

Malattia di Cushing: gestione delle recidive

Moderatori

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- Caso clinico
R. Pivonello
- Rischio di recidiva
G. Arnaldi
- Difficoltà diagnostiche
A. Pia
- Opzioni terapeutiche
M.C. Zatelli
- Take-home messages
G. Reimondo

Donna, 40 anni,
2 gravidanze a termine

Incremento ponderale
Astenia
Irsutismo
Alopecia
Striae rubrae
Ipertensione arteriosa in buon
compenso farmacologico
Dislipidemia mista
Diabete mellito di recente
insorgenza ed in solo trattamento
alimentare
Osteopenia di grado severo



Diagnosi

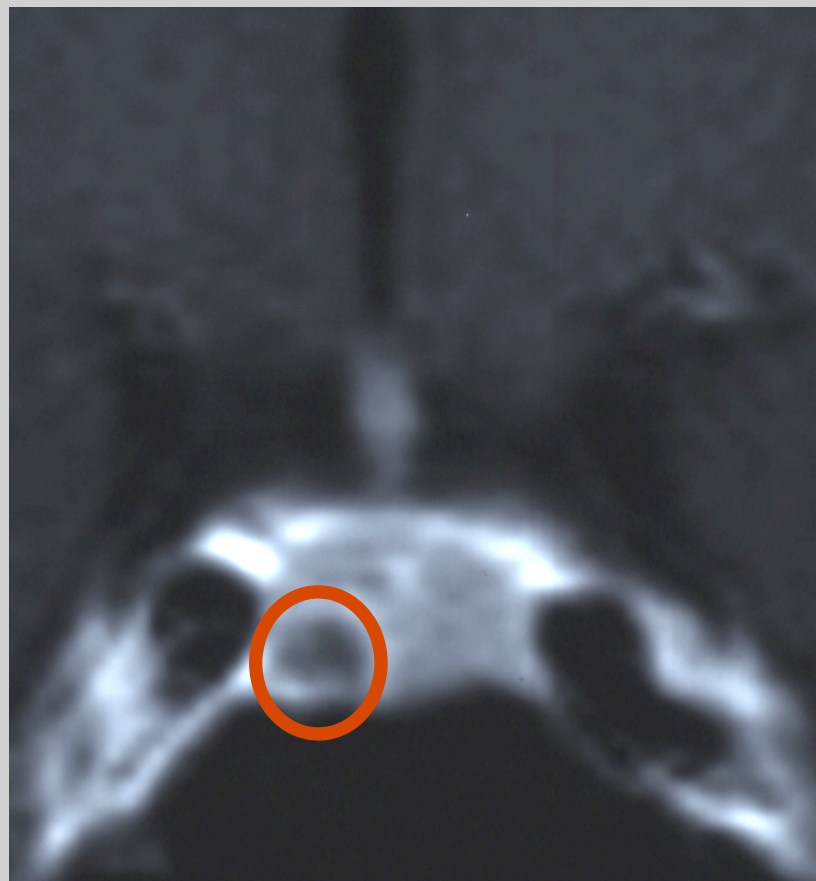
CLU: 1560 $\mu\text{g}/24\text{h}$
ACTH: 65 pg/ml
Cortisolo sierico: 306 ng/ml

DMX 2 mg

CLU: 644 $\mu\text{g}/24\text{h}$
Cortisolo sierico: 237 ng/ml

RMN

Adenoma ipofisario
 $\varnothing = 4 \text{ mm}$



Diagnosi

CRH test

Cortisolo T0: 240 ng/ml

Cortisolo T30: 380 ng/ml

DMX 8 mg

CLU: 250 μ g/24h

Cortisolo sierico: 123 ng/ml

Diagnosi:

Malattia di Cushing



Neurochirurgia: adenomectomia trans-sfenoidale

Dopo 7 giorni

Cortisolo sierico < 18 ng/ml →

Cortone Acetato
37,5 mg/die

Tre mesi dopo

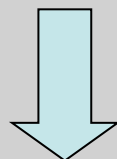
Baseline Cortisolo sierico = 56 ng/mL

DMX 2 mg Cortisolo sierico < 18 ng/mL

ACTH test

Cortisolo basale: 78 ng/ml

Cortisolo T60: 230 ng/ml



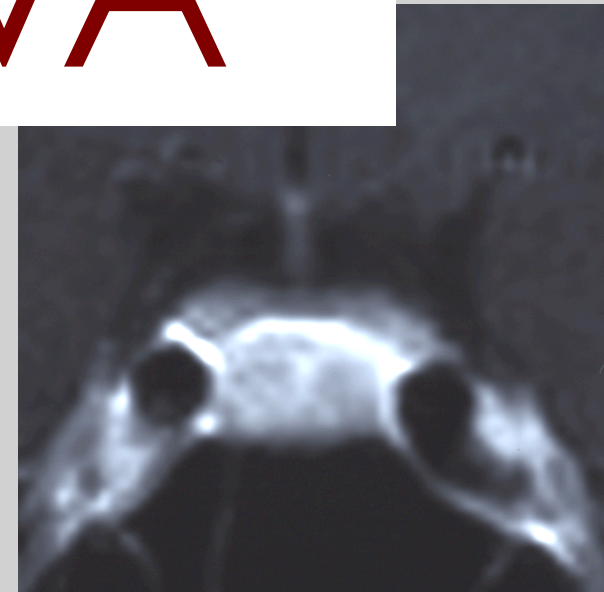
Sospensione del Cortone Acetato

Due anni dopo...

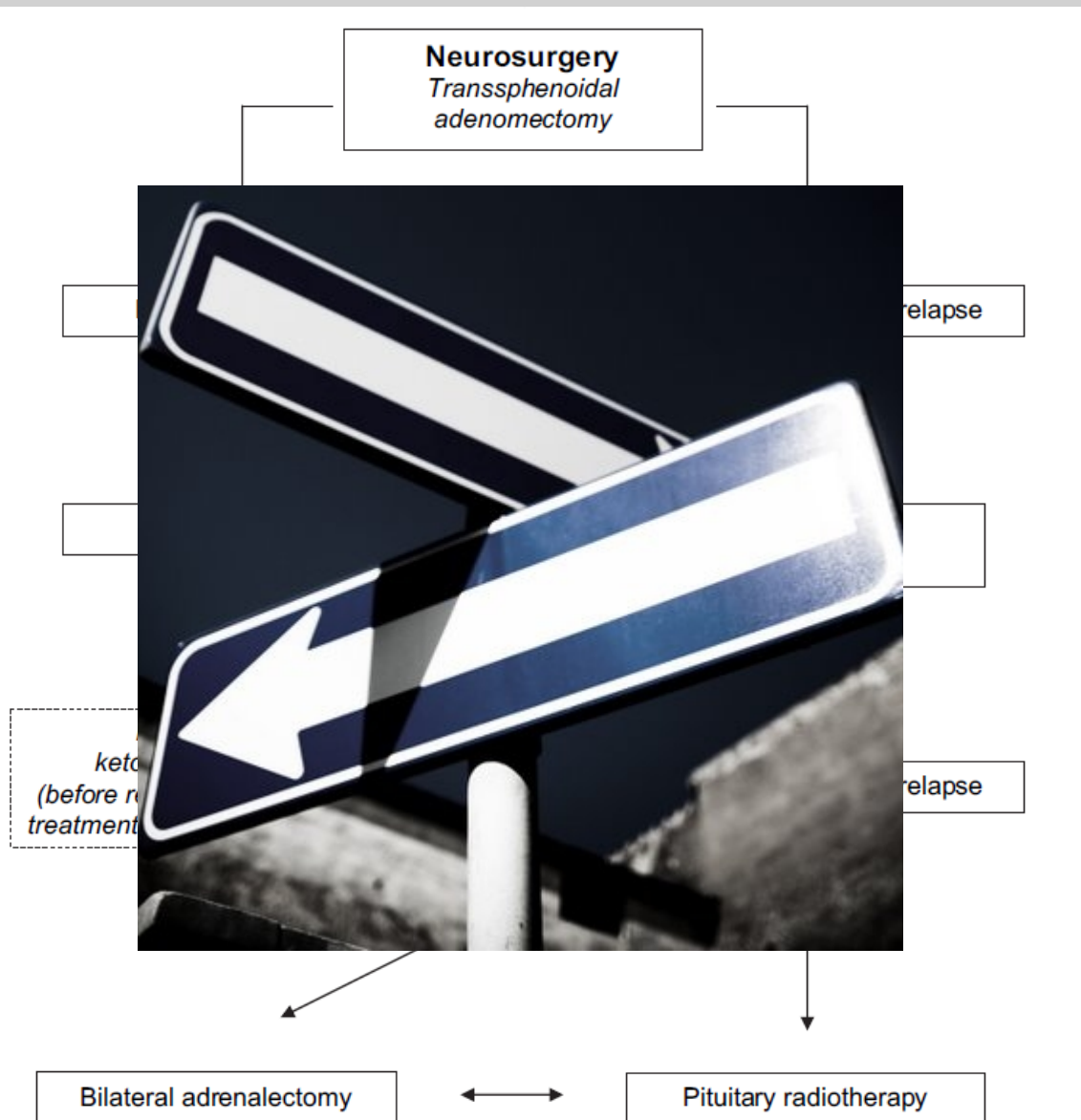
I Ipertensione arteriosa in inadeguato
compenso farmacologico;
Diabete mellito scompensato;
I Osteoporosi

RECIDIVA

CLU: 840 μ g/24h
ACTH: 120 pg/ml
Cortisolo: 250 ng/ml
RMN: no adenoma



Quale Terapia di seconda linea?



