Reproduction Technology stresses** Insemination Temperature, Embryo transfer Centrifugation pH, light **IVF Procedures** Constant CO<sub>2</sub> and O2% In vitro Mechanical media handling **AMPK** Inhibitor Activators Compound C A769662 **AICAR RSV** Metformin **↓** ROS and LPO **↓** ΔΨm ↓ Motility Protection against DNA damage ↓ Membranes integrity Improved embryo development ↑ Apoptosis Improved motility

Sperm Biology

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Open Access

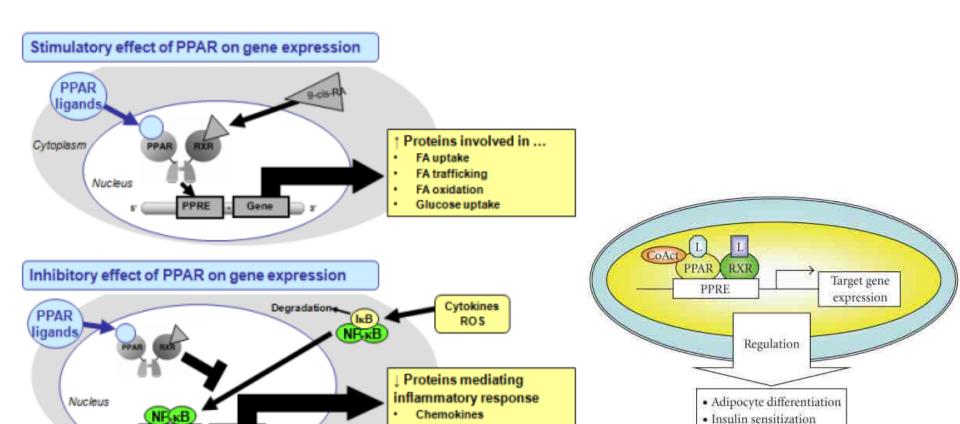
#### INVITED REVIEW

## Peroxisome proliferator-activated receptor gamma signaling in human sperm physiology

Li-Li Liu<sup>1,2</sup>, Hua Xian<sup>2</sup>, Jing-Chen Cao<sup>1</sup>, Chong Zhang<sup>1</sup>, Yong-Hui Zhang<sup>1</sup>, Miao-Miao Chen<sup>1</sup>, Yi Qian<sup>1,2</sup>, Ming Jiang<sup>1,3</sup>

Peroxisome proliferator-activated receptor gamma (PPARy) is a member of the PPARs, which are transcription factors of the steroid receptor superfamily. PPARy acts as an important molecule for regulating energy homeostasis, modulates the hypothalamic-pituitary-gonadal (HPG) axis, and is reciprocally regulated by HPG. In the human, PPARy protein is highly expressed in ejaculated spermatozoa, implying a possible role of PPARy signaling in regulating sperm energy dissipation. PPARy protein is also expressed in Sertoli cells and germ cells (spermatocytes). Its activation can be induced during capacitation and the acrosome reaction. This mini-review will focus on how PPARy signaling may affect fertility and sperm quality and the potential reversibility of these adverse effects.

Asian Journal of Andrology (2015) 17, 942–947; doi: 10.4103/1008-682X.150253; published online: 7 April 2015



Adhesion molecules

Cytokines

#### **Trans-activation**

Lipid metabolism Glucose homeostasis

Gene

NF-kB-RE

#### Trans- repression

Anti-inflammatory properties

Lipid metabolism

Inflammation



www.asiaandro.com; www.ajandrology.com

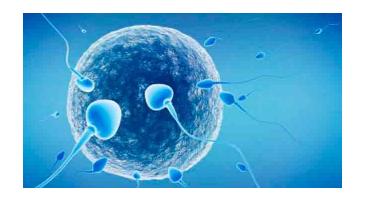


#### INVITED REVIEW

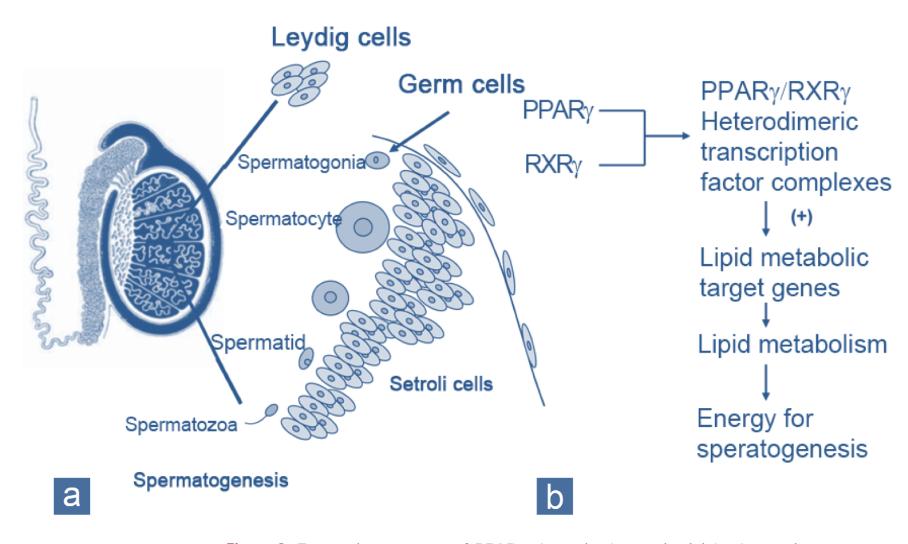


## Peroxisome proliferator-activated receptor gamma signaling in human sperm physiology

PPARs G influences sperm biology and physiology by regulating:

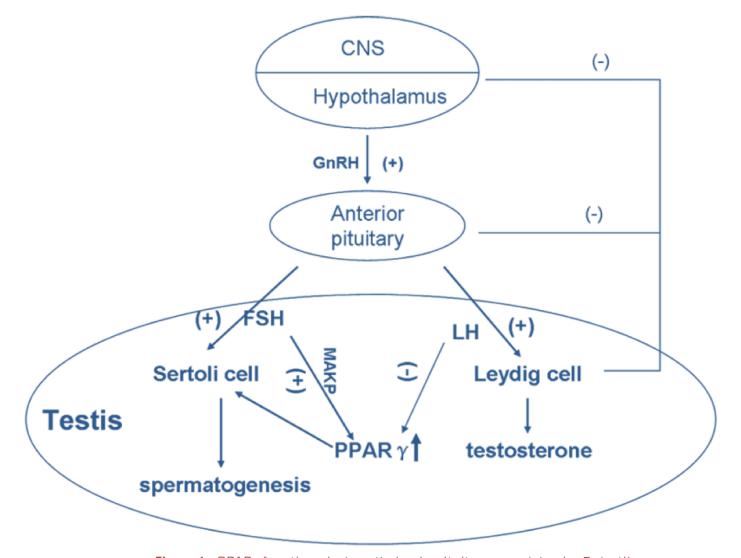


motility capacitation acrosome reaction survival metabolism





**Figure 2:** Expression patterns of PPARg shows in the testis. (a) In the testis,  $PPAR\gamma$  protein is detected at high expression in Sertoli cells and weak expression in spermatocytes. The names of cells expressing  $PPAR\gamma$  are underlined. (b)  $PPAR\gamma$  forms obligate heterodimers with  $RXR\gamma$  for regulation of lipid metabolic target genes, providing energy for spermatogenesis.  $PPAR\gamma$ : peroxisome proliferator-activated receptor gamma;  $RXR\gamma$ : retinoid X receptor gamma.





**Figure 1:** *PPAR* $\gamma$  functions in hypothalamic-pituitary-gonadal axis. Pulsatile GnRH production signals gonadotroph cells in the anterior pituitary to produce *FSH* and *LH* that then act on the testis to regulate spermatogenic potential. *FSH* up-regulates the expression of *PPAR* $\gamma$  through *MAPK* signaling pathways while *LH* inhibits the function of *PPAR* $\gamma$  via various pathways. High expression of testosterone suppresses the secretion of *LH* by negative feedback, providing a relatively persistent high-expression of *PPAR* $\gamma$ . *PPAR* $\gamma$ : peroxisome proliferator-activated receptor gamma; *FSH*: follicle-stimulating hormone; *LH*: luteinizing hormone; *MAPK*: mitogen-activated protein kinase.



Contents lists available at ScienceDirect

# The International Journal of Biochemistry & Cell Biology

journal homepage: www.elsevier.com/locate/biocel



# Pioglitazone increases the glycolytic efficiency of human Sertoli cells with possible implications for spermatogenesis



M.J. Meneses a,b, R.L. Bernardino A, R. Sá A, J. Silva A, A. Barros C,d,e, M. Sousa A,C, B.M. Silva B, P.F. Oliveira A,e, M.G. Alves B,\*

#### ABSTRACT

Pioglitazone is a synthetic agonist for the nuclear receptor peroxisome proliferator-activated receptor γ used to treat type 2 diabetes mellitus. Recently we reported that antidiabetic drugs regulate the nutritional support of spermatogenesis by Sertoli cells. Herein, we investigate the effects of pioglitazone on human Sertoli cells metabolism. Human Sertoli cells were cultured in the presence of pioglitazone (1, 10, 100 μM). Protein levels of phosphofructokinase 1, lactate dehydrogenase, hexokinase, glucose transporters (GLUT1, GLUT2, GLUT3), monocarboxylate transporter 4 and oxidative phosphorylation complexes were determined by Western blot. Lactate dehydrogenase and alanine aminotransferase activity were assessed and metabolite production and consumption determined by proton nuclear magnetic resonance. Mitochondrial membrane potential was also determined. Glucose consumption more than doubled in human Sertoli cells stimulated with pioglitazone 100 µM. Mitochondrial complex II protein levels increased 50% with exposure to pioglitazone (100 μM) in human Sertoli cells, though mitochondrial membrane potential was decreased by 32%. The pharmacological concentration of pioglitazone (10 µM) almost doubled lactate production and established crucial correlations among key intervenient of glycolysis. Moreover, in the same concentration, alanine aminotransferase decreased more than 80%. Our results suggest that pioglitazone (10 µM) increases the efficiency of the glycolytic flux and lactate production by human Sertoli cells, which is essential to sustain and preserve the spermatogenic event. Thus, pioglitazone may improve male fertility and thus, be considered a suitable antidiabetic drug for men in reproductive age.

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### Taurine and pioglitazone attenuate diabetes-induced testicular damage by abrogation of oxidative stress and up-regulation of the pituitary–gonadal axis

Sanaa M. Abd El-Twab, Hanaa M. Mohamed, and Ayman M. Mahmoud

Abstract: Chronic hyperglycemia is associated with impairment of testicular function. The current study aimed to investigate the protective effects and the possible mechanisms of taurine and pioglitazone against diabetes-induced testicular dysfunction in rats. Diabetes was induced by streptozotocin injection. Both normal and diabetic rats received taurine (100 mg/kg) or pioglitazone (10 mg/kg) orally and daily for 6 weeks. Diabetic rats showed a significant (P < 0.001) increase in glycosylated hemoglobin, glucose, homeostasis model of insulin resistance, and pro-inflammatory cytokines. Serum insulin, testosterone, luteinizing hormone (LH), and follicle-stimulating hormone (FSH) were significantly (P < 0.001) decreased in diabetic rats. Taurine and pioglitazone alleviated hyperglycemia, decreased pro-inflammatory cytokines, and increased circulating levels of insulin, testosterone, LH, and FSH. Gene and protein expression of LH and FSH receptors and cytochrome P450 17 $\alpha$ -hydroxylase (CYP17) was significantly (P < 0.001) down-regulated in testes of diabetic rats, an effect which was significantly increased after administration of taurine and pioglitazone. In addition, taurine and pioglitazone significantly decreased lipid peroxidation and DNA damage, and enhanced activity of the antioxidant enzymes in testes of diabetic rats. In conclusion, taurine and pioglitazone exerted protective effects against diabetes-induced testicular damage through attenuation of hyperglycemia, inflammation, oxidative stress and DNA damage, and up-regulation of the pituitary/gonadal axis.



Can. J. Physiol. Pharmacol. **94**: 651–661 (2016)



### Original Article

# Modulatory Effect of Pioglitazone on Sperm Parameters and Oxidative Stress, Apoptotic and Inflammatory Biomarkers in Testes of Streptozotocin-Induced Diabetic Rats

Farin Malekifard<sup>1\*</sup>Ph.D., Nowruz Delirezh<sup>1</sup>Ph.D. Ali Soleimanzadeh<sup>2</sup>D.V.Sc.

