

## LOCAL HOST

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Luca Maria Sconfienza, Milan - IT  
Luigi Solbiati, Milan - IT

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Edouard Ghanassia, Sete - FR  
Mirsyni Gkeli, Athens - GR  
Giovanni Mauri, Milan - IT  
Hervé Monpeyssen, Paris - FR  
Enrico Papini, Albano Laziale, RM - IT

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Luigi Solbiati, Milan - IT  
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Hossam A. Ghazi, Mansoura - EG  
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MINIMALLY-INVASIVE TREATMENTS  
of the  
**THYROID**  
& SAVE YOUR THYROID  
COURSE 2024

15-16 FEBRUARY  
MILAN

MINIMALLY-INVASIVE TREATMENTS  
of the  
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## CONFERENCE VENUE

Congress Center  
IRCCS Ospedale Galeazzi - Sant'Ambrogio  
Via Cristina Belgioioso 173  
20161 Milan, Italy

## PROVIDER AND ORGANIZING SECRETARIAT

Arseducandi Srl



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## OFFICIAL LANGUAGE

English

## ITALIAN CME CREDITS - ID 317-371963

The Congress has been accredited at the Italian Continuing Medical Education (CME).  
Nr. 5,6 credits for Physician: Endocrinology, Oncology, Radiodiagnosis, Internal Medicine,  
General Surgery, Pathological Anatomy, Otolaryngology, Nuclear Medicine.

## EDUCATIONAL OBJECTIVE:

Guidelines, procedures and clinical documentation

## REGISTRATION

The Congress is reserved for n. 200 Participants  
The Hands on courses are reserved for n. 60 Participants

REGISTRATION FEES (VAT included)	Early registrations until January 15 <sup>th</sup> , 2024	Registration after January 15 <sup>th</sup> , 2024
Exclusive registration to the Congress	€ 300,00	€ 350,00
Registration to the Congress and n. 1 Hands-on course	€ 400,00	€ 450,00
Residents (registration to the Congress)	free	free
<b>Members: SYT, SIUMB, AME, AFTHY, APRI, HUNGARIA INTERNATIONAL SOCIETY, SEUS, TGRD</b>		
Exclusive registration to the congress	€ 100,00	-
Registration to the congress and n. 1 Hands-on course	€ 150,00	-

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International School of SIUMB

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Minimally Invasive Thyroid Treatments (MITT) are increasingly applied in the clinical practice all over Europe for the treatment for benign and malignant thyroid diseases.

The MITT group has been founded in 2018 in Italy to promote multidisciplinary partnership among physicians with different expertise who share the interest in MITT and to improve the clinical, diagnostic, and therapeutic management of benign and malignant thyroid and parathyroid glands diseases.

During the 2024 MITT meeting, the present guidelines on both benign and malignant thyroid disease management will be presented, and the most widely used techniques for ablation will be presented by renowned experts in the field. Also, the most updated evidence on the application of MITT in benign thyroid nodules, autonomously functioning thyroid nodules, and malignant tumours will be illustrated.

Furthermore, a series of real-life clinical cases will be presented and discussed between the expert panel and the participants.

During the second day, the organization of a thyroid ablation clinical practice will be discussed, with particular focus on preoperative and postoperative patients' management, possible type of anaesthesia, with the discussion of a video-recorded treatment.

In the end, a series of "hot topics" on minimally invasive treatments of the thyroid will be presented and discussed with the participants, including treatment of parathyroid adenomas, complications of MITT and their management, and the problem of nodule regrowth.

Hands-on workshops will also be available at the end of the meeting for those who will want to try the different available technologies and techniques on dedicated phantoms.

With the Endorsements of:



and with the collaboration of:



TGRD



## Thursday, 15<sup>th</sup> February, 2024

13.15-13.40 Registration

### 13.40-14.00 Welcome and introduction

Giovanni Mauri, Milan - IT, Luca M. Sconfienza, Milan - IT, Luigi Solbiati, Milan - IT  
Roberto Crugnola - CEO IRCCS Ospedale Galeazzi-Sant'Ambrogio, Milan - IT  
Giuseppe Banfi - Scientific Director IRCCS Ospedale Galeazzi-Sant'Ambrogio, Milan - IT  
Renato Cozzi - President AME, Milan - IT

### European guidelines on MITT

Chairpersons: **Hervé Monpeyssen**, Paris - FR, **Luca M. Sconfienza**, Milan - IT