Quale Terapia di seconda linea?

1. Re-intervento chirurgico
2. Surrenalectomia bilaterale
3. Radioterapia
4. Terapia medica

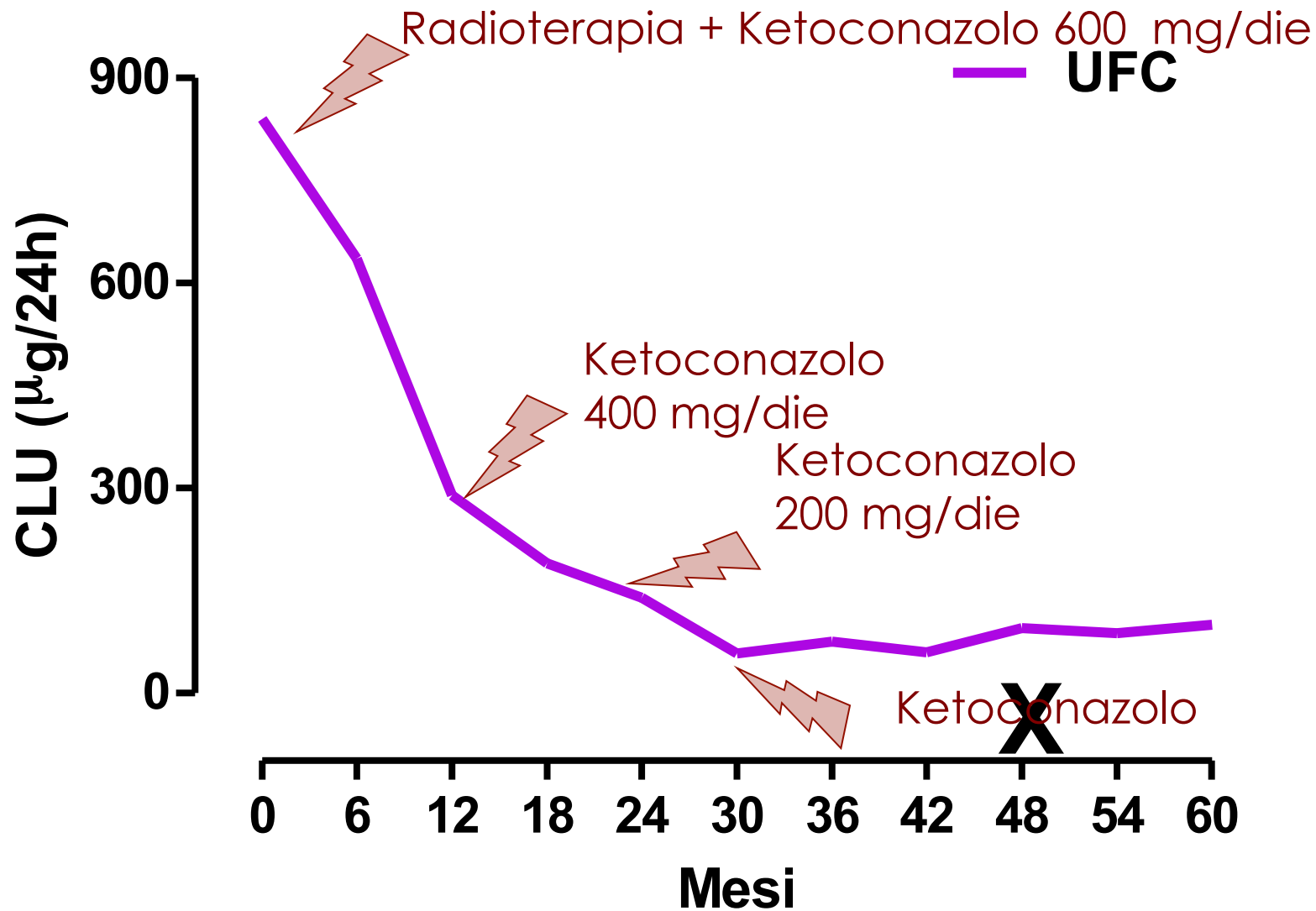
Quale Terapia di seconda linea?

Radioterapia con acceleratore lineare
Dose: 50 Gray distribuiti in 25 applicazioni

Nel frattempo

Ketoconazolo 600 mg/die

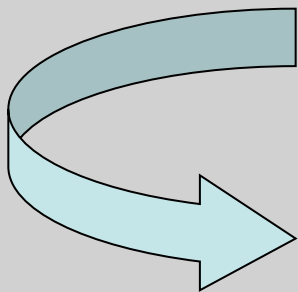
Terapia di seconda linea



Funzione ipofisaria residua

Ipogonadismo secondario

Ipotiroidismo secondario



Eutirox 75 mg/die

*Miglioramento del controllo di
ipertensione e diabete*

Radiotherapy and Radiosurgery for Cushing's Disease

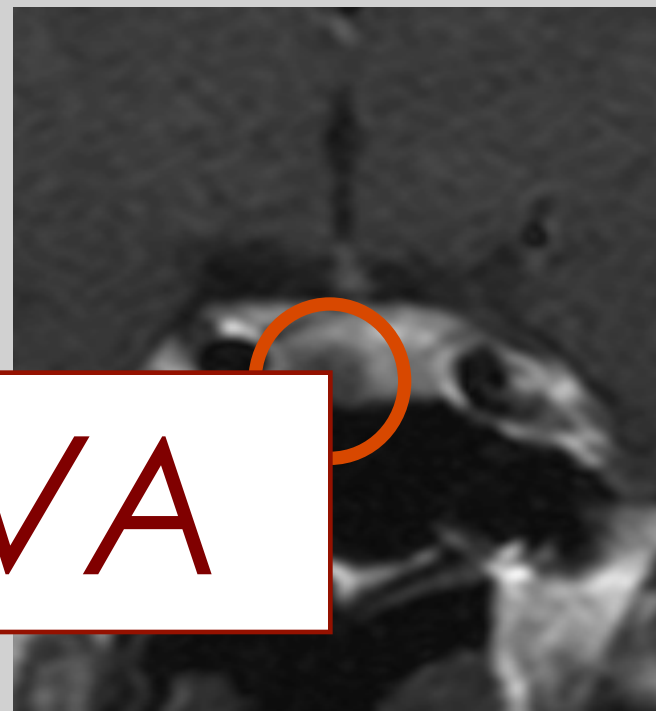
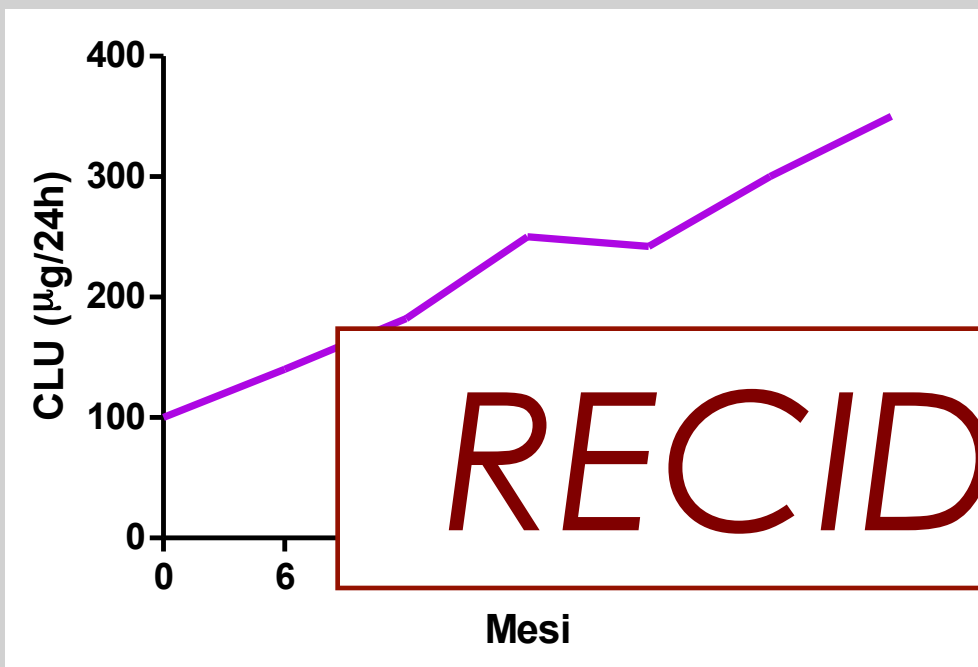
Arq Bras Endocrinol Metab 2007;51/8