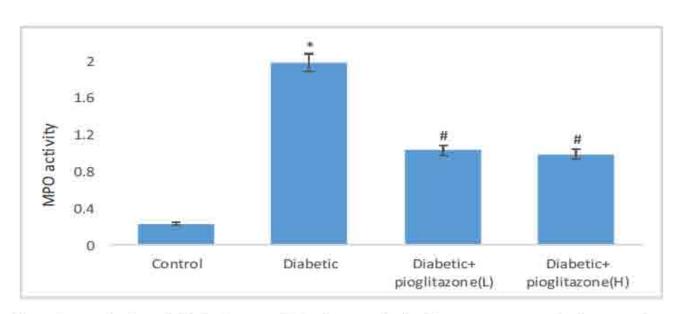
<sup>1</sup>Department of Microbiology, Faculty of Veterinary Medicine, Urmia University, Urmia, Iran.

<sup>&</sup>lt;sup>2</sup>Department of Theriogenology, Faculty of Veterinary Medicine, Urmia University, Urmia, Iran.



#### Original Article

# Modulatory Effect of Pioglitazone on Sperm Parameters and Oxidative Stress, Apoptotic and Inflammatory Biomarkers in Testes of Streptozotocin-Induced Diabetic Rats



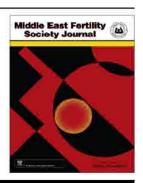
**Fig. 4.** Effect of low (1 mg/kg) and high (10 mg/kg) doses of pioglitazone on testicular myeloperoxidase activity (MPO) in streptozotocin-induced diabetic rats. Data are represented as mean±SEM \*p<0.05 vs. control; #p<0.05 vs. diabetic. pioglitazone (L)= low dose of pioglitazone; pioglitazone (H)= high dose of pioglitazone



#### Middle East Fertility Society

#### Middle East Fertility Society Journal

www.mefsjournal.org www.sciencedirect.com



#### ORIGINAL ARTICLE

# PPAR-γ agonist pioglitazone improves semen quality and testicular histomorphometrics with partial reversal of hyperglycaemia in alloxan-induced diabetic rats



O.B. Akinola a,\*, O.O. Dosumu b, S.A. Sanusi a, T.F. Ajayi a, T.H. Olajide a

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<sup>&</sup>lt;sup>b</sup> Department of Anatomy, College of Medicine, University of Lagos, Nigeria

# GLP-1

- Exenatide: a mechanism via improving mitochondrial function involving the GLP-1 receptor/cAMP/ PKA pathway
- Increased SOD levels and decreased MDA levels and action against oxidative stress induced by H2O2 increasing the concentration of antioxidant defense enzymes and inhibiting cell apoptosis





# AJRI Learn local of Hayelman beauting. All and the second of Hayelman beauting.

# GLP-1 Receptor Agonist Exenatide Attenuates the Detrimental Effects of Obesity on Inflammatory Profile in Testis and Sperm Quality in Mice

#### **Problem**

Male obesity has been linked to subfecundity. This study is to investigate the effects of GLP-1 receptor (GLP-1R) agonist exenatide on sperm quality in high-fat diet (HFD)-induced obese mice.

#### Method of study

After 12 weeks of chow diet (CD) or HFD challenge, mice on HFD were allocated to either saline or exenatide (24 nmol/kg/day) interventions for 8 weeks. Sperm quality and the inflammatory profile of testis were compared among three groups.





# GLP-1 Receptor Agonist Exenatide Attenuates the Detrimental Effects of Obesity on Inflammatory Profile in Testis and Sperm Quality in Mice

#### **Results**

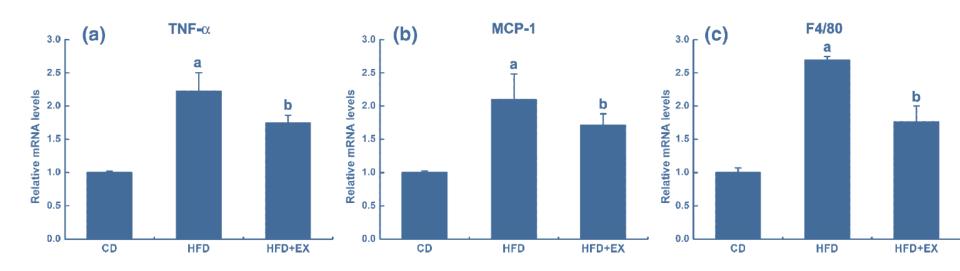
Obesity reduced the quality of sperm and changed the inflammatory profile characterized by increased mRNA expression levels of TNF- $\alpha$ , MCP-1, and F4/80 in testis. Exenatide intervention reduced the expression of pro-inflammatory cytokines and improved the quality of sperm.

#### **Conclusion**

HFD-induced obesity leads to the impairment of sperm quality and increased inflammation of testis in mice, and the abnormal physiology can be attenuated by exenatide treatment. Exenatide treatment may bring additional profits to obese and diabetes men by improving sperm function.





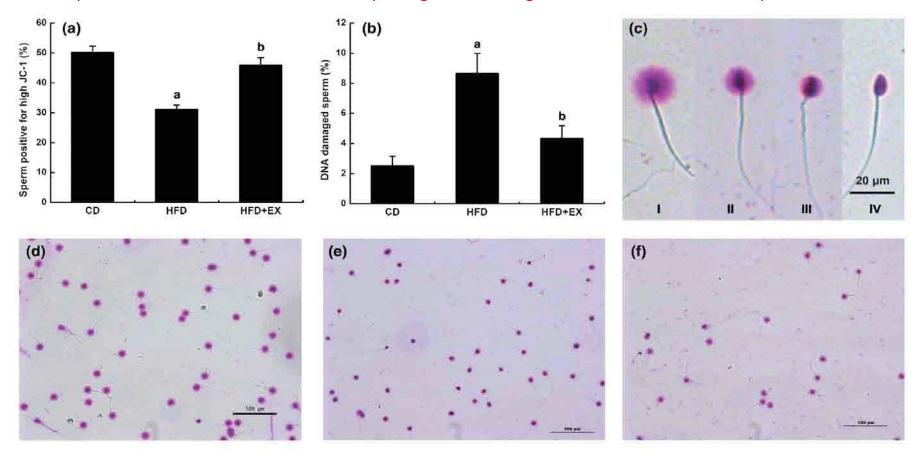


**Fig. 4** Effect of diet and exenatide on pro-inflammatory cytokines expression levels in testis. Data were presented as mean  $\pm$  S.E.M. (n = 5–6). CD, control diet; HFD, high-fat diet; HFD + EX, high-fat diet + exenatide. <sup>a</sup>means P < 0.05, HFD group versus CD group; <sup>b</sup>means P < 0.05, HFD + EX group versus HFD group. Relative mRNA expression of TNF-α, MCP-1, and F4/80 was all elevated in testis from obese mice compared to CD mice. After exenatide treatment, pro-inflammatory genes expression in testis was reduced to the level compared to that in the CD group.



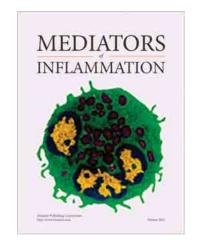


**JC-1** is a novel cationic carbocyanine dye that accumulates in mitochondriaJC-1 is a lipophilic, cationic dye that can selectively enter into mitochondria and reversibly change color from green to red as the membrane potential increases



**Fig. 2** Effect of diet and exenatide on sperm MMP and DNA damage. Data were presented as mean  $\pm$  S.E.M. (n = 5–6). CD, control diet; HFD, high-fat diet; HFD + EX, high-fat diet + exenatide. <sup>a</sup>means P < 0.05, HFD group versus CD group; <sup>b</sup>means P < 0.05, HFD + EX group versus HFD group. (a) Percentage of sperm positive for high JC-1 per treatment group. (b) SCD data from semen samples of different groups. (c) Four DNA dispersion patterns of sperm obtained with the SCD procedure. (i) Nuclei with large DNA dispersion halos, (ii) nuclei with medium halos, (iii) nuclei with very small halos, and (iv) nuclei with no halo. (d–f) SCD test patterns of sperm in different intervention groups.

Hindawi Publishing Corporation Mediators of Inflammation Volume 2016, Article ID 3094642, 11 pages http://dx.doi.org/10.1155/2016/3094642





#### Review Article

# **Anti-Inflammatory Effects of GLP-1-Based Therapies beyond Glucose Control**

#### Young-Sun Lee<sup>1</sup> and Hee-Sook Jun<sup>1,2,3</sup>

<sup>1</sup>Lee Gil Ya Cancer and Diabetes Institute, Gachon University, 7-45 Songdo-dong, Yeonsu-ku, Incheon 406-840, Republic of Korea <sup>2</sup>College of Pharmacy and Gachon Institute of Pharmaceutical Science, Gachon University, 7-45 Songdo-dong, Yeonsu-ku, Incheon 406-840, Republic of Korea

<sup>3</sup>Gachon Medical Research Institute, Gil Hospital, Incheon 405-760, Republic of Korea



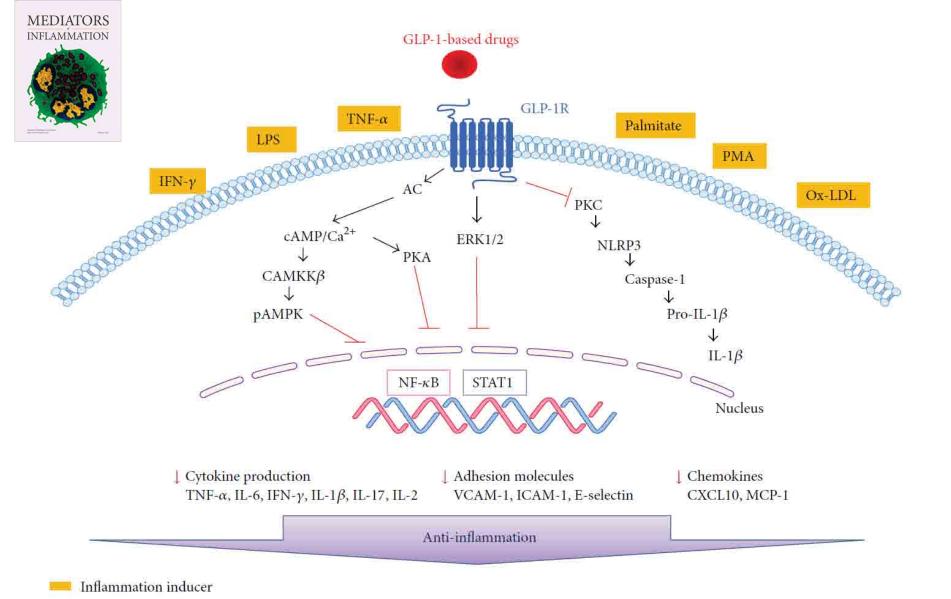
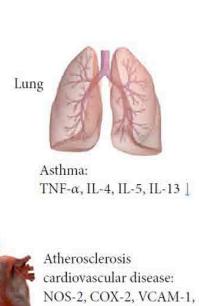


FIGURE 1: Molecular signals underlying the anti-inflammatory effects of GLP-1-based drugs. DPP-4 inhibitors increase GLP-1 levels in plasma. GLP-1 and GLP-1 receptor (GLP-1R) agonists bind to the GLP-1 receptor, which blocks PKC or NF- $\kappa$ B activation and subsequent expression of NLRP3, IL-1 $\beta$ , TNF- $\alpha$ , IL-6, VCAM-1, IFN- $\gamma$ , and MCP-1. In addition, GLP-1R signaling activates cAMP/Ca<sup>2+</sup>, CAMKK $\beta$ , and pAMPK, which induces anti-inflammatory effects on monocyte adhesion.



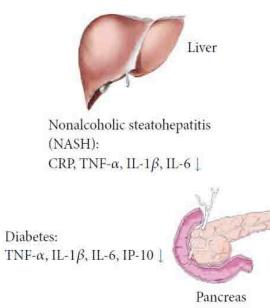
TNF-α, IL-6, PAI-1

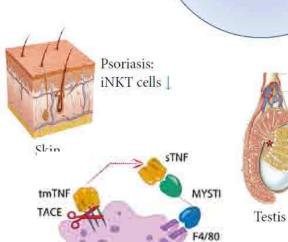
Vascular system



Alzheimer's disease,

Parkinson's disease: TNF- $\alpha$ , IL-1 $\beta$ , IL-6  $\downarrow$ 





Macrophage

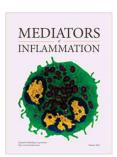


Brain



Nephropathy: TNF- $\alpha$ , IL-1 $\beta$ , ICAM-1  $\downarrow$ 





#### **ANDROLOGY**



ISSN: 2047-2919 ANDROLOGY

#### ORIGINAL ARTICLE

#### Correspondence:

Vito A. Giagulli, Outpatient Clinic for Endocrinology and Metabolic Diseases, Conversano Hospital, ASL Bari, Via De Amicis, 70014 Conversano, Italy. E-mail vitogiagulli@alice.it

#### Keywords:

erectile dysfunction, glucagon-like peptide-1 agonist, hypogonadism, obesity, testosterone replacement therapy, type 2 diabetes mellitus

Received: 24-Jan-2015 Revised: 18-Jul-2015 Accepted: 29-Jul-2015

doi: 10.1111/andr.12099

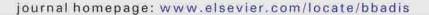
# Adding liraglutide to lifestyle changes, metformin and testosterone therapy boosts erectile function in diabetic obese men with overt hypogonadism

<sup>1,2</sup>V. A. Giagulli, <sup>3</sup>M. D. Carbone, <sup>1</sup>M. I. Ramunni, <sup>2</sup>B. Licchelli, <sup>4</sup>G. De Pergola, <sup>5</sup>C. Sabbà, <sup>2</sup>E. Guastamacchia and <sup>2</sup>V. Triggiani

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#### Biochimica et Biophysica Acta





Review

#### Nrf2 signaling pathway: Pivotal roles in inflammation



Syed Minhaj Uddin Ahmed a,1, Lin Luo b,c,1, Akhileshwar Namani a, Xiu Jun Wang b, Xiuwen Tang a,\*

#### **Highlights**

- Nrf2 involves in inflammatory diseases.
- Crosstalk between Nrf2 and NF-kB pathways.
- Nrf2 regulates NLRP3 inflammasome activity.
- Nrf2 pathway could be therapeutically exploited.

