



Associazione  
Medici  
Endocrinologi

Rome, March 8-9



European Society  
of **Endocrinology**  
The voice for endocrinology

# AME-ESE 2024 Early Career Update in Clinical Endocrinology



Endorsed by



Società Italiana  
Endocrinologia

## PRELIMINARY SCIENTIFIC PROGRAM

### FRIDAY 8

#### SESSION 1 | Reproduction

*Chairs: Roberto Negro (IT) and Djuro Macut (SRB)*

- 08.15 **Clinical case**  
*Valerio Renzelli (IT)*  
**Common causes and endocrinologic work up of male infertility**  
*Dimitrios Goulis (GR)*
- 08.45 **Clinical case**  
*TBD*  
**Common causes and endocrinologic work up of female infertility**  
*Cecilia Motta (IT)*
- 09.15 **Clinical case**  
*Elisabetta Marchesi (IT)*  
**Impact of type 1 and type 2 diabetes on fertility**  
*Olga Disoteo (IT)*
- 09.45 **Clinical case**  
*TBD*  
**A guide to medically assisted procreation**  
*Giovanni Corona (IT)*
- 10.15 **Interactive discussion and THM**  
*Roberto Negro (IT) and Djuro Macut (SRB)*
- 10.45 **Coffee break with experts**

#### SESSION 2 | Bone metabolism

*Chairs: Fabio Vescini (IT), Franco Grimaldi (IT), and Jens Bollerslev (NO)*

- 11.15 **Clinical case**  
*Guido Zavatta (IT)*  
**Densitometry and R.E.M.S: pearls and pitfalls**  
*Stefania Bonadonna (IT)*

- 11.45 **Clinical case**  
*TBD*  
**Laboratory evaluation of primary and secondary osteoporosis**  
*Richard Eastell (UK)*
- 12.15 **Clinical case**  
*Enrico Riccio (IT)*  
**Use and misuse of vitamin D**  
*Fabio Vescini (IT)*
- 12.45 **Clinical case**  
*TBD*  
**Rational use of pharmacological treatment for osteoporosis**  
*Andrea Palermo (IT)*
- 13.15 **Interactive discussion and THM**  
*Fabio Vescini (IT) and Jens Bollerslev (NO)*
- 13.45 **Lunch**
- 14.45 **LECTURE**  
**Controversies in the management of patients with endogenous hypercortisolism**  
*Chairs: Massimo Terzolo (IT), Martin Reincke (GER) and Jerome Bertherat (FR)*  
*Speaker: Giuseppe Reimondo (IT)*
- Interactive discussion with speaker and chairs:**  
**Kick-off by Mattia Barbot (IT)**

#### SESSION 3 | Thyroid

*Chairs: Enrico Papini (IT) and Maria Alevizaki (GR)*

- 15.45 **Clinical case**  
*TBD*  
**An update in thyroid cancer staging**  
*Miloš Žarković (SRB)*



- 16.15 **Clinical case**  
*Roberto Novizio (IT)*  
**Thyroid microcarcinoma: management options in 2024**  
*Andrea Frasoldati (IT)*
- 16.45 **Clinical case**  
*TBD*  
**Calcitonin: screening, diagnosis, and follow up of medullary thyroid carcinoma**  
*Simona Censi (IT)*
- 17.15 **Clinical case**  
*Vincenzo Di Donna (IT)*  
**The role of rhTSH: when it is necessary, debatable or useless**  
*Cosimo Durante (IT)*
- 17.45 **Interactive discussion and THM**  
*Enrico Papini (IT), Maria Alevizaki (GR) and Rinaldo Guglielmi (IT)*
- 18.15 **Adjournment**
- 19.30 **Scrolling around the Baroque area and Dinner in Trastevere**

## **SATURDAY 9**

### **Session 4 | Obesity**

**Chairs: Marco Chianelli (IT) and Catalina Poiana (RO)**

- 08:00 **Clinical case**  
*Carmela Cocco (IT)*  
**Nutritional approaches to the management of obesity**  
*Marco Chianelli (IT)*
- 08.30 **Clinical case**  
*TBD*  
**Overview on the pharmacological treatment of obesity**  
*Silvia Bettini (IT)*

- 09.00 **Clinical case**  
*TBD*  
**Moderate obesity: bariatric surgery or pharmacological approach?**  
*Blandine Cherifi-Gatta (FR)*
- 09.30 **Clinical case**  
*Silvia Briganti (IT)*  
**Toolbox: how to handle pharmacological treatment of obesity**  
*Roberto Vettor (IT)*
- 10.00 **Interactive discussion and THM**  
*Marco Chianelli (IT) and Catalina Poiana (RO)*
- 10.30 **Coffee break with the experts**

### **Session 5 | Management of adrenal insufficiency**

**Chairs: Marco Cappa (IT), Wiebke Arlt (UK) and Gianluca Aimaretti (IT)**

- 11.00 **Clinical case**  
*TBD*
- 11.15 **Biochemical and instrumental diagnosis**  
*Wiebke Arlt (UK)*
- 11.45 **Clinical case**  
*Chiara Sabbadin (IT)*
- 12.00 **Current therapy and future perspectives on the horizon**  
*Alessandro Prete (UK)*
- 12.30 **THM**
- 12.45 **Meeting wrap-up**
- 13.00 **Closure of the meeting**

## **INFORMATION**

### **Venue**

Hotel NH Collection Roma Centro  
Via dei Gracchi, 324

### **Attendees**

40 Endocrine specialists; age < 40 years; (20 from Italy, selected by AME, and 20 from abroad, with an open registration promoted by ESE).

### **Faculty**

- 33 experts, 21 from Italy and 12 from Europe (proposed by ESE) (including the Presidents for opening ceremony).
- Clinical cases presenters: 19 (10 from Italy) included in the 40 young specialists.

### **Steering Committee**

Representatives from ESE and AME International and Scientific Committee.

### **Hospitality and registration**

€ 150.

### **Travel**

To be paid by attendees.

### **Educational modalities**

Clinically oriented interactive sessions.  
English language.