GIUSEPPE MINNITI
MICHAEL BRADA

Table 2. Results of radiosurgery (SRS) for Cushing's disease.

| Authors | patients | follow-up | control rate | hormone normalization | late toxicity (%) | |
|------------------------------|------------|-----------------|--------------|-----------------------|-------------------|-----------------|
| | (n) | median (months) | (%) | (%) | visual | hypopituitarism |
| Dagerbald 1986 (27) | 29 | 6 years | 76 | 48 | NA | 55 |
| Kim et al., 1999 (28) | 8 | 26 | 100 | 60 | NA | NA |
| Hayashi et al., 1999 (29) | 10 | > 6 | 100 | 10 | 0 | 5 |
| Inoue et al., 1999 (30) | 3 | > 24 | 100 | 100 | 0 | 0 |
| Izawa et al., 2000 (31) | 12 | > 6 | 100 | 17 | NA | 0 |
| Hoybye et al., 2001 (32) | 18 | 17 years | 100 | 83 | 0 | 66 |
| Kobayashi et al., 2002 (33) | 20 | 60 | 100 | 35 | NA | NA |
| Pollock et al., 2002 (34) | 9 | 36 | 85 | 35 | 35 | 8 |
| Choi et al., 2003 (35) | 9 | 43 | 100 | 55 | 0 | 0 |
| Devin et al., 2004 (36) | 35 | 35 | 91 | 49 | 0 | 40 |
| Castinetti et al., 2007 (37) | 40 | 54 | 100 | 42 | 2,5 | 15 |
| Jagannathan et al, 2007 (38) | 90 | 45 | 96 | 54 | 5 | 22 |
| Total | 280 | 45 | 94 | 48 | 2 | 24 |

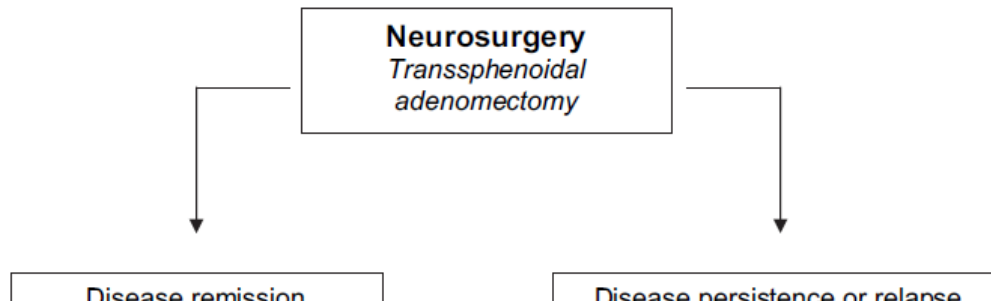
Tre anni dopo la cura



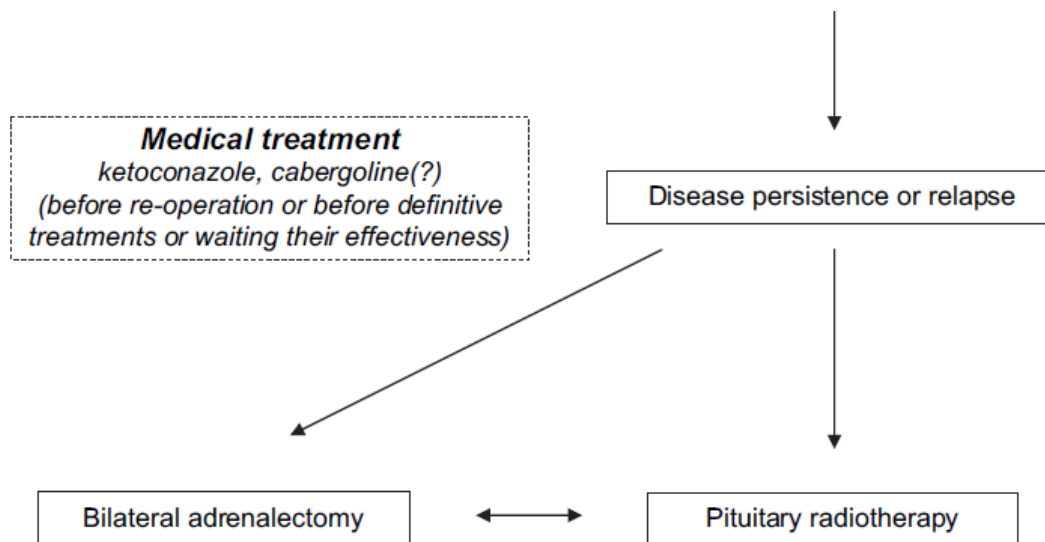
CLU: 576 µg/24h
RMN: Adenoma Ø = 6 mm

Osteoporosi severa
Peggioramento controllo
ipertensione e diabete

Quale Terapia di terza linea?



ED ORA?



Quale Terapia di terza linea?



1. Intervento chirurgico
2. Surrenalectomia bilaterale
3. Nuova radioterapia
4. Terapia medica

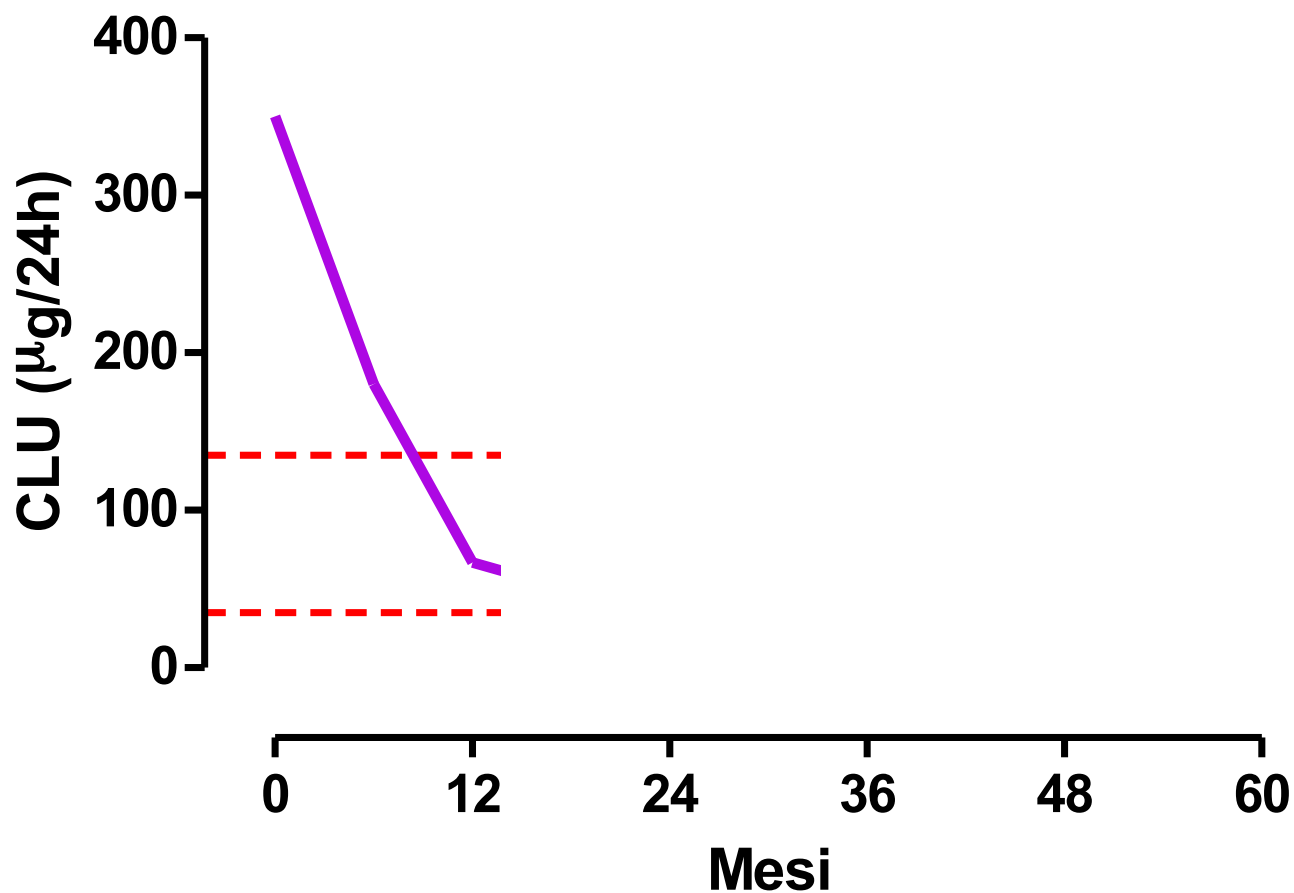
Quale Terapia di terza linea?