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#### Biochimica et Biophysica Acta





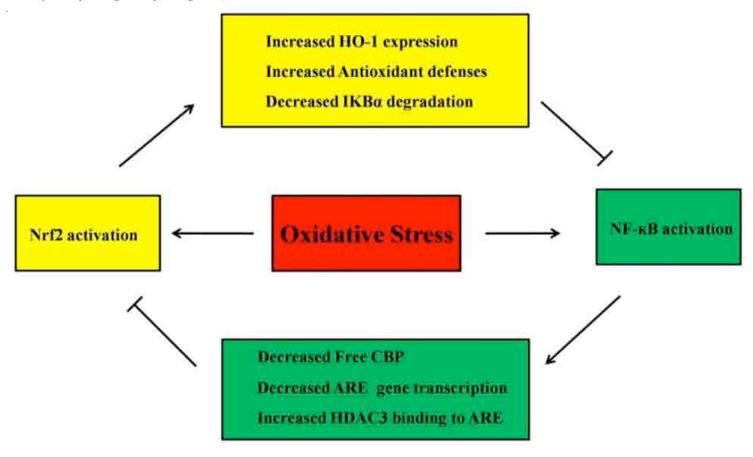
#### Review

#### Nrf2 signaling pathway: Pivotal roles in inflammation



Syed Minhaj Uddin Ahmed <sup>a,1</sup>, Lin Luo <sup>b,c,1</sup>, Akhileshwar Namani <sup>a</sup>, Xiu Jun Wang <sup>b</sup>, Xiuwen Tang <sup>a,\*</sup>

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Review

# Effects of Glucagon-Like Peptide-1 on Oxidative Stress and Nrf2 Signaling

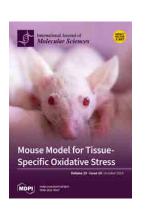
Yoon Sin Oh 1 and Hee-Sook Jun 2,3,4,\*

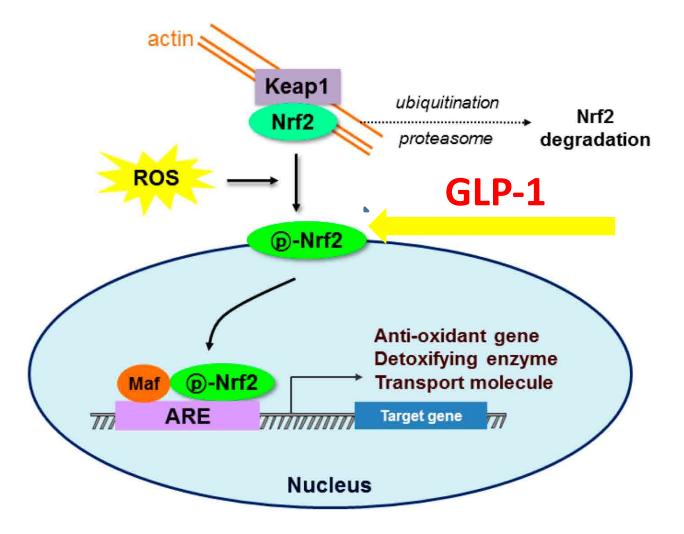
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Received: 25 November 2017; Accepted: 20 December 2017; Published: 22 December 2017

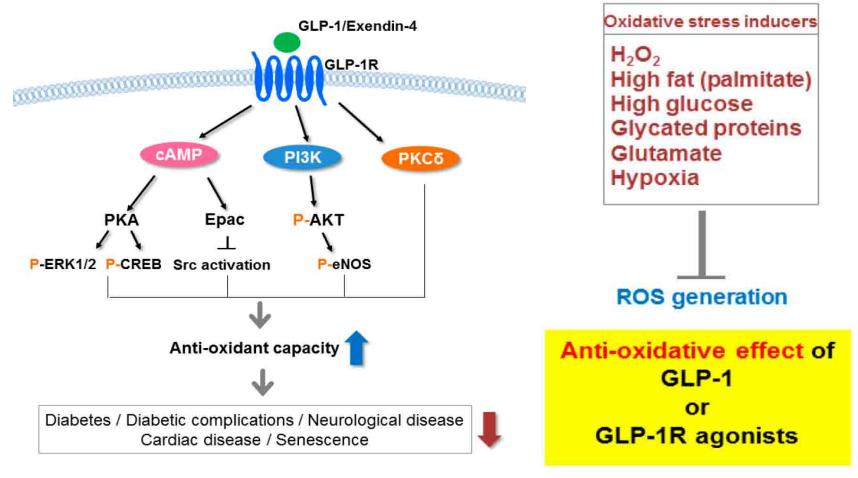


## International Journal of Molecular Sciences





**Figure 1.** Schematic diagram of the Nrf2-Keap1-ARE signaling pathway. Under normal conditions, nuclear erythroid-2 like factor-2 (Nrf2) is constantly ubiquitinated through Kelch-like ECH-associated protein1 (Keap1) and degraded in the proteasome. After exposure to oxidative stress (ROS), Keap1 is inactivated and Nrf2 becomes phosphorylated. Phosphorylated Nrf2 (p-Nrf2) accumulates in the nucleus and binds to antioxidant response element (ARE) sites, subsequently activating many genes including antioxidants, detoxifying enzymes, and transport molecules.



**Figure 2.** Signaling pathways underlying the antioxidative effects of the GLP-1 receptor. GLP-1 and exendin-4 (a GLP-1 receptor agonist) bind to the GLP-1 receptor (GLP-1R) and stimulate cyclic adenosine monophosphate (cAMP), phosphoinositide 3-kinase (PI3K) and protein kinase C (PKC)δ, subsequently activating a number of pathways including protein kinase A (PKA), exchange protein kinase activated by cAMP2 (Epac2) and protein kinase B (AKT). These pathways increase the antioxidant capacity in various tissues and reduce diabetes, diabetic complications, neurological disease, cardiac disease, and senescence. p, phosphorylation; ERK, extracellular signal-regulated kinase; CREB, cAMP response element binding protein; Src, sarcoma; eNOS, endothelial nitric oxide synthase 3.

#### ROLE OF GLP-1 IN THE LIFE AND DEATH OF PANCREATIC BETA CELLS PA Stimulates insulin secretion CD36 Induces replication of islet cells Ceramide, • Promotes islet-cell neogenesis from membrane pancreatic ductal cells ©Ser473 Cytoplasm Membrane Inhibits apoptosis AKT translocation b-Catenin CD36 ©Ser9 GSK3b DSer33/37/Thr41 b-Catenin b-Catenin DEATH Lipid **GROWTH** degradation b-Catenin accumulation REPLICATION Nucleus b-Catenin Target genes: Survivin and Bcl2 TRANSDIFFERENTIATION Cell survival **APOPTOSIS NEOGENESIS**



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#### Toxicology and Applied Pharmacology

journal homepage: www.elsevier.com/locate/taap



# Metabolic dynamics of human Sertoli cells are differentially modulated by physiological and pharmacological concentrations of GLP-1



Ana D. Martins<sup>a,b</sup>, Mariana P. Monteiro<sup>b,c</sup>, Branca M. Silva<sup>d</sup>, Alberto Barros<sup>e,f,g</sup>, Mário Sousa<sup>a,b,e</sup>, Rui A. Carvalho<sup>h</sup>, Pedro F. Oliveira<sup>a,b,g</sup>, Marco G. Alves<sup>a,b,e</sup>



Toxicology and Applied Pharmacology 362 (2019) 1–8

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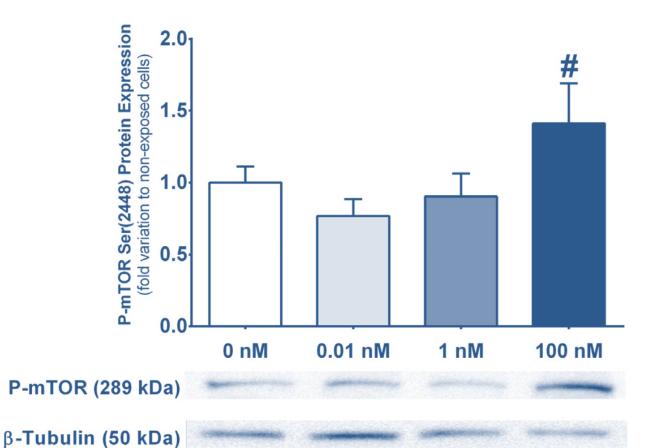
d Faculty of Health Sciences, University of Beira Interior, Covilhã, Portugal

<sup>&</sup>lt;sup>e</sup> Centre for Reproductive Genetics Professor Alberto Barros, Porto, Portugal

<sup>&</sup>lt;sup>6</sup> Department of Genetics, Faculty of Medicine, University of Porto, Porto, Portugal

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h Department of Life Sciences, Faculty of Sciences and Technology and Centre for Functional Ecology, University of Coimbra, Coimbra, Portugal



**Fig. 5.** Effect of glucagon like peptide-1 (GLP-1) on mammalian target of rapamycin (mTOR) signalling pathway. The protein expression levels of phosphorylated mTOR (Ser2448) in human Sertoli cells after exposure to increasing concentrations of GLP-1 are represented. Figure shows pooled data of independent experiments, indicating the expression levels of P-mTOR. Figure also show representative Western Blot experiments. Results are expressed as mean  $\pm$  SEM (n = 6 for each condition). Significantly different results (p < .05) are as indicated: # relative to 0.01 nM.





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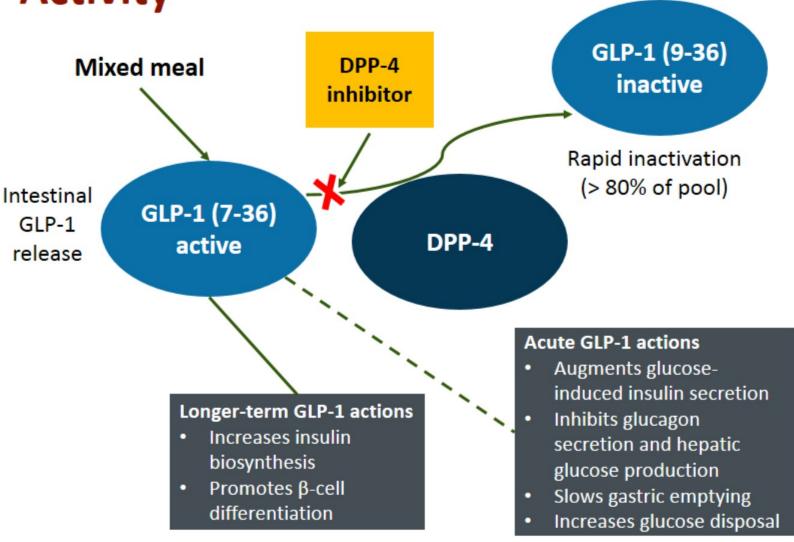
Metabolic dynamics of human Sertoli cells are differentially modulated by physiological and pharmacological concentrations of GLP-1



In conclusion, GLP-1 was able to modulate glucose metabolism and bioenergetics, promoting the production of lactate by hSCs. Moreover, exposure to the highest concentration of GLP-1 decreased oxidative damage in these cells. Also, the absence of toxic effects of GLP-1 at this concentration in hSCs, allied to a decrease in oxidative damage, adds a possible positive impact on male fertility. Still, further experiments are needed to clarify the effects of GLP-1 in male reproductive health and to determine if the effects observed in vitro translate to in vivo. Taking in consideration the decline of fertility rates parallel to the increasing prevalence of obesity, it is crucial to understand how GLP-1 affects male fertility. The use of GLP-1 analogues for obesity treatment could also be valuable to counteract the negative impact of adiposity related metabolic dysregulation in male reproductive function and arise as an additional target for medical intervention.