14.00-14.10 Guidelines on benign thyroid nodules - Enrico Papini, Albano Laziale, RM - IT

14.10-14.20 Guidelines on malignant thyroid tumors - Giovanni Mauri, Milan - IT

14.20-14.30 Discussion

### Technologies and techniques for MITT

Chairpersons: **Gioacchino Giugliano**, Milan - IT, **Luigi Solbiati**, Milan - IT

14.30-14.40 RFA - Pál Ákos Deák, Budapest - HU

14.40-14.50 Laser - Daniela Sansone, Turin - IT

14.50-15.00 MWA - Stefano Spiezia, Naples - IT

15.00-15.10 Not only moving shot - Camillo Aliberti, Verona - IT; Andrea Casaril, Verona - IT

15.10-15.20 How I make the choice - Edouard Ghanassia, Sete - FR

15.20-15.35 Discussion

### Present evidences on results of MITT

Chairpersons: **Andrea Frasoldati**, Reggio Emilia - IT, **Edouard Ghanassia**, Sete - FR

15.35-15.45 Benign thyroid nodules - Fulvio Stacul, Trieste - IT

15.45-15.55 AFTN - Johannes-Paul Richter, Berlin - DE

15.55-16.05 Malignant thyroid tumors - Teresa Dionisio, Vila Nova de Gaia - PT

16.05-16.20 Discussion

16.20-16.50 BREAK

### Case based discussion

Chairpersons: **Laura Fugazzola**, Milan - IT, **Myrsini Gkeli**, Athens - GR

16.50-17.10 Case 1 (benign thyroid nodule) - Eveline Slotema, Marseille - FR

17.10-17.30 Case 2 (AFTN) - Marco Dell'Acqua, Milan - IT

17.30-17.50 Case 3 (multinodular goiter) - Gulsah Yildirim, Istanbul - TR

17.50-18.10 Case 4 (PTMC) - Chiara Offi, Naples - IT

18.10-18.30 Case 5 (nodule rupture) - Hervé Monpeyssen, Paris - FR

18.30-18.50 Case 6 (parathyroid adenoma) - Claudio Cusini, Varese - IT

## Friday, 16<sup>th</sup> February, 2024

08.00-08.30 Registration

### Organizing a MITT practice

Chairpersons: **Maurilio Deandrea**, Turin - IT, **Hossam A. Ghazi**, Mansoura - EG

08.30-08.40 Preprocedural workup and postoperative management - Lorenzo Monfardini, Milan - IT

08.40-08.50 Discussion

08.50-09.00 How we do it (with video case) - Daniele Maiettini, Milan - IT

09.00-09.10 Discussion

09.10-09.20 Which anaesthesia? - Monika Sallai, Budapest - HU

09.20-09.30 Discussion

### Hot topics I

Chairperson: **Luca Persani**, Milan - IT

09.30-09.40 Tiny lesions (<5 mL) and big lesions (>30 mL) - Gilles Russ, Paris - FR

09.40-09.50 Discussion

09.50-10.00 US and clinical features to predict treatment response - Izabella Costa Santos, Rio de Janeiro - BR

10.00-10.10 Discussion

10.10-10.20 Complications of MITT - Robert Eisele, Oranienburg - DE

10.20-10.30 Discussion

10.30-10.40 Parathyroid ablation - Luigi Solbiati, Milan - IT

10.40-10.50 Discussion

10.50-11.20 BREAK

### Hot topics II

Chairpersons: **Teresa Dionisio**, Vila Nova de Gaia - PT, **Carmela Asteria**, Milan - IT

11.20-11.30 Nodule regrowth - Stella Bernardi, Trieste - IT

11.30-11.40 Discussion

11.40-11.50 The patient perspective - Jennifer Holkem, Huntsville - USA

11.50-12.00 Discussion

12.00-12.10 Economical impact of introduction of MITT - Giampaolo Papi, Carpi (MO) - IT

12.10-12.20 Discussion

12.20-13.05 Conclusions and future perspectives

Edouard Ghanassia, Sete - FR, Giovanni Mauri, Milan - IT

14.00 - 17.30

## HANDS ON COURSE

2 Parallel Sessions - Not accredited CME

5 stations, rotations every 35 minutes,  
6 people each group  
(approximately 5 minutes each participant  
each station+ 5 of introduction)

Participants will have the opportunity  
to perform ablation on dedicated phantoms  
with different RFA and MWA ablation systems