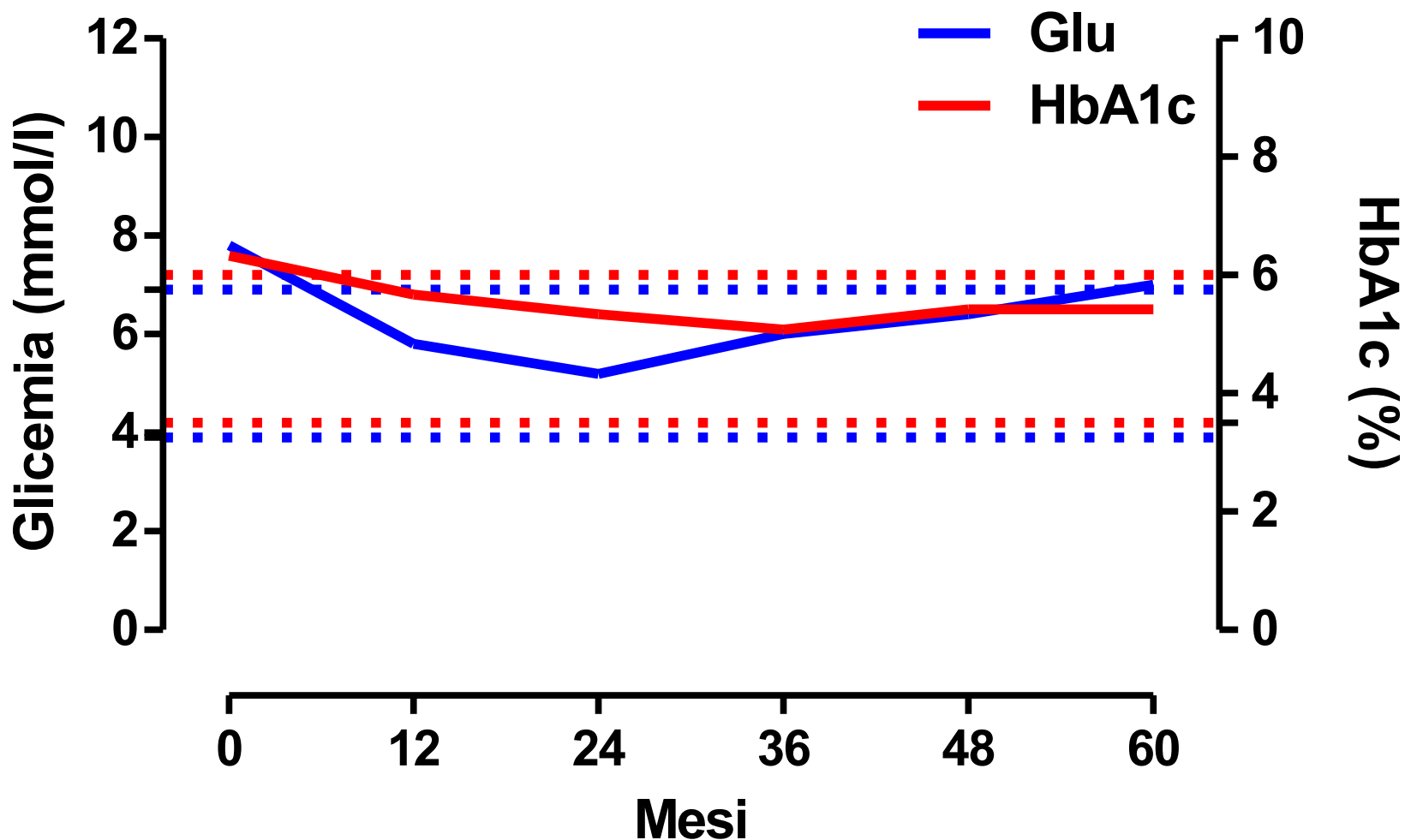


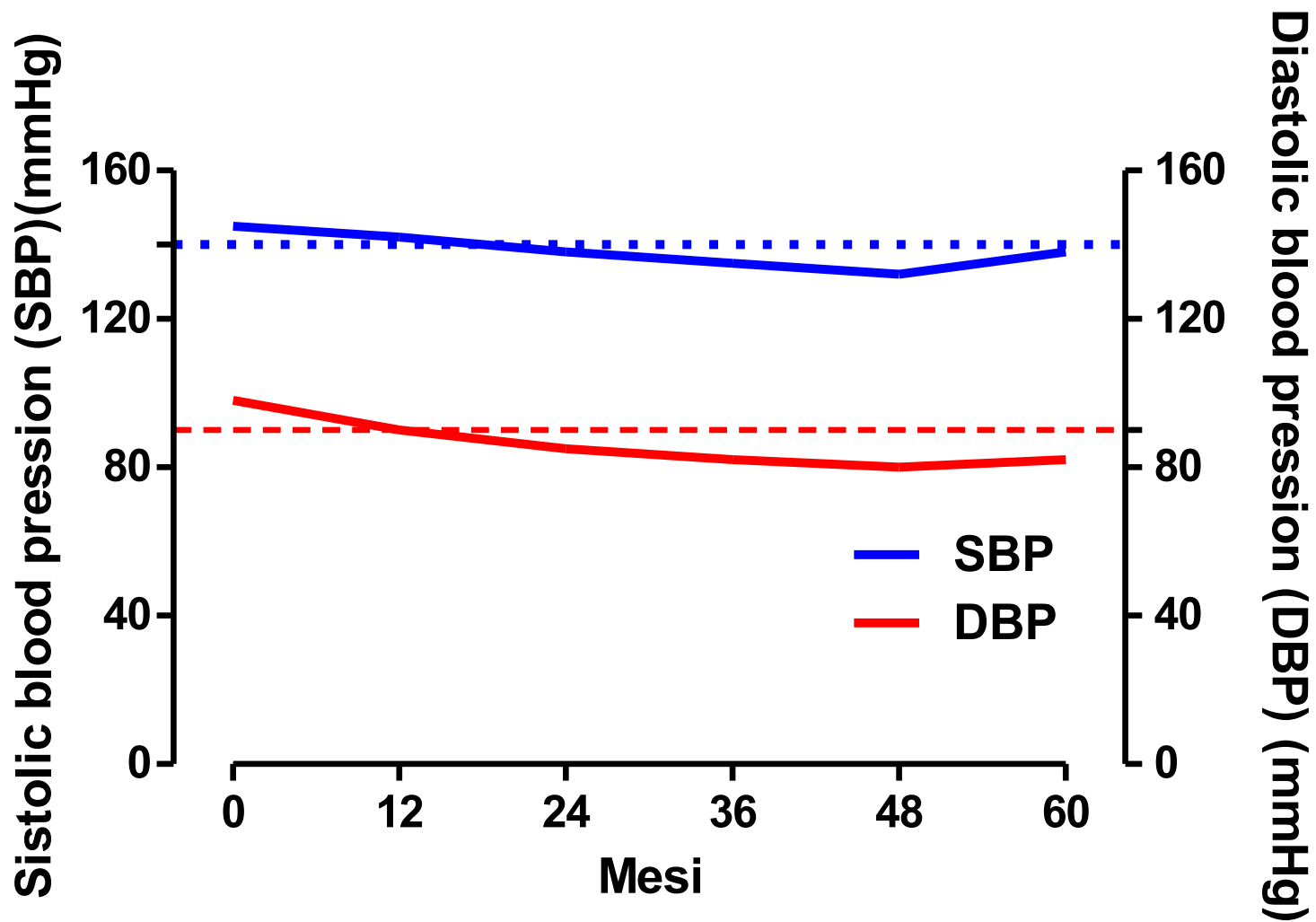
Terapia medica

Terapia medica 1

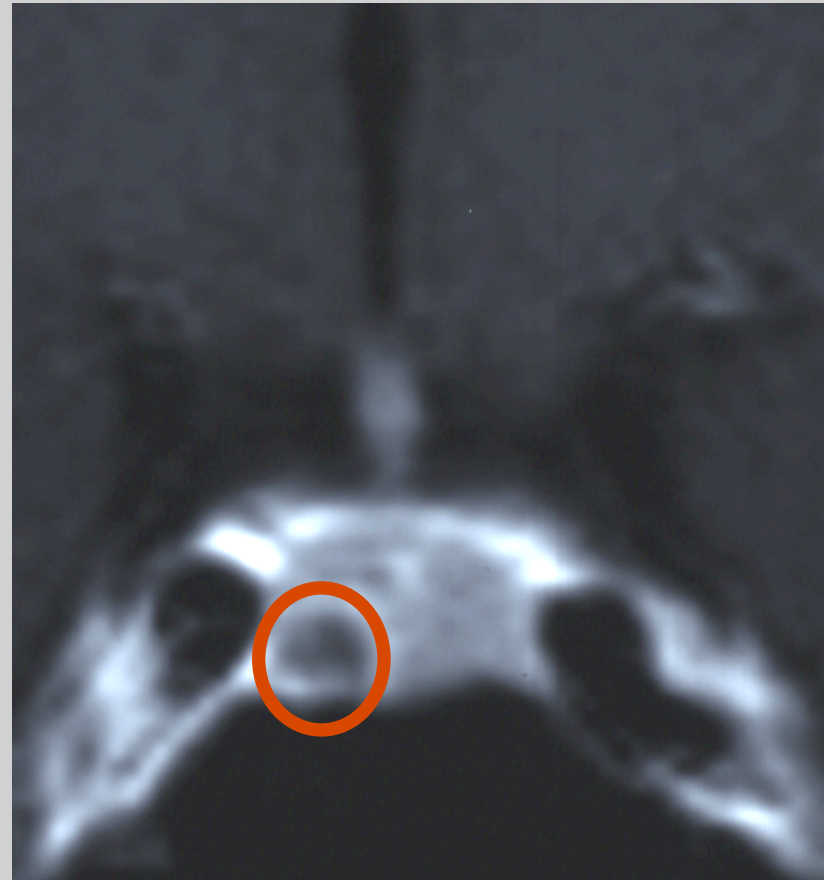
Cabergolina 1-3 mg/settimana





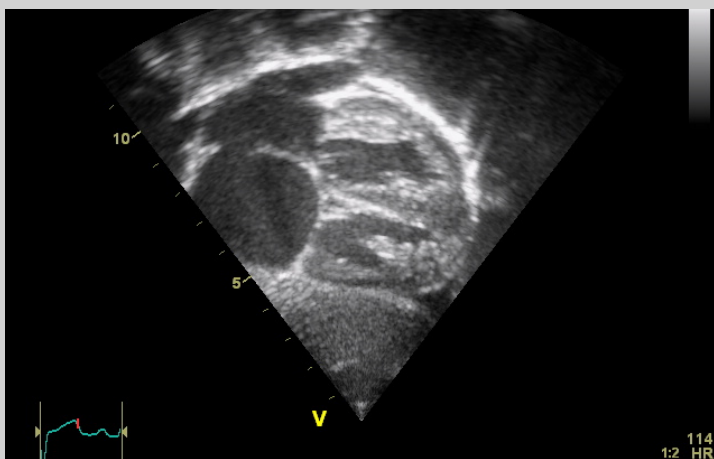
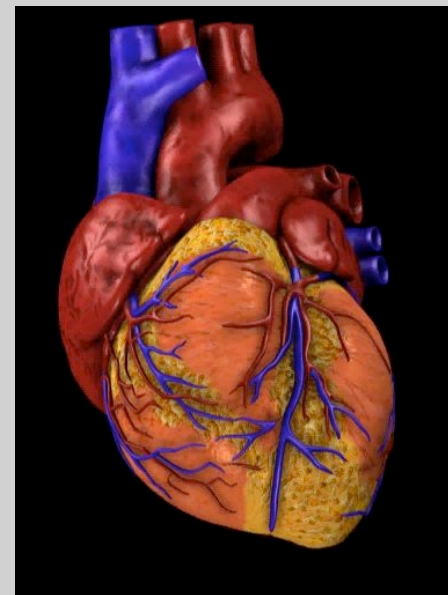


Lieve riduzione delle