The Role of DPP-4 Inhibition in GLP-1 Activity



#### Journal of Diabetes



Journal of Diabetes + (2013) -----

#### REVIEW ARTICLE

### Dipeptidyl peptidase-4 inhibitors: Multitarget drugs, not only antidiabetes drugs

Yunjuan ZHAO, Lin YANG, and Zhiguang ZHOU

Diabetes Center, Institute of Metabolism and Endocrinology, The Second Xiangya Hospital and Key Laboratory of Diabetes Immunology, Ministry of Education, Central South University, Changsha, China

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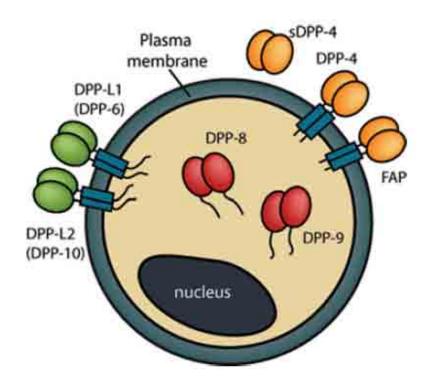
Received 4 December 2012; revised 25 April 2013; accepted 10 May 2013

doi: 10.1111/1753-0407.12063

#### Abstract

Dipeptidyl peptidase (DPP)-4 inhibitors are a new class of antidiabetic agents that reduce blood glucose by preventing the degradation of the endogenous incretin hormones glucagon-like peptide-1 and glucose-dependent insulinotropic polypeptide. Protection by DPP-4 inhibitors of E-cell function has been demonstrated in patients with type 2 diabetes. Because DPP-4 is an enzyme widely expressed in humans, DPP-4 inhibitors are speculated to be multitarget agents. However, other potential therapeutic benefits of DPP-4 inhibitors remain unknown. Recently, some therapeutic effects of DPP-4 inhibitors, such as immune regulation, cardiovascular protection, and anti-inflammatory effects, have been observed. This article provides a systematic and comprehensive review of current research into the newly found effects and mechanism of action of DPP-4 inhibitors in a therapeutic context.

Keywords: anti-inflammatory, cardiovascular protection, dipeptidyl peptidase-4 inhibitors, immunomodulatory.

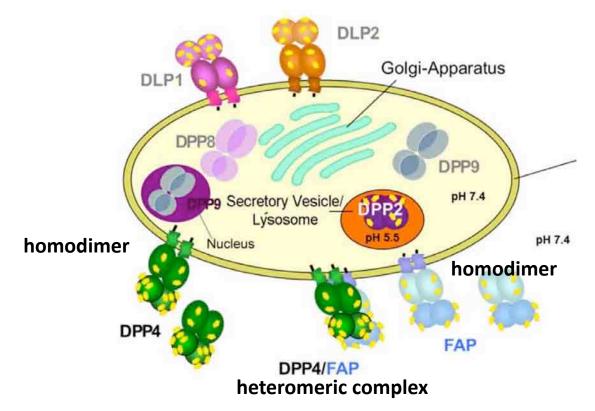


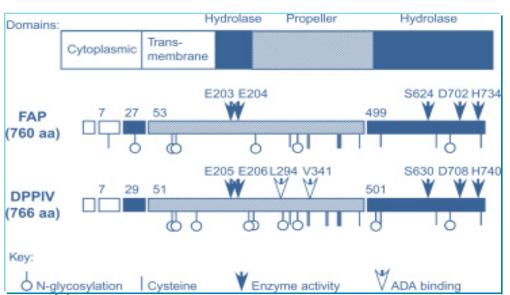
### DPP-4 enzymatic activity is very high in the kidney.

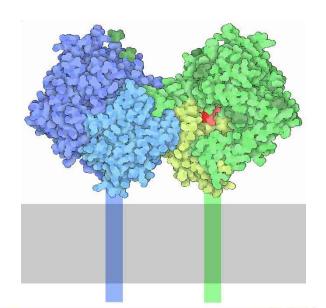
DPP4 activity (nmol min<sup>-1</sup> g tissue<sup>-1</sup>)

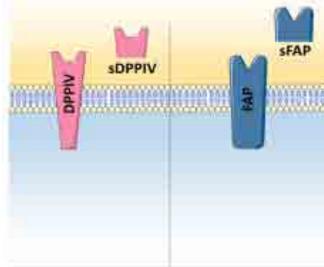
Kidney  $1460 \cdot 8 \pm 54 \cdot 9$ Liver  $119 \cdot 7 \pm 9 \cdot 6$ Pancreas  $11 \cdot 2 \pm 0 \cdot 8$ Epididymal fat  $19 \cdot 7 \pm 2 \cdot 8$ 

Kirino Y et al. Journal of Endocrinology (2009) 200, 53–61









#### DPPIV, CD26

- Glucose homeostasis (46)
- Collagen metabolism (41)
- Total activation (164, 165)
- MERS-Cov receptor (52)

#### FAP, seprase

- Tissue remodeling (47)
- Key regulator in lumor growth and metastasis (47)

#### **DPP IV Enzyme mediated fibrosis** DPP-4 Endothelial cell VEGF-R2 TGF<sub>β2</sub> activates α TGF-β2 DPP-4 β1 EndMT VEGF-R1 GG Mesenchymal cell βR P-smad3 microRNA29 TGF-βRs Impact of DPP4 Inhibition heterodimer formation

Since DPP4 inhibitors are widely used in clinical practice, this drug was also investigated as a potential new therapeutic strategy against the development of liver fibrosis and steatosis. Kaji and collaborators demonstrated that sitagliptin markedly inhibits liver fibrosis development in rats via suppression of hepatic stellate cell proliferation and collagen synthesis (158). These suppressive effects were associated with dephosphorylation of ERK1/2, p38, and Smad2/3 in the hepatic stellate cells.

# SCIENTIFIC REPORTS







2017

### OPEN Effects of SGLT2 inhibitors on UTIs and genital infections in type 2 diabetes mellitus: a systematic review and meta-analysis

Jiali Liu<sup>1</sup>, Ling Li<sup>1</sup>, Sheyu Li<sup>1</sup>, Pengli Jia<sup>1</sup>, Ke Deng<sup>1</sup>, Wenwen Chen<sup>1</sup> & Xin Sun<sup>1</sup>

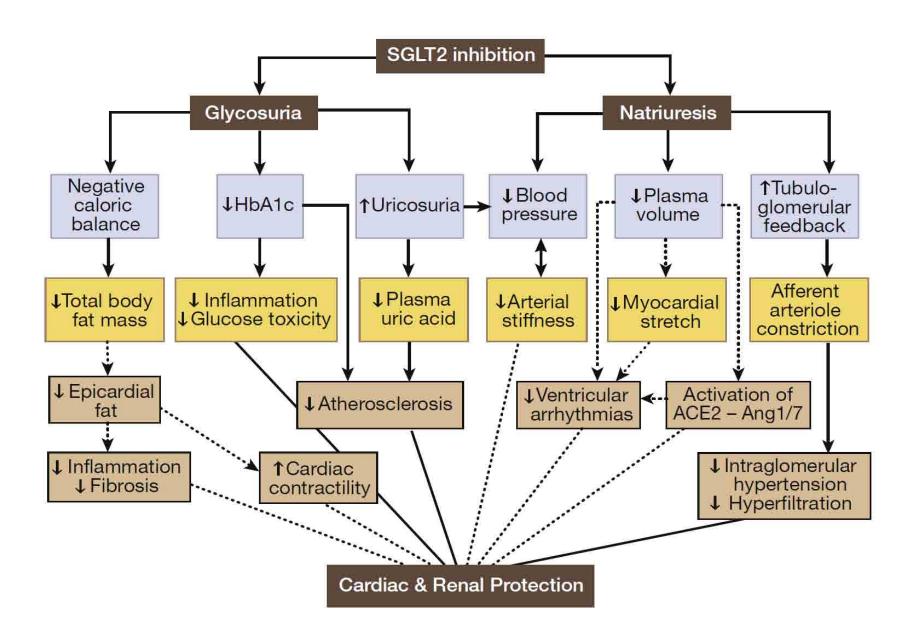
Previous trial evidence suggested potential risk of serious urinary tract infections (UTIs) and genital infections in type 2 diabetes patients using sodium glucose co-transporter-2 inhibitors (SGLT2) inhibitors. We conducted a systematic review and meta-analysis to assess the effects of SGLT2 inhibitors on UTIs and genital infections in patients with type 2 diabetes. In total, 77 RCTs involving 50,820 participants were eligible. The meta-analyses of randomized controlled trials (RCTs) showed no significant difference in UTIs between SGLT2 inhibitors versus control (2,526/29,086 vs. 1,278/14,940; risk ratio (RR) 1.05, 95% confidence interval (CI) 0.98 to 1.12; moderate quality evidence), but suggested increased risk of genital infections with SGLT2 inhibitors (1,521/24,017 vs. 216/12,552; RR 3.30, 95% CI 2.74 to 3.99; moderate quality evidence). Subgroup analyses by length of follow up (interaction p = 0.005), type of control (interaction p = 0.04) and individual SGLT2 inhibitors (interaction p = 0.03) also showed statistically significant differences in genital infections. The upcoming major trials may provide important additional insights on UTIs, and more efforts are needed to address comparative effects of each individual SGLT2 inhibitors on the infections.

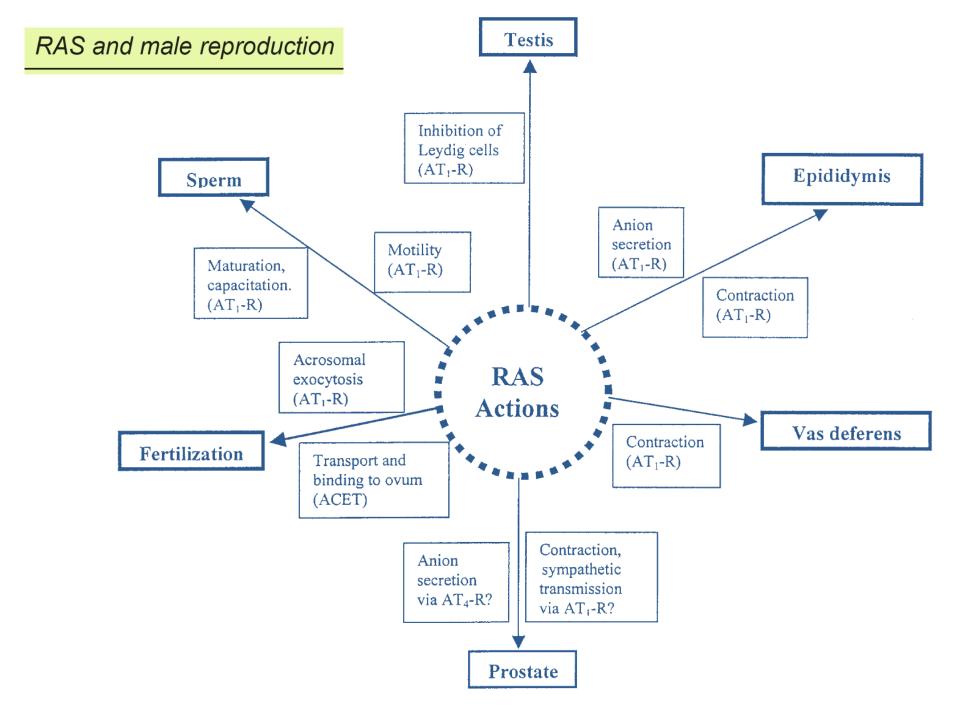
#### Effect on biomarkers Proposed effect of SGLT2 inhibition · Diuresis, natriuresis Blood pressure lowering · Loss of body weight ↓ NT-proBNP Reduced inflammation/oxidative stress Improved vascular compliance ↓ hsTnl Long-term preservation of renal function Metabolic effects on myocardium, improving energetics Inhibition of Na/H co-transporter Improvement in myocardial remodeling ↑ Galectin-3 Transient decrease in eGFR

Januzzi, Jr., J.L. et al. J Am Coll Cardiol. 2017;70(6):704-12.

Through its beneficial effects on the heart, canagliflozin prevented a rise in N-terminal pro-B-type natriuretic peptide (NT-proBNP) and high-sensitivity troponin I (hsTnI). Possibly through transient reduction in estimated glomerular filtration rate (eGFR), galectin-3 increased modestly. Na/H = sodium/proton; SGLT2 = sodium glucose co-transporter 2.