dimensioni del
tumore ipofisario



Baseline

- ✓ Insufficienza mitralica lieve
- ✓ Insufficienza tricuspidalica lieve



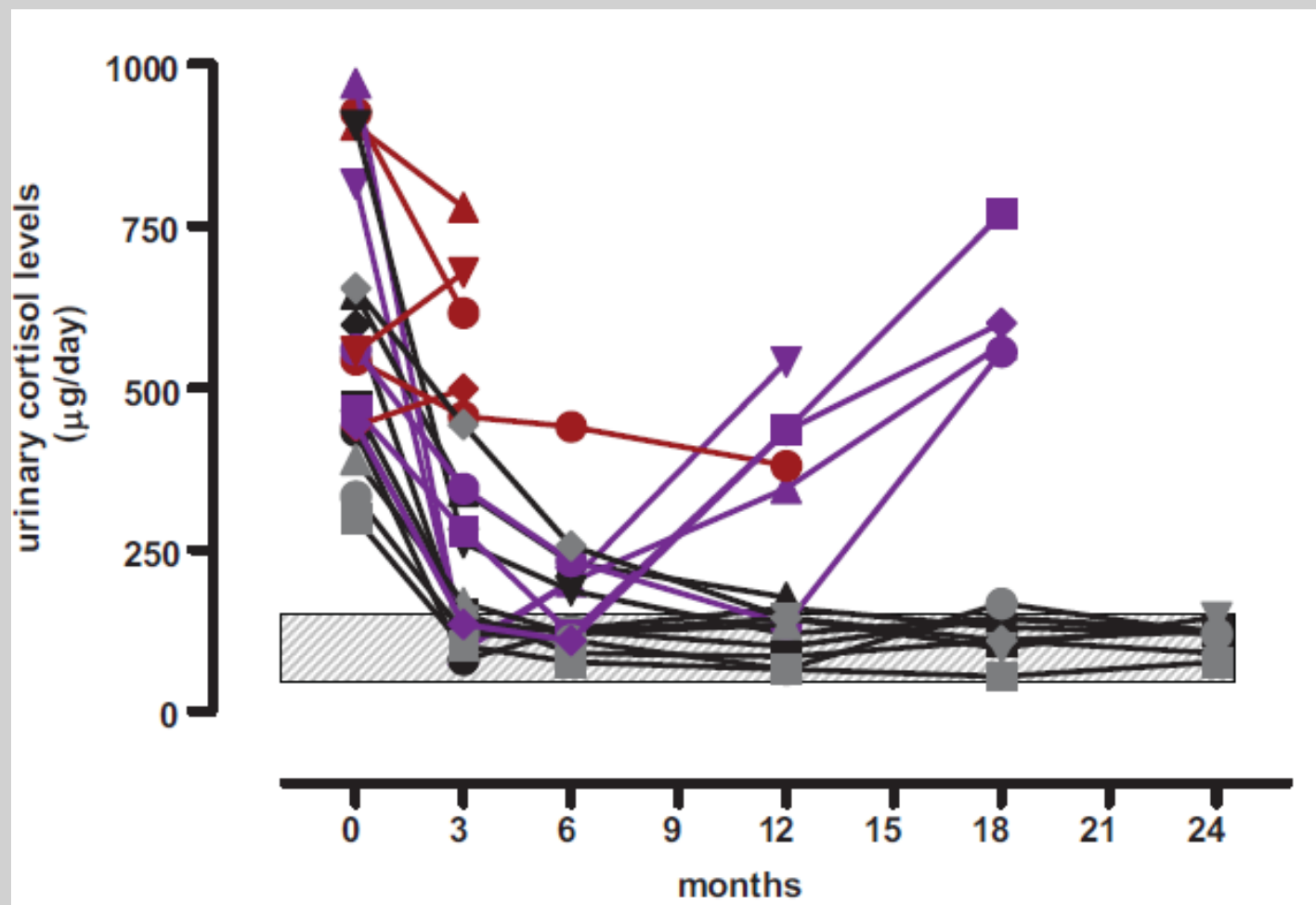
Post-trattamento

- ✓ Insufficienza mitralica lieve
- ✓ Insufficienza tricuspidalica lieve
- ✓ Insufficienza aortica lieve

The Medical Treatment of Cushing's Disease: Effectiveness of Chronic Treatment with the Dopamine Agonist Cabergoline in Patients Unsuccessfully Treated by Surgery

Rosario Pivonello, Maria Cristina De Martino, Paolo Cappabianca, Monica De Leo, Antongiulio Faggiano, Gaetano Lombardi, Leo J. Hofland, Steven W. J. Lamberts, and Annamaria Colao

J Clin Endocrinol Metab, January 2009, 94(1):223-230



Cabergoline monotherapy in the long-term treatment of Cushing's disease

Ariane Godbout, Marcos Manavela¹, Karina Danilowicz¹, Hugues Beauregard, Oscar Domingo Bruno¹ and André Lacroix

European Journal of Endocrinology (2010) 163 709–716

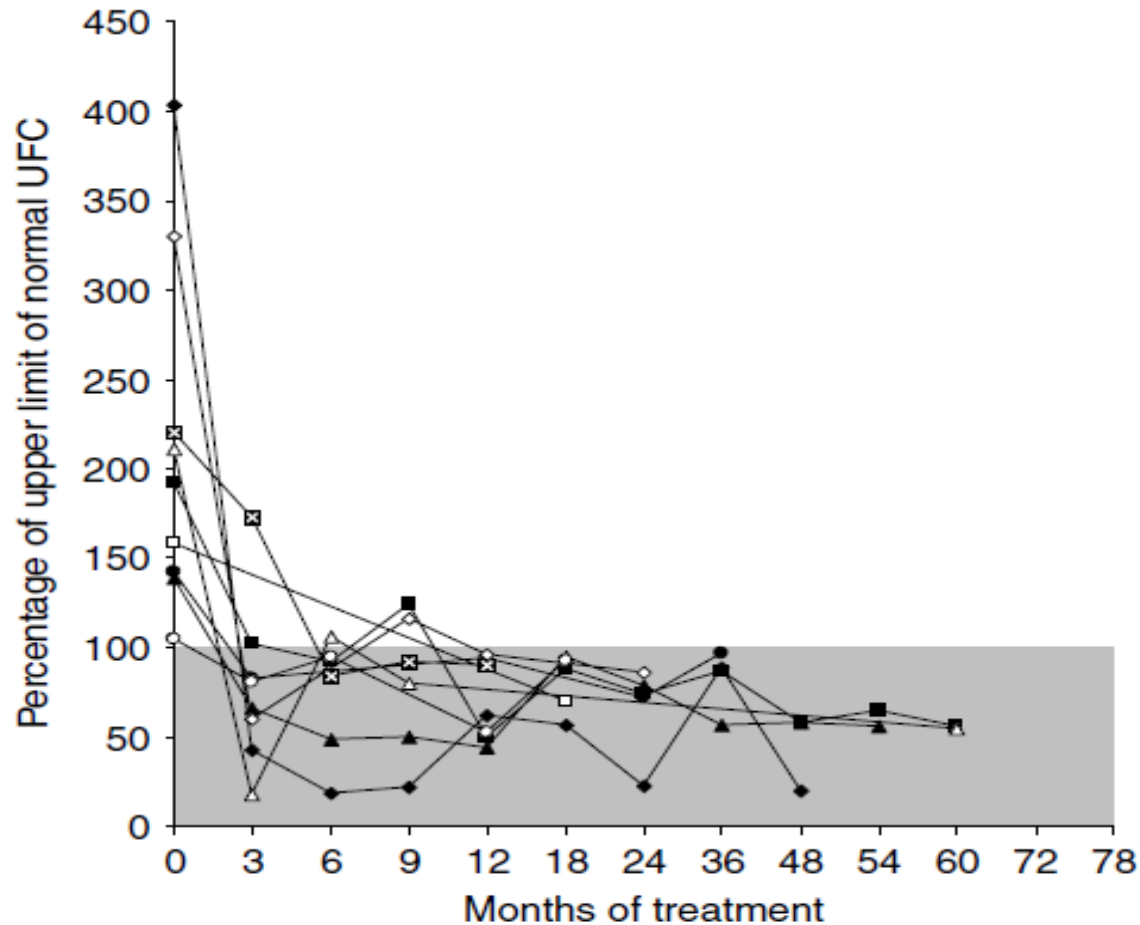


Figure 1 Complete long-term response to cabergoline monotherapy in nine patients with CD.

Valvular Heart Disease and the Use of Dopamine Agonists for Parkinson's Disease

Renzo Zanettini, M.D., Angelo Antonini, M.D., Gemma Gatto, M.D.,
Rosa Gentile, M.D., Silvana Tesei, M.D., and Gianni Pezzoli, M.D.

Potential Cardiac Valve Effects of Dopamine Agonists in Hyperprolactinemia

Elena Valassi, Anne Klibanski, and Beverly M. K. Biller

Neuroendocrine Clinical Center, Massachusetts General Hospital and Harvard Medical School Boston,
Massachusetts 02114

Conclusions: Although most reports do not show an association between use of dopamine agonists and valvulopathy, caution must be exercised, especially in patients requiring long-term, high-dose medication regimens. Clinicians should recommend the lowest possible doses of dopamine agonists and address the question of echocardiographic monitoring on an individual basis.

Quale Terapia di terza linea?



1. Intervento chirurgico
2. Surrenalectomia bilaterale
3. Nuova radioterapia
4. Terapia medica

Quale Terapia di terza linea?