OPEN ACCESS
International Journal of
Molecular Sciences
ISSN 1422-0067

www.mdpi.com/journal/ijms

Review

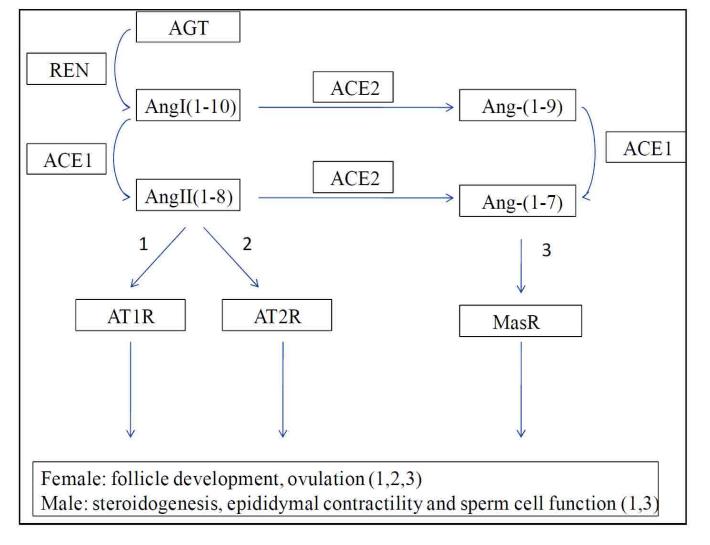
### **Angiotensin-Converting Enzymes Play a Dominant Role** in Fertility

Pei-Pei Pan, Qi-Tao Zhan, Fang Le, Ying-Ming Zheng and Fan Jin\*

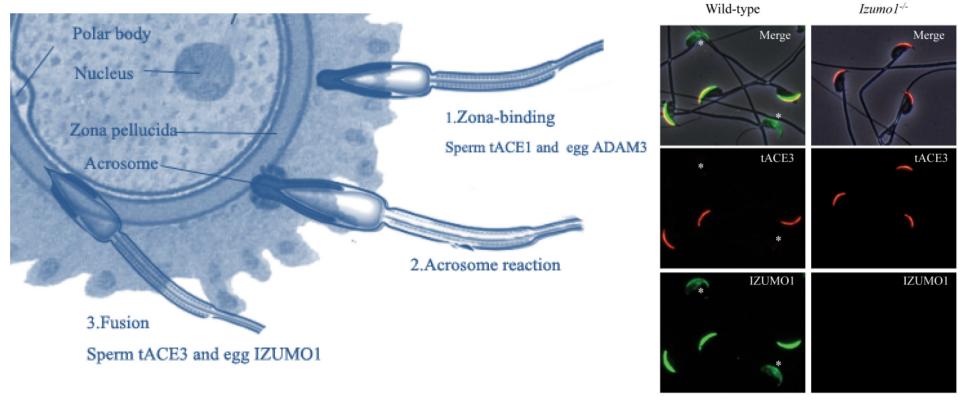
Department of Reproductive Endocrinology, Women's Hospital, School of Medicine, Zhejiang University, 1 Xueshi Road, Hangzhou 310006, China; E-Mails: 21118206@zju.edu.cn (P.-P.P.); greamygirl@zju.edu.cn (Q.-T.Z.); lefang851021@126.com (F.L.); 20918528@zju.edu.cn (Y.-M.Z.)



International Journal of Molecular Sciences



- 1. Corona, G.; Rastrelli, G.; Morelli, A.; Vignozzi, L.; Mannucci, E.; Maggi, M. Hypogonadism and metabolic syndrome. *J. Endocrinol. Invest.* **2011**, *34*, 557–567.
- 3. Lotti, F.; Corona, G.; Degli Innocenti, S.; Filimberti, E.; Scognamiglio, V.; Vignozzi, L.; Forti, G.; Maggi, M. Seminal, ultrasound and psychobiological parameters correlate with metabolic syndrome in male members of infertile couples. *Andrology* **2013**, *1*, 229–239.



**Figure 2.** Mechanisms of sperm–egg interaction. tACE1 and ADAM3 are dispensable factors for the binding of sperm to the zona pellucida, whereas tACE3 and IZUMO1 play important roles in the fusion of gametes to sperm. ADAM: a disintegrin and metalloprotease; ZP: zona pellucida; tACE1: testis angiotensin-converting enzyme 1; tACE3: testis angiotensin-converting enzyme 3.

IZUMO 1: Izumo sperm-egg fusion 1, sperm-specific protein, Immunoglobulin G domain, is essential for sperm-egg plasma membrane binding and fusion

ACE3 inhibits MEK-ERK1/2 signaling pathway

ORIGINAL ARTICLES: ANDROLOGY

### **Fertility** and Sterility.



### Angiotensin II type 2 receptor is expressed in human sperm cells and is involved in sperm motility

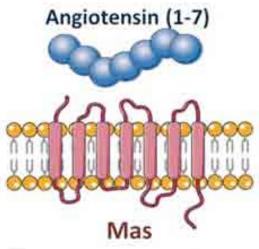
Marta Gianzo, J.D., a Iraia Muñoa-Hoyos, J.D., Itziar Urizar-Arenaza, J.D., Zaloa Larreategui, J.D., Fernando Quintana, J.D., Nicolás Garrido, Ph.D., Nerea Subirán, Ph.D., and Jon Irazusta, Ph.D.

<sup>a</sup> Department of Physiology, Faculty of Medicine and Dentistry, University of the Basque Country (UPV/EHU), Leioa, Bizkaia; <sup>b</sup> IVI Clinic Bilbao, Leioa, Bizkaia; and <sup>c</sup> Laboratory of the Andrology and Semen Bank, IVI Clinic Valencia, Valencia, Spain

VOL. 105 NO. 3 / MARCH 2016

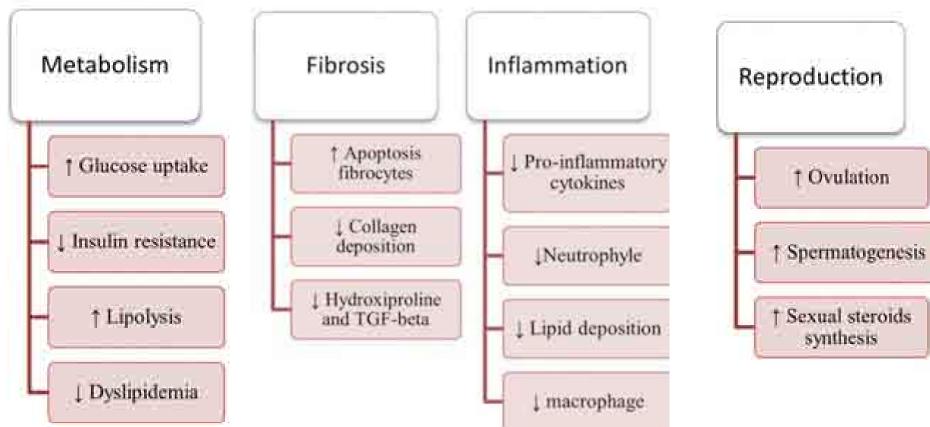
608





### Ang 1-7 MAS may be altered when spermatogenesis is severely impaired

Reis, A. B., Araujo, F. C., Pereira, V. M., Dos Reis, A. M., Santos, R. A. and Reis, F. M. (2010) Angiotensin (1–7) and its receptor Mas are expressed in the human testis: implications for male infertility. J. Mol. Histol. **41**, 75–80



### The tACE/Angiotensin (1–7)/Mas Axis Protects Against Testicular Ischemia Reperfusion Injury

the tIR-induced damage described above.

**Urology 2016** 



**OBJECTIVE** 

May Al-Maghrebi and Waleed M. Renno

To investigate whether exogenous angiotensin (Ang)-(1-7) administration can protect against the damaging consequences of testicular ischemia reperfusion (tIR) injury.

MATERIALS AND METHODS

Eighteen male Sprague-Dawley rats were divided equally among the following 3 groups: sham, unilateral tIR injury (1 hour of ischemic treatment and 4 hours of reperfusion), and tIR + Ang-(1-7) (0.3 mg/kg). Testicular tissues obtained from the rats were evaluated for the expression of testicular angiotensin-converting enzyme (tACE), Ang-(1-7), and the Ang-(1-7)-specific receptor Mas by immunohistochemistry and enzyme-linked immunosorbent assay. Reduced spermatogenesis, induction of the caspase-8 pathway, and nitric oxide (NO) generation were assessed. The effects of tIR and Ang-(1-7) treatment on the PI3K/Akt antiapoptosis pathway were also investigated. Testicular morphological changes and reduced spermatogenesis associated with decreased expression of the tACE/Ang-(1-7)/Mas axis were observed during tIR. These effects were also accompanied by increased activity of caspase-3 and -8, downregulation of the survivin and BAD transcripts, and decreased NO formation. During tIR, PTEN expression was increased, leading to inactivation of the PI3K/Akt pathway. Acute treatment with Ang-(1-7) prior to reperfusion attenuated

RESULTS

CONCLUSION

Expression of the tACE/Ang-(1-7)/Mas axis was downregulated during tIR. Administration of exogenous Ang-(1-7) prior to reperfusion rescued tACE and Mas expression and protected against germ cell apoptosis and oxidative stress. Increased NO generation and activation of the PI3K/Akt signaling pathway may have partially contributed to these effects. The tACE/Ang-(1-7)/Mas axis likely plays a role in the maintenance of normal testis physiology and spermatogenesis. UROLOGY : 1.e1–1.e8, 2016. © 2016 Elsevier Inc.

### OPEN Sertoli cells have a functional NALP3 inflammasome that can modulate autophagy and cytokine production

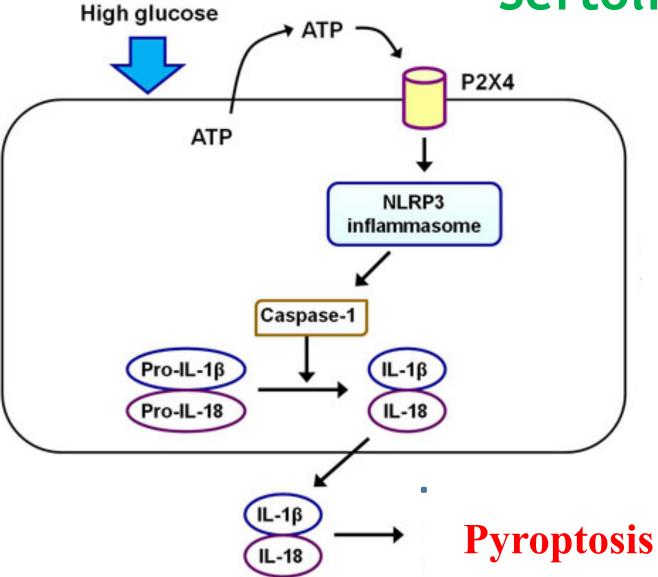
Received: 15 September 2015 Accepted: 27 November 2015

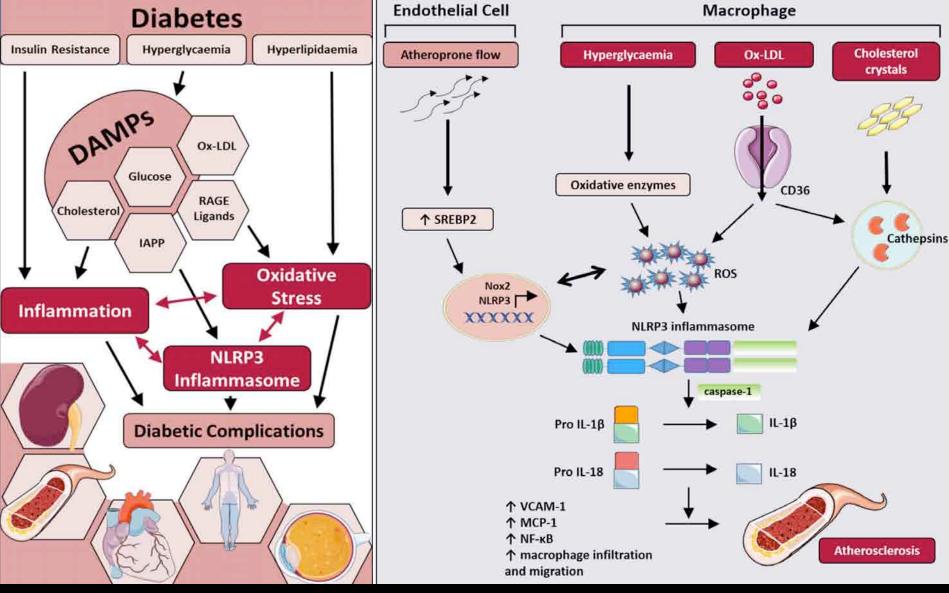
Published: 08 January 2016

Soren Hayrabedyan<sup>1</sup>, Krassimira Todorova<sup>1</sup>, Asma Jabeen<sup>2</sup>, Gergana Metodieva<sup>2</sup>, Stavri Toshkov<sup>3</sup>, Metodi V. Metodiev<sup>2</sup>, Milcho Mincheff<sup>3</sup> & Nelson Fernández<sup>2</sup>

Sertoli cells, can function as non-professional tolerogenic antigen-presenting cells, and sustain the blood-testis barrier formed by their tight junctions. The NOD-like receptor family members and the NALP3 inflammasome play a key role in pro-inflammatory innate immunity signalling pathways. Limited data exist on NOD1 and NOD2 expression in human and mouse Sertoli cells. Currently, there is no data on inflammasome expression or function in Sertoli cells. We found that in primary pre-pubertal Sertoli cells and in adult Sertoli line, TLR4\NOD1 and NOD2 crosstalk converged in NFkB activation and elicited a NALP3 activation, leading to de novo synthesis and inflammasome priming. This led to caspase-1 activation and IL-1 $\beta$  secretion. We demonstrated this process was controlled by mechanisms linked to autophagy. NOD1 promoted pro-IL-1\(\beta\) restriction and autophagosome maturation arrest, while NOD2 promoted caspase-1 activation, IL-1\beta secretion and autophagy maturation. NALP3 modulated NOD1 and pro-IL-1 $\beta$  expression, while NOD2 inversely promoted IL-1 $\beta$ . This study is proof of concept that Sertoli cells, upon specific stimulation, could participate in male infertility pathogenesis via inflammatory cytokine induction.