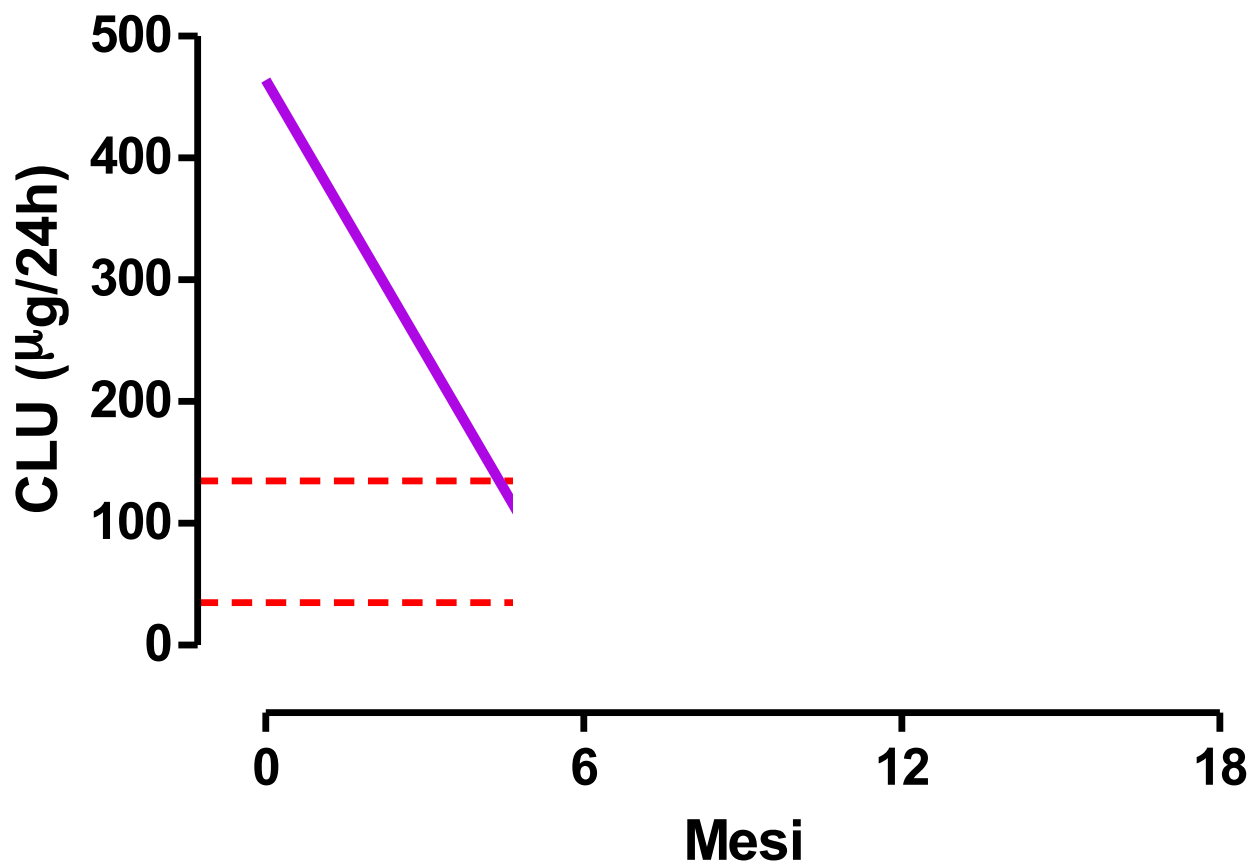
Proposta

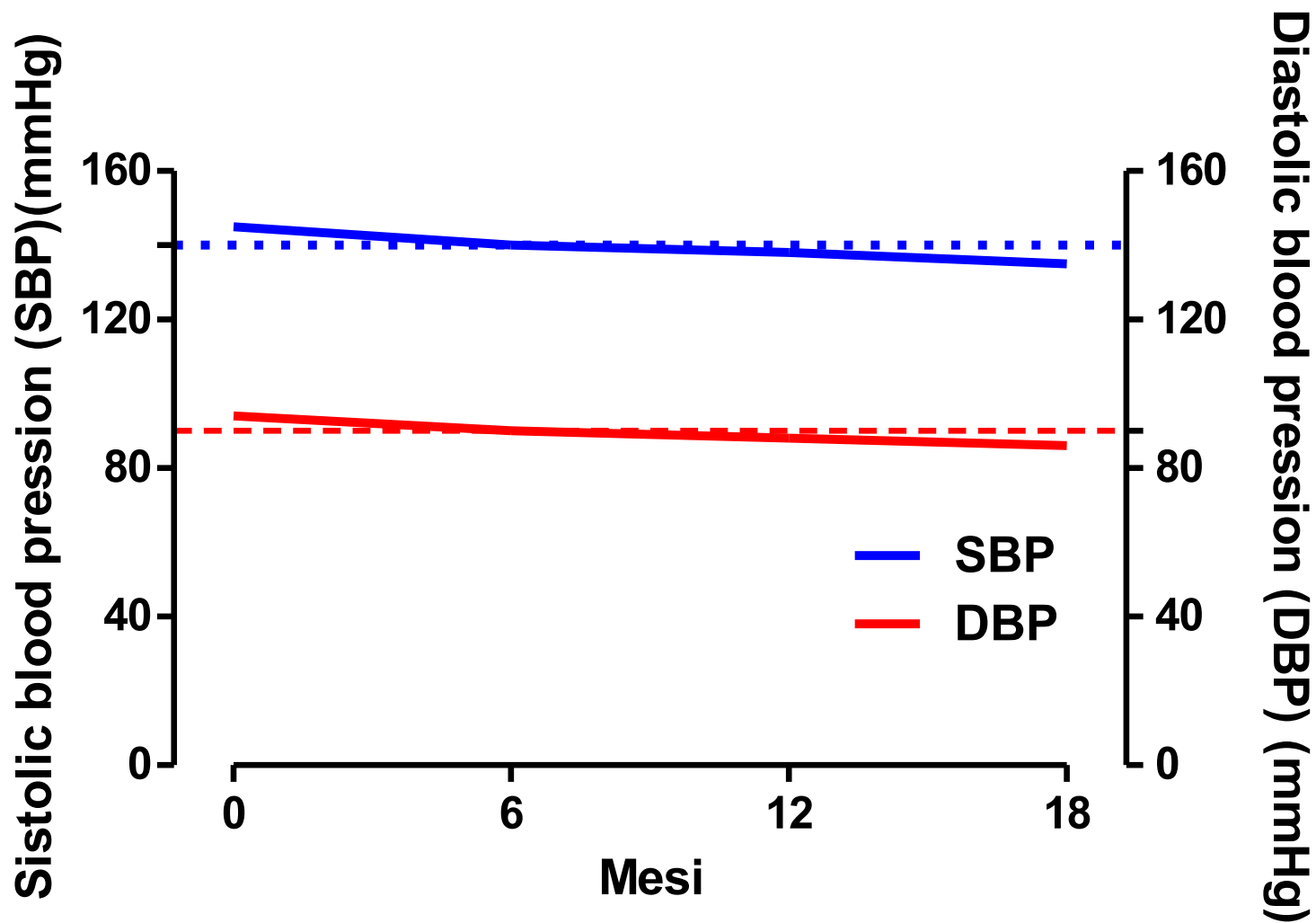
Surrenalectomia bilaterale

Rifiuto della paziente

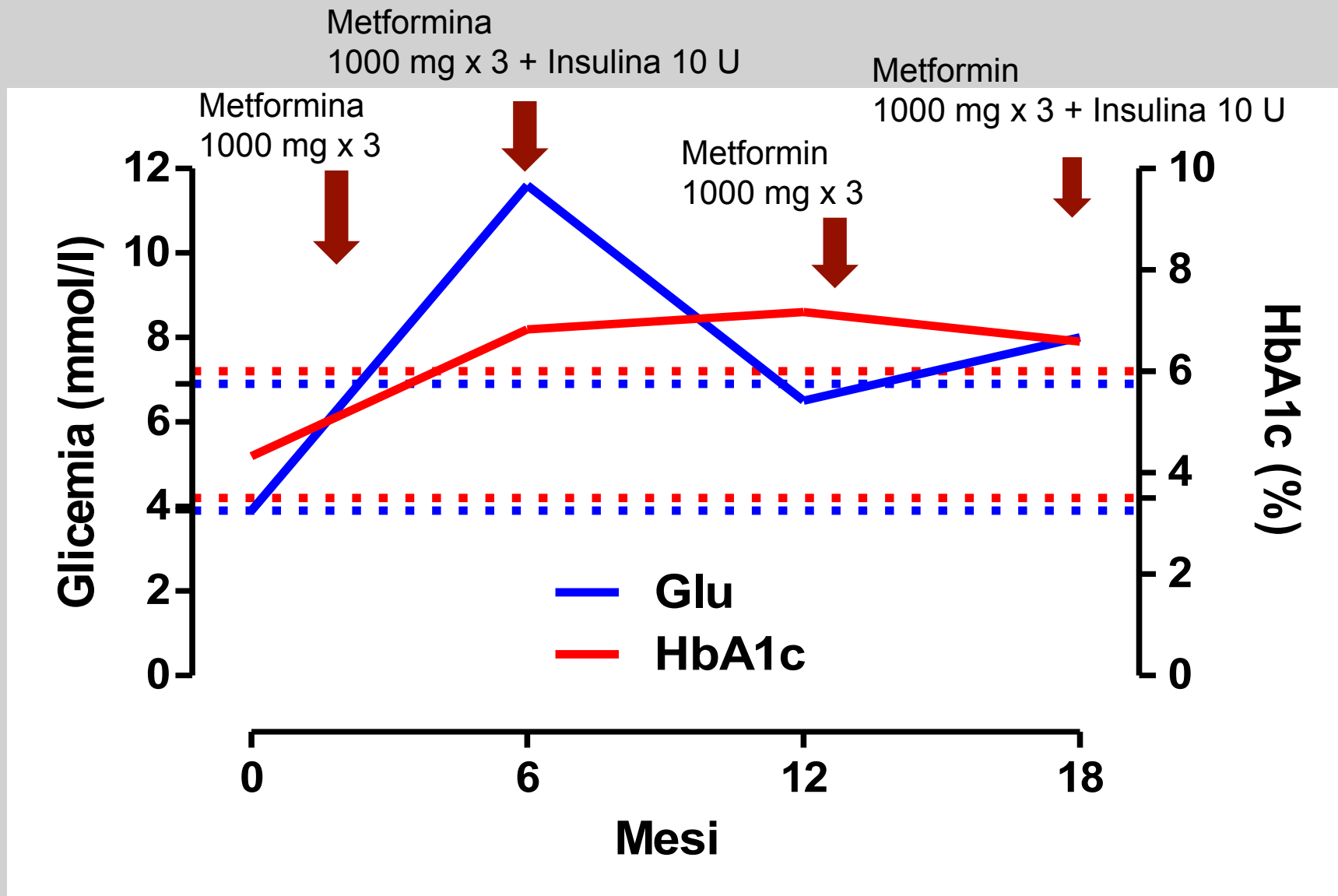
Terapia medica 2

Pasireotide 1800 $\mu\text{g}/\text{die}$





Profilo glicemico



A 12-Month Phase 3 Study of Pasireotide in Cushing's Disease

Annamaria Colao, M.D., Ph.D., Stephan Petersenn, M.D.,
 John Newell-Price, M.D., Ph.D., James W. Findling, M.D., Feng Gu, M.D.,
 Mario Maldonado, M.D., Ulrike Schoenherr, Dipl.-Biol., David Mills, M.Sc.,
 Luiz Roberto Salgado, M.D., and Beverly M.K. Biller, M.D.,
 for the Pasireotide B2305 Study Group*