### Sertoli cell





The **inflammasome** is a <u>multiprotein oligomer</u> responsible for the activation of inflammatory responses. Inflammasome promotes the maturation and secretion of pro-inflammatory <u>cytokines Interleukin 18 (IL-18)</u> and <u>Interleukin 18 (IL18)</u>. The secretion of these cytokines results in <u>pyroptosis</u>, a form of programmed pro-inflammatory cell death distinct from <u>apoptosis</u>. In the case of dysregulation of the inflammasome, an assortment of major diseases may arise



#### OPEN

# Sertoli cells have a functional NALP3 inflammasome that can modulate autophagy and cytokine production

Received: 15 September 2015

Accepted: 27 November 2015

#### Mitochondrion organization

mTOR signaling pathway
Negative regulation of cell proliferation
NOD-like receptor signaling pathway
Regulation of tight junction assembly
RIG-I-like receptor signaling pathway
Regulation of I-kappaB kinase/NF-kappaB signaling
tight junction

#### Common Pathways

Endocytosis

Adipocytokine signaling pathway

Bacterial invasion of epithelial cells

Fc epsilon RI signaling pathway

#### Fc gamma R-mediated phagocytosis

Lysosome organization

MAPK signaling pathway

Negative regulation of inflammatory response

#### Phagosome

Regulation of cell proliferation

Regulation of Inflammatory response

Regulation of programmed cell death

Toll-like receptor signaling pathway

#### le-DAP

#### Autophagy

Endosome to lysosome transport

Lysosomal transport

Negative regulation of cell proliferation

Positive regulation of epithelial cell migration

Positive regulation of macroautophagy

Positive regulation of leukocyte cell-cell adhesion

# NLRP3 Inflammasome Involvement in the Organ Damage and Impaired Spermatogenesis Induced by Testicular Ischemia and Reperfusion in Mice

Letteria Minutoli, Pietro Antonuccio, Natasha Irrera, Mariagrazia Rinaldi, Alessandra Bitto, Herbert Marini, Gabriele Pizzino, Carmelo Romeo, Antonina Pisani, Giuseppe Santoro, Domenico Puzzolo, Carlo Magno, Francesco Squadrito, Antonio Micali, and Domenica Altavilla

Department of Clinical and Experimental Medicine, University of Messina, Azienda Ospedaliera Universitaria Policlinico "G. Martino", Messina, Italy (L.M., N.I., M.R., A.B., H.M., G.P., F.S.); Department of Paediatric, Gynaecological, Microbiological, and Biomedical Sciences, University of Messina, Azienda Ospedaliera Universitaria Policlinico "G. Martino", Messina, Italy (P.A., C.R., D.A.); Department of Biomedical Sciences and Morphofunctional Imaging, University of Messina, Azienda Ospedaliera Universitaria Policlinico "G. Martino", Messina, Italy (A.P., G.S., D.P., A.M.); and Department of Human Pathology, University of Messina, Azienda Ospedaliera Universitaria Policlinico "G. Martino", Messina, Italy (C.M.)





J Pharmacol Exp Ther 355:370–380, December 2015





### Role of NLRP3 in an experimental model of testicular ischemia and reperfusion in mice

Antonio Micali<sup>1</sup>, Antonina Pisani <sup>1</sup>, Alba Maria Arco <sup>1</sup>, Letteria Minutoli<sup>2</sup>, Pietro Antonuccio<sup>3</sup>, Carmelo Romeo<sup>3</sup>, Gabriele Pizzino<sup>2</sup>, Francesco Squadrito<sup>2</sup>, Domenica Altavilla<sup>2</sup>, Domenico Puzzolo<sup>1</sup>

- <sup>1</sup>Department of Biomedical Sciences and Morphofunctional Imaging,, University of Messina, Italy
- <sup>2</sup> Department of Clinical and Experimental Medicine, University of Messina, Italy
- <sup>3</sup> Department of Paediatric, Gynaecological, Microbiological and Biomedical Sciences, University of Messina, Italy



NLRP3 inhibition might have a protective role on spermatogenesis



#### Cardiovascular Drugs and Therapy

--- April 2018, Volume 32, Issue 2, pp 135-145 | Cite as

Combined SGLT2 and DPP4 Inhibition Reduces the Activation of the Nlrp3/ASC Inflammasome and Attenuates the Development of Diabetic Nephropathy in Mice with Type 2 Diabetes

Authors	Authors and affiliations
Yochai Birnbaum,	Mandeep Bajaj, Hsiu-Chiung Yang, Yumei Ye ⊡

#### **CONCLUSION:**

Dapa attenuates the inflammasome activation and progression of DN in T2DM mice and whether these effects can be augmented by adding DPP4I saxagliptin.



#### Cardiovascular Drugs and Therapy

April 2017, Volume 31, Issue 2, pp 119-132 | Cite as

SGLT-2 Inhibition with Dapagliflozin Reduces the Activation of the Nlrp3/ASC Inflammasome and Attenuates the Development of Diabetic Cardiomyopathy in Mice with Type 2 Diabetes. Further Augmentation of the Effects with Saxagliptin, a DPP4 Inhibitor

#### **Conclusions**

Dapa attenuated the activation of the inflammasome, fibrosis, and deterioration of LVEF in BTBR mice. The anti-inflammatory, anti-fibrotic effects are likely SGLT2- and glucose-lowering-independent, as they were replicated in the in vitro model.





#### **Heart Failure and Cardiomyopathies**

#### DAPAGLIFLOZIN ATTENUATES DIABETIC CARDIOMYOPATHY AND THE ACTIVATION OF THE NLRP3/ ASC INFLAMMASOME IN MICE WITH TYPE-2 DIABETES: A GLUCOSE-LOWERING AND SGLT-2 INDEPENDENT EFFECT

Poster Contributions Poster Hall, Hall C Friday, March 17, 2017, 3:45 p.m.-4:30 p.m.

Session Title: Diabetes and Endothelial Dysfucntion in Heart Failure Abstract Category: 12. Heart Failure and Cardiomyopathies: Basic

Presentation Number: 1162-244

Authors: Yumei Ye, Mandeep Bajaj, Yochai Birnbaum, UTMB, Galveston, TX, USA, Baylor College of Medicine, Houston, TX, USA

**Background:** SGLT2 inhibition with empagliflozin reduced the primary composite outcome (cardiovascular mortality, nonfatal myocardial infarction, or nonfatal stroke) in patients with type-2 diabetes (T2D).

Purpose: To assess whether Dapagliflozin (Dapa) attenuates the deterioration of left ventricular (LV) function and the activation of the inflammasome in T2D mice.

**Conclusions:** Dapa attenuates T2D-induced activation of the inflammasome, increased expression of collagen and the adverse cardiac remodeling. As SGLT-2 is not expressed in the heart and similar effects were seen in vitro, a direct SGLT-2-independent and glucose lowering-independent effect is present.

#### CLINICAL RESEARCH STUDY

The American Journal of Medicine, Vol 130, No 6S, June 2017



### EMPA-REG OUTCOME: The Endocrinologist's Point of View



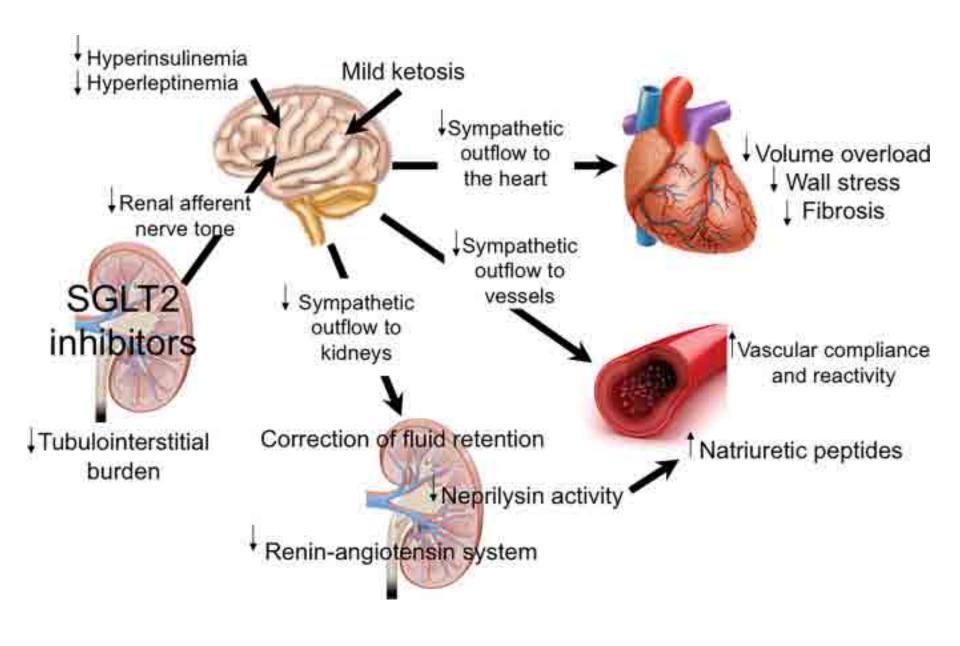
Leigh Perreault, MD

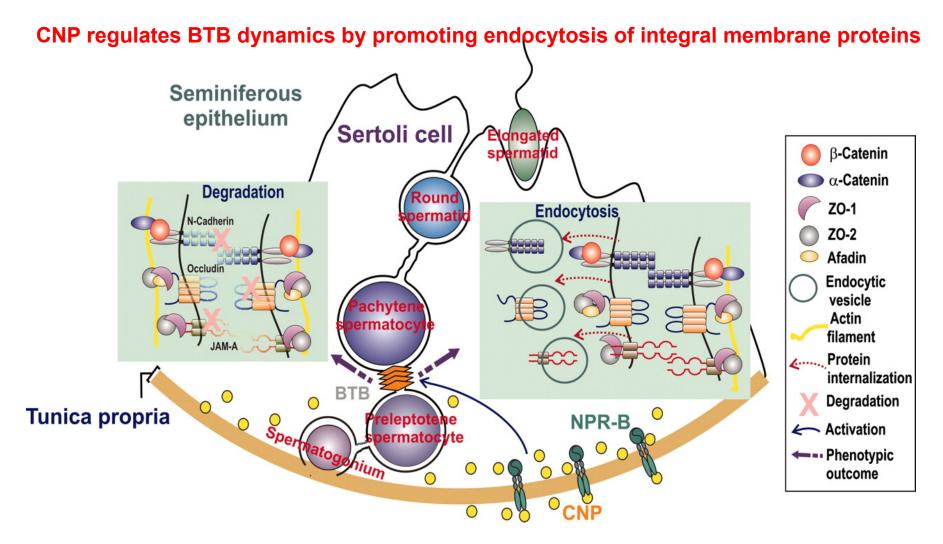
University of Colorado Anschutz Medical Campus, Aurora.

For many years, it was widely accepted that control of plasma lipids and blood pressure could lower macrovascular risk in patients with type 2 diabetes mellitus (T2DM), whereas the benefits of lowering plasma glucose were largely limited to improvements in microvascular complications. The Empagliflozin Cardiovascular Outcome Event Trial in Type 2 Diabetes Mellitus Patients—Removing Excess Glucose (EMPA-REG OUTCOME) study demonstrated for the first time that a glucose-lowering agent, the sodium glucose cotransporter 2 (SGLT2) inhibitor empagliflozin, could reduce major adverse cardiovascular events, cardiovascular mortality, hospitalization for heart failure, and overall mortality when given in addition to standard care in patients with T2DM at high cardiovascular risk. These results were entirely unexpected and have led to much speculation regarding the potential mechanisms underlying cardiovascular benefits. In this review, the results of EMPA-REG OUTCOME are summarized and put into perspective for the endocrinologist who is treating patients with T2DM and cardiovascular disease.

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CNP regulates BTB dynamics by promoting endocytosis of integral membrane proteins. This effect, coupled with degradation of proteins at the BTB possibly via the ubiquitination/lysosomal pathway under the influence of other molecules, in turn reduces the steady-state levels of integral membrane proteins at the BTB. The net result opens the BTB to facilitate preleptotene spermatocyte migration that occurs at stage VIII of the epithelial cycle. It is likely that CNP is working in concert with other molecules in the microenvironment of the seminiferous epithelium, such as  $TGF-\beta 3$  and  $TNF\alpha$ , to regulate BTB dynamics.