N ENGL J MED 366;10 NEJM.ORG MARCH 8, 2012

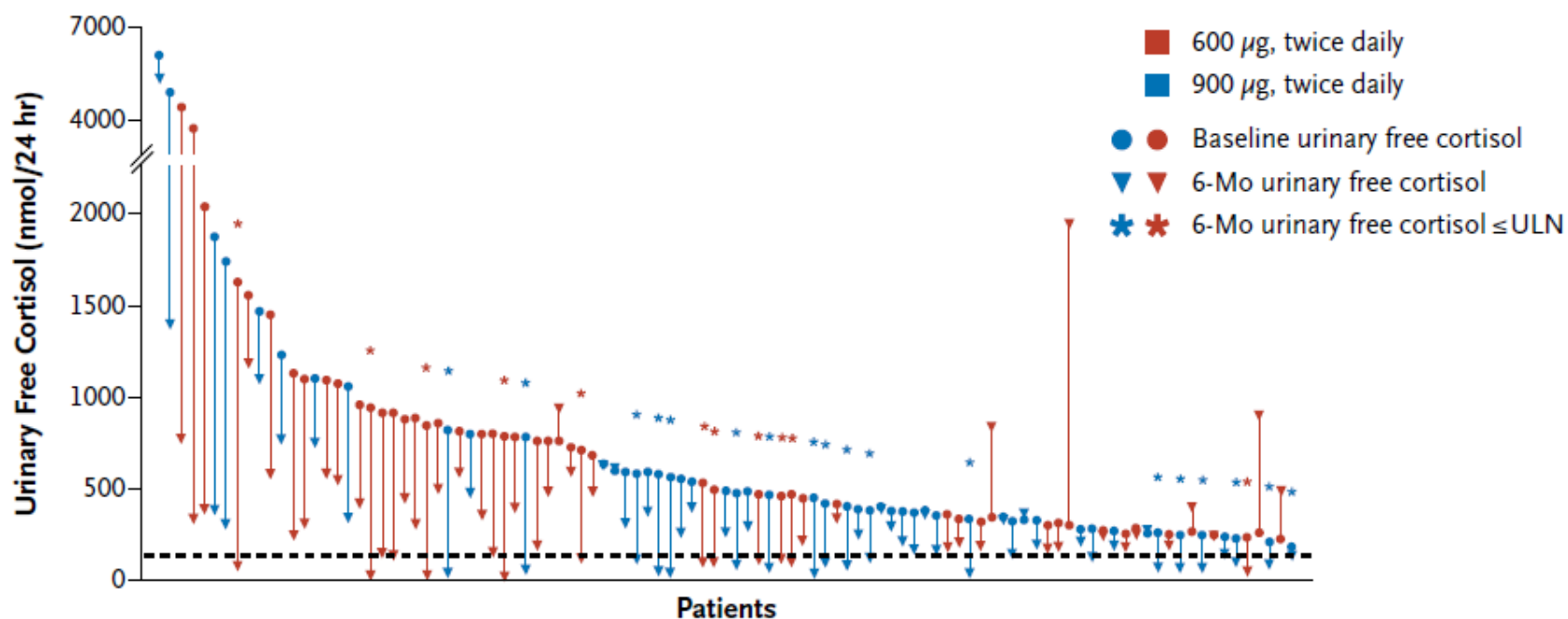


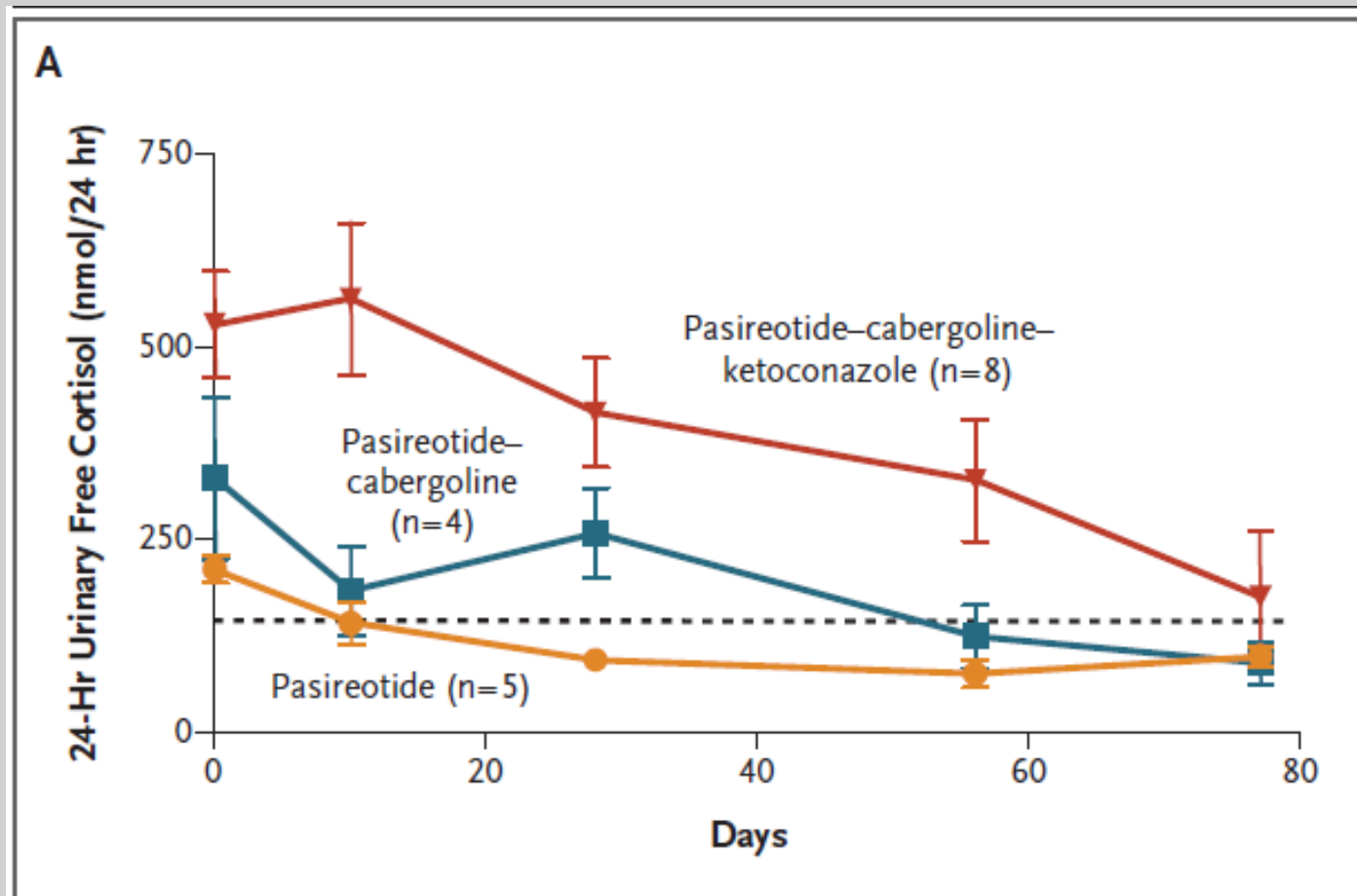
Figure 1. Absolute Change in Urinary Free Cortisol Levels from Baseline to Month 6.

Urinary free cortisol was available at baseline and at month 6 in a total of 103 patients; 61 patients had a reduction of at least 50% in urinary free cortisol levels at month 6. The black dashed line represents the upper limit of the normal range (ULN) (145 nmol per 24 hours [52.5 µg per 24 hours]).

Pasireotide Alone or with Cabergoline and Ketoconazole in Cushing's Disease

Richard A. Felders, M.D., Ph.D.

N ENGL J MED 362;19 NEJM.ORG MAY 13, 2010



Grazie per l'attenzione