#### THE C-TYPE NATRIURETIC PEPTIDE SYSTEM IN THE TESTIS

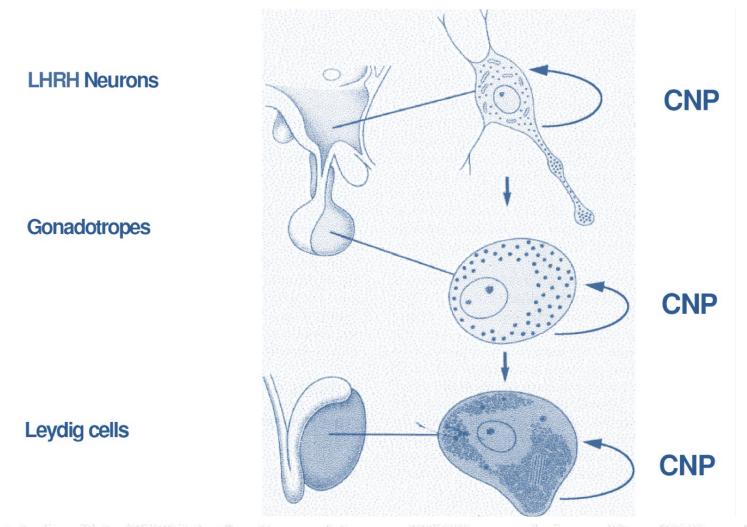


Fig. 1. Autocrine effects of CNP in Leydig cells, gonadotropes, and LHRH neurons. In these cell types CNP is produced and leads to an accumulation of the second messenger cGMP mediated by guanylate cyclase B, the receptor for CNP (5,14,17-20). Moreover, CNP induces an increase of testosterone release by Leydig cells (14), and an increase of LHRH secretion by LHRH neurons (20).

#### THE C-TYPE NATRIURETIC PEPTIDE SYSTEM IN THE TESTIS

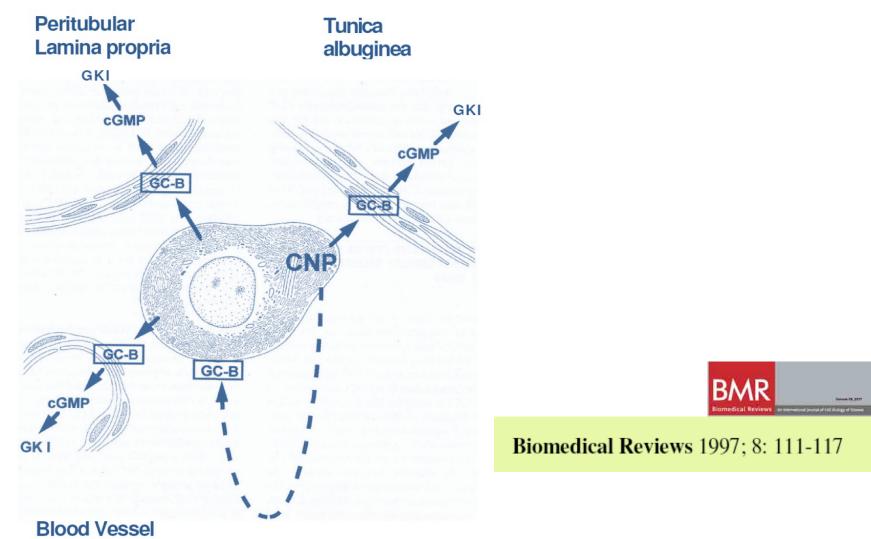


Fig. 2. Schematic presentation of presumed testicular actions of CNP. CNP is produced in human Leydig cells. Based on the presence of specific receptors for CNP, Leydig cells, myofibroblasts of the tunica albuginea, myofibroblasts of the peritubular lamina propria and, vascular smooth muscle cells represent potential sites of CNP activity. This may result in relaxation of contractile cells, presumably mediated by cGMP and GKI (37). In Leydig cells, autocrine actions of CNP may influence testosterone production (14) via a promiscuous activation of cAMP-dependent protein kinase by cGMP (42, 45).

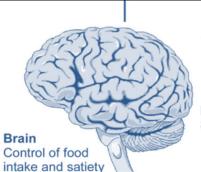
#### NPs regulate key functions of the cardiovascular system

#### **Metabolic effects**



#### **BAT**

Mitochondrial biogenesis ↑
"Browning" of white adipocytes ↑
Therrmogenic energy expenditure



#### Cardiovascular effects

Hemodynamic load

Brain

Sympathetic activity ↓

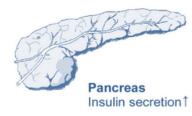


#### WAT

Lipolysis and lipid mobilization 
Secretion of adipokines
Secretion of cytokines and
regulation of inflammatory status



#### Linal



#### Heart and vasculature Vasodilatation↑

Coronary perfusion↑
Contractility
Blood pressure↓

Angiogenesis↑ Atherosclerosis↓



#### Heart

Cardiac remodelling

Hypertrophy↓ Fibrosis↓ Apoptosis↓



Oxidative stress \( \) Anti-inflammation Hepatoprotection

#### Skeletal muscle

Enhanced energy metabolism:
Mitochondrial biogenesis 
Mitochondrial oxidative metabolism 
Lipid oxidation

Angiogenesis 1





**Kidney** RAA↓ Natriure:

Natriuresis↑ Diuresis↑

#### **Natriuretic Peptides**

### cGMP

#### Heart

- •Hypertrophy ↓
- Proliferation ↓
- •Fibrosis ↓
  •Inotropy ↑
- •Remodeling ↓



#### Lungs

- •Fibrosis ↓
- Inflammation↓
- Pulmonary hypertension↓



#### Vasculature

- •Vasodilation ↑
- •Remodeling ↓
- •Endothelial function 1
- •Inflammation↓
- •Preload ↓/ Afterload ↓



Liver



•Insulin sensitivity↑ •Lipolysis↑

#### Kidney



- •Natriuresis ↑
- •Diuresis ↑
- •GFR ↑
- •Renin secretion î
- •Aldosterone inhibition
- •AVP inhibition

#### CNS



- •Sympathetic tone↓
- •Vagotonus↑
- •Baroreflex modulation
- •Appetite ↓

#### Skeletal muscle

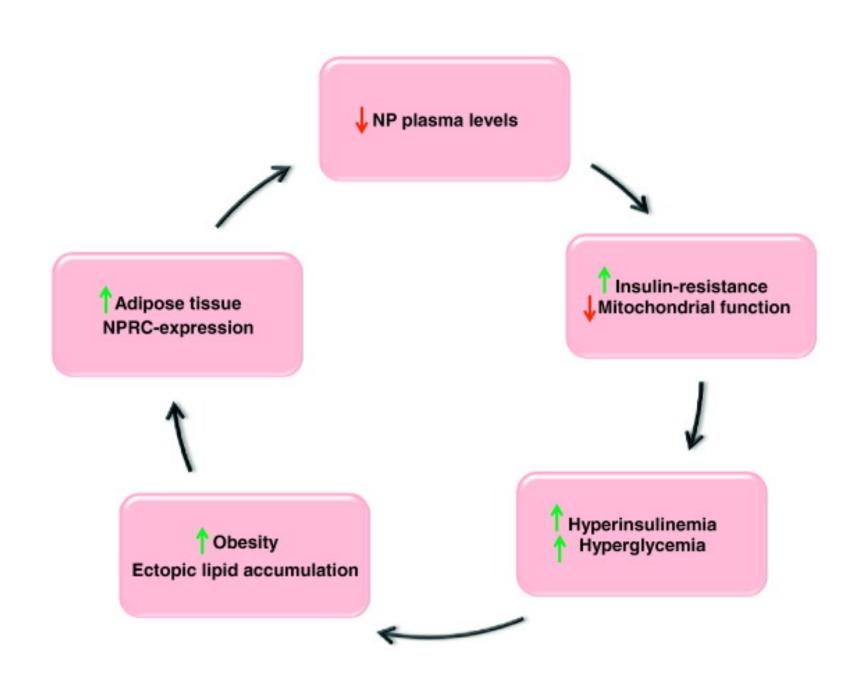


- Mitochondrial biogenesis ↑
- •Lipid oxidation ↑
- •Energy expenditure ↑

#### Adipose tissue



•Lipolysis↑ •Thermogenesis↑ •Inflammation↓



#### Proposed effect of SGLT2 inhibition Effect on biomarkers · Diuresis, natriuresis Blood pressure lowering · Loss of body weight ↓ NT-proBNP Reduced inflammation/oxidative stress Improved vascular compliance J hsTnl Long-term preservation of renal function Metabolic effects on myocardium, improving energetics Inhibition of Na/H co-transporter Improvement in myocardial remodeling ↑ Galectin-3 Transient decrease in eGFR

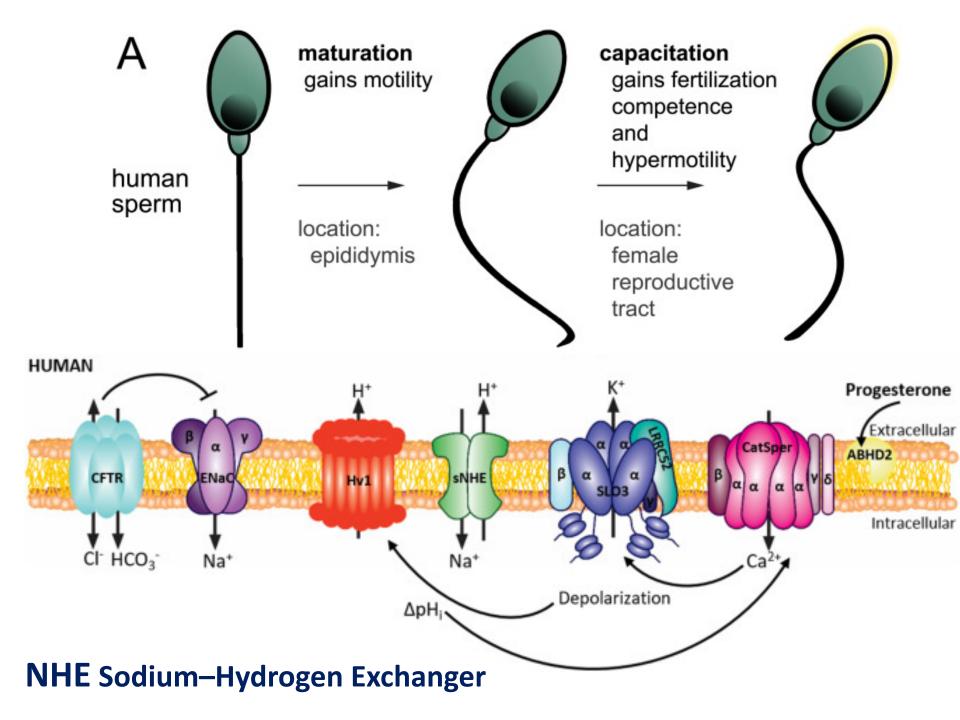
Januzzi, Jr., J.L. et al. J Am Coll Cardiol. 2017;70(6):704-12.

Through its beneficial effects on the heart, canagliflozin prevented a rise in N-terminal pro-B-type natriuretic peptide (NT-proBNP) and high-sensitivity troponin I (hsTnI). Possibly through transient reduction in estimated glomerular filtration rate (eGFR), galectin-3 increased modestly. Na/H = sodium/proton; SGLT2 = sodium glucose co-transporter 2.









#### Algorithm for Adding/Intensifying Insulin

Glycemic

Control Not

at Goal\*





#### START BASAL (Long-Acting Insulin)

A1C < 8%

A1C > 8%

TDD 0.1-0.2 U/kg

TDD 0.2-0.3 U/kg

#### Insulin titration every 2-3 days to reach glycemic goal:

- · Fixed regimen: Increase TDD by 2 U
- · Adjustable regimen:
  - FBG > 180 mg/dL: add 20% of TDD
  - FBG 140–180 mg/dL; add 10% of TDD
  - FBG 110-139 mg/dL: add 1 unit
- If hypoglycemia, reduce TDD by:
- BG < 70 mg/dL: 10% 20%</li>
- BG < 40 mg/dL: 20% 40%</li>

Consider discontinuing or reducing sulfonylurea after starting basal insulin (basal analogs preferred to NPH)

#### \*Glycemic Goal:

- <7% for most patients with T2D; fasting and premeal</p> BG < 110 mg/dL; absence of hypoglycemia
- A1C and FBG targets may be adjusted based on patient's age, duration of diabetes, presence of comorbidities, diabetic complications, and hypoglycemia risk

#### INTENSIFY (Prandial Control)

#### Add **GLP-1 RA**

Or SGLT-2i Or DPP-4i

#### Add Prandial Insulin





Basal Plus 1. Plus 2, Plus 3

#### Basal Bolus

- Begin prandial insulin before largest meal
- If not at goal, progress to injections before 2 or 3 meals
- Start: 10% of basal dose or 5 units

- Begin prandial insulin before each meal
- 50% Basal / 50% Prandial TDD 0.3-0.5 U/kg
- Start: 50% of TDD in three doses before meals

#### Insulin titration every 2-3 days to reach glycemic goal:

- Increase prandial dose by 10% or 1-2 units if 2-h postprandial or next premeal glucose consistently > 140 mg/dL
- If hypoglycemia, reduce TDD basal and/or prandial insulin by:
  - BG consistently < 70 mg/dL: 10% 20%</li>
  - Severe hypoglycemia (requiring assistance from another person) or BG < 40 mg/dL: 20% - 40%

#### IGF-I, IGF-II and insulin promote differentiation of spermatogonia to primary spermatocytes in organ culture of newt testes

YUKI NAKAYAMA<sup>1</sup>, TAKASHI YAMAMOTO<sup>2</sup> and SHIN-ICHI ABÉ<sup>1\*</sup>

<sup>1</sup>Department of Materials and Life Science, Graduate School of Science and Technology and <sup>2</sup>Department of Biological Science, Faculty of Science, Kumamoto University, Kumamoto, Japan







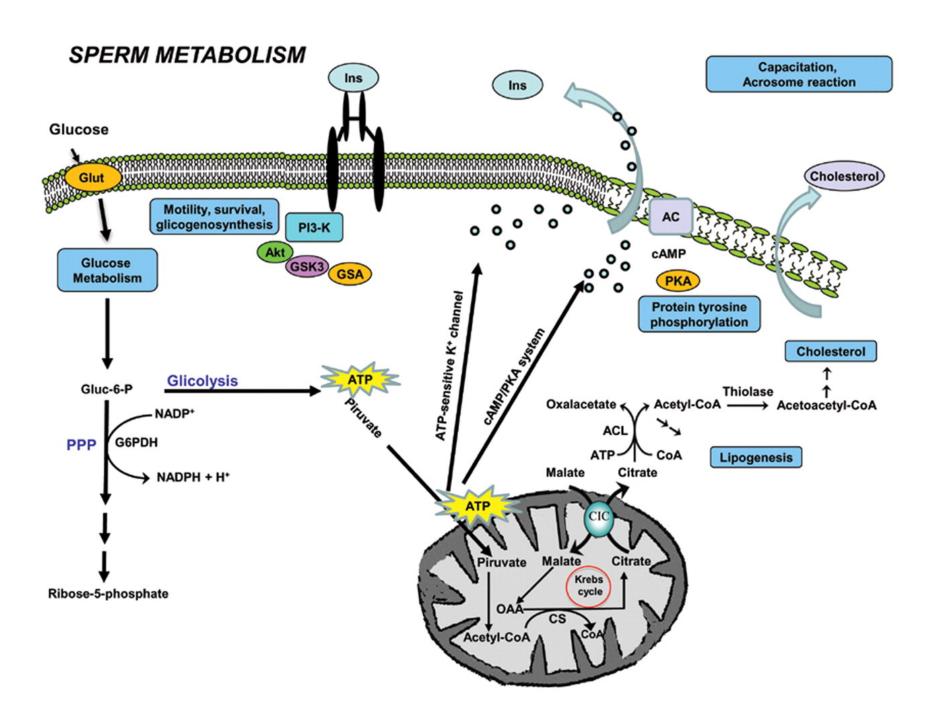
### **Physiology & Behavior**

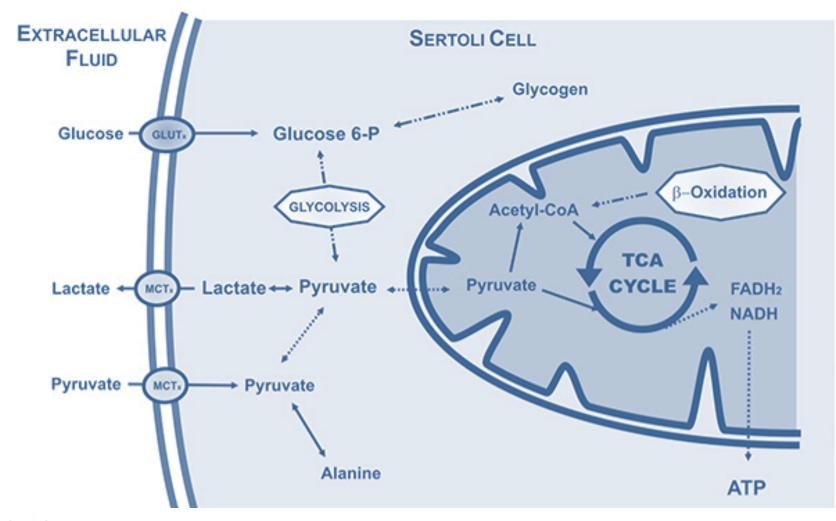
#### Insulin: its Role in the Central Control of Reproduction

Physiol Behav. 2014 June 22; 0: 197–206.

#### **Highlights**

- Insulin plays a key role in the regulation of reproduction in addition to metabolism
- Insulin regulates both pulsatile and surge secretion of GnRH/LH
- Insulin may be a signal in prenatal programming of adult reproductive function
- Insulin targets in the brain include kisspeptin, AgRP and POMC neurons
- Insulin resistance in human disease is associated with reproductive dysfunction





#### Highlights

- ► The first hours of insulin deprivation are critical in hSCs in vitro.
- ► Insulin deprivation affects glucose uptake and lactate production/export.
- ► Insulin-deprived hSCs present altered expression of metabolism-associated genes.
- ► GLUT1 and GLUT3 expression levels are modulated by insulin-deprivation in hSCs.

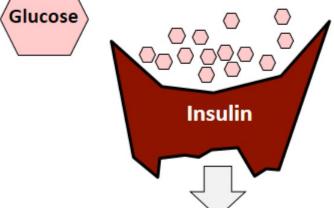
# Cell types affected by Lack of functional insulin

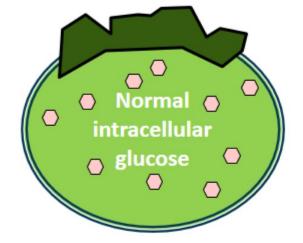
Exogenous insulin treatment rescues testicular phenotype

## Insulin Resistance, Overinsulinization, and T2DM

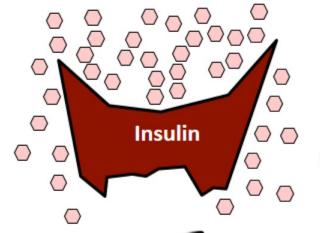
#### Normal insulin metabolism

### Glucose

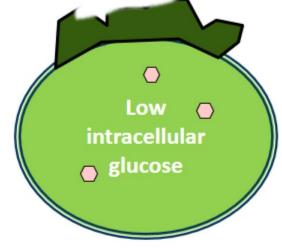




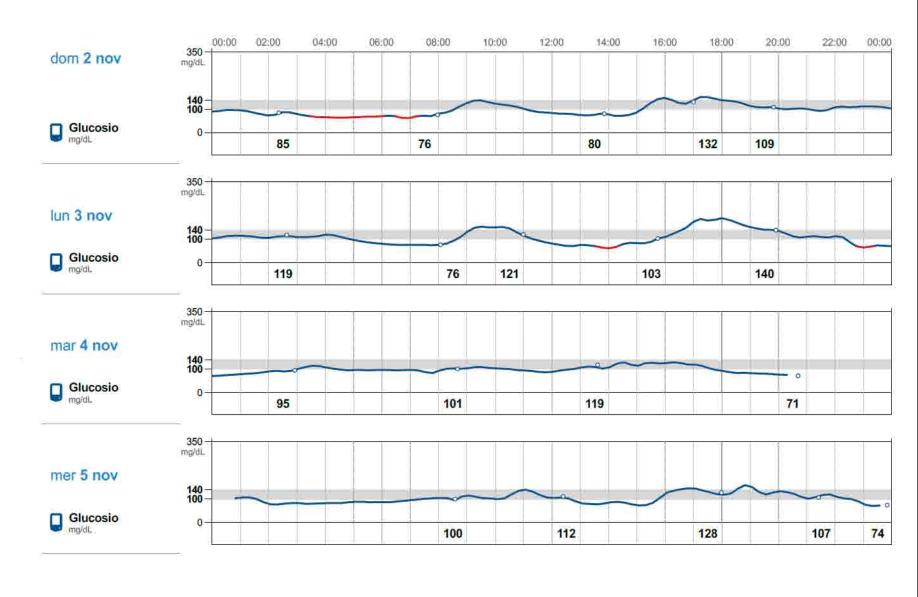
#### Insulin resistance



个Exogenous insulin requirements



#### Diario giornaliero



Legenda Glucosio alto (>240) Glucosio basso (<70) \* Test con striscla O Scansione sensore 🎉 Registrato 🛄 Picco postprandiale • Nuovo sensore 😉 Modifica ora

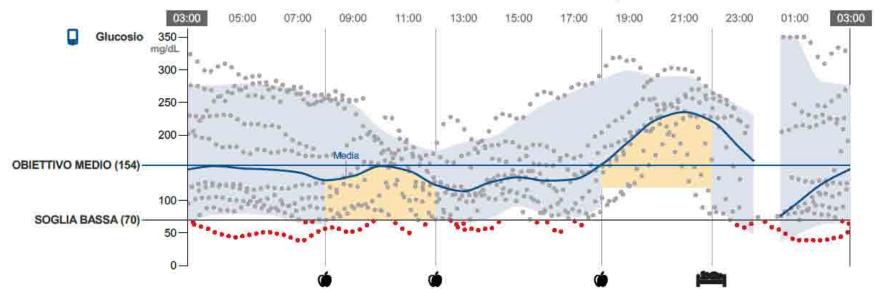
#### Indicatori di profilo del glucosio(con valori del glucosio)

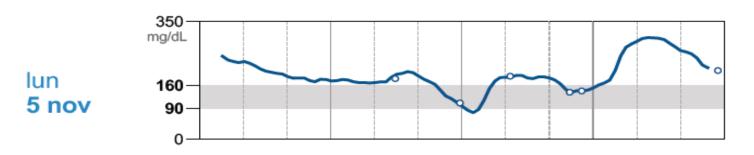
25 ottobre 2018 - 7 novembre 2018 (14 giorni)

IMPOSTAZIONE GLUCOSIO BASSO CONSENTITO: Medio

IMPOSTAZIONI OBIETTIVO MEDIO: 154 mg/dL (A1c: 7,0% o 53 mmol/mol)

#### A1c stimata 7,2% o 55 mmol/mol







#### Rationale for Combination of Basal Insulin plus a GLP-1 Agonist

#### Basal insulin analogues

- Suppress hepatic glucose production
- Control nocturnal and FPG
- Improve β-cell function
- Weight re-gain ~1–3 kg
- Less hypoglycemia risk vs NPH
- Simple titration algorithms available
- Avoid clinical inertia

#### **GLP-1 receptor agonists**

- Differential impacts on both FPG,PPG
- Improve insulin release and sensitivity to insulin
- Decrease gastric emptying
- No independent increase in hypoglycaemia
- Weight loss ~1–3 kg
- Simple to use

Complementary and potentially synergistic effects

Optimise HbA<sub>1c</sub> control, safely

#### Glycemic Control Algorithm





INDIVIDUALIZE For patients without concurrent serious For patients with concurrent serious A1C ≤ 6.5% A1C > 6.5% GOALS illness and at low hypoglycemic risk illness and at risk for hypoglycemia LIFESTYLE THERAPY (Including Medically Assisted Weight Loss) Entry A1C < 7.5% **Entry A1C ≥ 7.5%** Entry A1C > 9.0% MONOTHERAPY\* SYMPTOMS **DUAL THERAPY\*** NO YES Metformin TRIPLE THERAPY\* GLP-1 RA GLP-1 RA J GLP-1 RA DUAL INSULIN SGLT-2i SGLT-2i Therapy ✓ SGLT-2i DPP-4i Other DPP-4i MET OR MET Agents TZD TZD or other TZD or other 1st-line TRIPLE Basal insulin 1st-line Basal Insulin agent + AGi Therapy agent 2nd-line J DPP-4i ✓ Colesevelam agent SU/GLN Colesevelam Bromocriptine QR Bromocriptine QR AGi ADD OR INTENSIFY INSULIN ✓ AGi SU/GLN If not at goal in 3 months Refer to Insulin Algorithm proceed to Dual Therapy SU/GLN If not at goal in 3 months LEGEND proceed to \* Order of medications represents If not at goal in Triple Therapy Few adverse events and/or a suggested hierarchy of usage; 3 months proceed length of line reflects strength possible benefits to or intensify of recommendation insulin therapy Use with caution

PROGRESSION OF DISEASE

### Grazie per l'attenzione!